

AHN Center for Continuing Medical Education

# Save the date

## AHN Fall Diabetes and Obesity Care Symposium

**Friday, October 23, 2026**

**AHN West Penn Hospital  
Wintergarden Auditorium  
4800 Friendship Ave., Pittsburgh, PA, 15224**

### Sponsored by

Bariatric and Metabolic Institute and  
Center for Diabetes and Endocrine Health

### CME accreditation

Allegheny General Hospital is accredited by the Accreditation Council  
for Continuing Medical Education to provide continuing medical  
education for physicians.

### Register now

Register online at [cme.ahn.org](https://cme.ahn.org).

### Questions?

Email the AHN CME Office — [samantha.kunvatanagarn@ahn.org](mailto:samantha.kunvatanagarn@ahn.org)

**Scan the code to register.**

### Program agenda

- 7:30 a.m.** Registration, breakfast, and visit exhibits
- 7:50 a.m.** Welcome and conference overview  
**Fahad Zubair, MD**
- 8:00 a.m.** Updates on GLP-1 RA coverage, authorization  
and indications in Pennsylvania  
**Melissa Keul, PA-C**
- 8:30 a.m.** Medicare Bridge Access and Medicare Population Considerations  
**Kelly McArdle, PA-C**
- 9:00 a.m.** Defining Processed Foods: Evidence-Based Guidance for Patients  
on GLP-1 RAs  
**Spriha Rusmi, MD, Fellow**
- 9:30 a.m.** Panel discussion
- 9:45 a.m.** Break and exhibits
- 10:15 a.m.** Metabolic Changes and Adaptations after Bariatric Surgery  
**Dylan Flood, Fellow**
- 10:45 a.m.** Addressing Bias and Importance of Patient-first Language  
**Emily Crusan, RD**
- 11:15 a.m.** When patients aren't ready to change: motivational  
interviewing and stages of change in obesity care  
**Laura Aylward, PhD**
- 11:45 a.m.** Panel discussion
- Noon** Adjourn

Allegheny General Hospital designates this live activity for a maximum of  
4.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit  
commensurate with the extent of their participation in this activity.



**CME credits**