

AHN Center for Continuing Medical Education

2026 Women's Institute Spring Conference

Friday, May 1, 2026

Kimpton Hotel Monaco Pittsburgh
620 William Penn Place
Pittsburgh, PA 15219

Sponsored by
AHN Women's Institute
Allegheny Health Network



CME, APA, and NCPD credits

Advancing prenatal screening to help improve care

Labcorp's MaterniT[®] prenatal cfDNA (NIPT) screening test offers the most clinically complete cfDNA solution on the market, delivering reliable and effective prenatal screening results for you and your patients. Our solution's recent enhancements include fetal enrichment to increase fetal fraction and reduce nonreportable and redraw rates.

As the only lab to offer a first trimester preeclampsia screening test with PAPP-A and PlGF and the first to launch an FDA-cleared test for late trimester preeclampsia risk evaluation, we provide comprehensive preeclampsia screening across all trimesters.

Together, we can close care gaps, guide effective treatments and improve pregnancy outcomes.

Discover our preeclampsia testing across all trimesters:



Scan the code or visit:
womenshealth.labcorp.com/preeclampsia-tests

Learn more about our MaterniT[®] cfDNA prenatal screening test with enhanced fetal enrichment:



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womenshealth.labcorp.com/cfdna-tests



Overview

With the rapid changes in practice patterns and new evidence in the literature, it is imperative that the OB-GYN generalist and family medicine physician stay up to date on several key topics in general obstetrics, obstetrical emergencies, medical complications of pregnancy, gynecology, and gynecologic oncology.

Objectives

- Describe at least two current or emerging applications of artificial intelligence (AI) in obstetrics and gynecology.
- Identify various pharmacological and non-pharmacological methods for pain control suitable for common OB-GYN office procedures.
- Explain the principles and clinical indications for noninvasive prenatal testing (NIPT).
- Analyze the potential cost implications, including acquisition, maintenance, and training, of incorporating new technologies into practice.
- Outline the initial assessment and management priorities for pregnant trauma patients.
- Identify safe and appropriate exercise guidelines and recommendations for women in the immediate and long-term postpartum period.

CME accreditation

Physicians

Allegheny General Hospital is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Allegheny General Hospital designates this live activity for a maximum of 5.25 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

Psychologists and social workers

Allegheny General Hospital is approved by the American Psychological Association (APA) to offer continuing education for psychologists. Allegheny Health Network maintains responsibility for the program and its content. This program is approved for a maximum of 5.25 APA credits.

Social workers may claim credits for attending educational courses and programs delivered by pre-approved providers, such as the American Psychological Association (refer to CE for psychologists above). For verification, please refer to Continuing Education Regulations §47.36 # (6)(ix).

Nurses

Allegheny Health Network is approved as a provider of nursing continuing professional development (NCPD) by Pennsylvania State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This offering is pending approval for nursing contact hours.

Non-physicians

Allegheny General Hospital has approved this activity for a maximum of 5.25 contact hours for non-physicians.

Program agenda

7:30 – 8 a.m.	Breakfast, registration, and visit exhibits
8 – 8:45 a.m.	Return to exercise postpartum Marissa DePaola, PT, DPT, OCS, MTC, CSCS
8:45 – 9:30 a.m.	Pain control for office procedures Grace P. Ferguson, MD
9:30 – 9:45 a.m.	Break and visit exhibits
9:45 – 10:30 a.m.	First trimester anatomy, NIPT testing Jay Idler, MD, and Samantha Leitao, MS, LCGC
10:30 – 11:15 a.m.	New tech and cost analysis Lindsay Turner, MD, and Greg Beal
11:15 a.m. – noon	Lunch and visit exhibits Non-CME activity Product Theater Before, during, and after: The role of carrier screening and POC microarray in reproductive care Speaker: Lindsey Victoria Bowers, MSPH Sponsor: LabCorp
Noon – 12:45 p.m.	OB trauma and MTP Alexander Canales, MD, FACS, and Mike Taramelli, MBA/HCM, RN, CEN, TCRN
12:45 – 1:30 p.m.	AI in OBGYN care John Nakayama, MD
1:30 – 1:45 p.m.	Hypertension Care Companion demonstration
1:45 – 2:30 p.m.	Vulvar lecture Beth A. Prairie, MD, MPH, FACOG, FACPM

Course director

Marcia Klein-Patel, MD, PhD

Network Chair, AHN Women's Institute
Allegheny Health Network
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Faculty

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Beth A. Prairie, MD, MPH, FACOG, FACPM

AHN Women's Health
Gynecology
Menopause Medicine
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Gregory Beal

Clinical Integration Manager
Allegheny Health Network

Marissa DePaola, PT, DPT, OCS, MTC, CSCS

Physical Therapist, AHN Orthopedic and
Women's Health Physical Therapy
Allegheny Health Network

John Nakayama, MD

Gynecologic Surgical Oncology
AHN Gynecologic Oncology
Allegheny Health Network

Alexander Canales, MD, FACS

Trauma Medical Director,
AHN Forbes Hospital
Allegheny Health Network

Samantha Leitao, MS, LCGC

Licensed Certified Genetic Counselor
Allegheny Perinatal Associates
Allegheny Health Network

Jay Idler, MD

Ultrasound
AHN Maternal and Fetal Medicine
Allegheny Health Network

Grace P. Ferguson, MD

AHN Obstetrics and Gynecology
Complex Family Planning
Allegheny Health Network

Disclosure of significant relationships: In accordance with the Accreditation Council for Continuing Medical Education (ACCME) and the policy of Allegheny General Hospital, presenters must disclose all relevant financial relationships, which, in the context of their presentation(s), could be perceived as a real or apparent conflict of interest (e.g., ownership of stock, honoraria, or consulting fees). Any identifiable conflicts will be resolved prior to the activity. Any such relationships will be disclosed to the learner prior to the presentation(s).

