
PSYCHIATRY GRAND ROUNDS

“UNPACKING THE UNCONSCIOUS: NAVIGATING TRANSFERENCE AND COUNTERTRANSFERENCE IN CLINICAL PRACTICE”

ANDREW MCRANDAL, D.O.
*PGY-III Psychiatry Resident
Allegheny General Hospital
Department of Psychiatry
Pittsburgh, PA*

JOSE MANTILLA-RIVAS, M.D.
*Staff and Consult Liaison Psychiatrist
Allegheny Health Network
Department of Psychiatry
Pittsburgh, PA*

***Thursday, March 20, 2025
12:00 p.m. - 1:00 p.m.***

SNYDER AUDITORIUM AND ZOOM

THIS ACTIVITY IS DESIGNED TO HELP YOU:

- Define and distinguish between countertransference, transference, and projective identification, and explain their relevance in the therapeutic relationship, including how each phenomenon manifests in clinical practice
- State the clinical implications of countertransference and transference by describing their impact on the therapeutic process and the potential risks they pose to the treatment dynamic
- Describe strategies for managing countertransference and transference in clinical practice, including techniques for self-awareness, supervision, and intervention to ensure effective and ethical therapeutic work

PHYSICIANS: Allegheny General Hospital is accredited by the Accreditation Council for Continuing Medical Education to provide continuing education for physicians and adheres to the policies of the American Psychological Association regarding provision of Continuing Education.

Allegheny General Hospital designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credits™*.

CE FOR PSYCHOLOGISTS: Allegheny General Hospital is approved by the American Psychological Association to offer continuing education for psychologists. Allegheny General Hospital maintains responsibility for the program and its content.

TARGET AUDIENCE: Advanced level of instruction for psychiatrists, psychologists, social workers and other medical personnel.

Faculty Disclosure: In accordance with the Accreditation Council for Continuing Medical Education (ACCME), the Association of American Medical Colleges (AAMC) Standards and the policy of Allegheny General Hospital, presenters are asked to indicate if they have any relationship which, in the context of their presentation, could be perceived as a real or apparent conflict of interest (e.g., ownership of stock, honoraria, consulting fees, etc.). Any such relationships will be disclosed to the audience and consideration will be given to possible influences of their presentation. **Dr. McRandal, Dr. Mantilla-Rivas and Dr. Swanson (Course Director) have nothing to disclose.**

The information presented in this CE offering reflects the opinion of the presenter. As with all science, there may be multiple explanations for the data and multiple reasonable conclusions.

Contact Michael Franzen, Ph.D. at (412) 330-4242 if you need information or have a concern