PSYCHIATRY GRAND ROUNDS

"THE IMPACT OF SOCIAL MEDIA USE IN THE MENTAL HEALTH OF CHILDREN AND ADOLSCENTS"

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Thursday, November 21, 2024 12:00 p.m. - 1:00 p.m.

SNYDER AUDITORIUM AND ZOOM

THIS ACTIVITY IS DESIGNED TO HELP YOU:

- Describe mental health issues in children and adolescents specifically examining trends in anxiety, depression, and self-esteem
- Describe reasons for and against whether social media is the primary contributor to the observed negative trends in youth mental health, utilizing evidence-based research and expert opinion
- State what other factors may be contributing to mental health challenges in children and adolescents, including familial, academic, and environmental influences

PHYSICIANS: Allegheny General Hospital is accredited by the Accreditation Council for Continuing Medical Education to provide continuing education for physicians and adheres to the policies of the American Psychological Association regarding provision of Continuing Education.

Allegheny General Hospital designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credits ™.

CE FOR PSYCHOLOGISTS: Allegheny General Hospital is approved by the American Psychological Association to offer continuing education for psychologists. Allegheny General Hospital maintains responsibility for the program and its content.

TARGET AUDIENCE: Advanced level of instruction for psychiatrists, psychologists, social workers and other medical personnel.

Faculty Disclosure: In accordance with the Accreditation Council for Continuing Medical Education (ACCME), the Association of American Medical Colleges (AAMC) Standards and the policy of Allegheny General Hospital, presenters are asked to indicate if they have any relationship which, in the context of their presentation, could be perceived as a real or apparent conflict of interest (e.g., ownership of stock, honoraria, consulting fees, etc.). Any such relationships will be disclosed to the audience and consideration will be given to possible influences of their presentation. **Dr. McHugh**, **Dr. Nickell and Dr. Swanson (Course Director) have nothing to disclose**.

The information presented in this CE offering reflects the opinion of the presenter. As with all science, there may be multiple explanations for the data and multiple reasonable conclusions.

Contact Michael Franzen, Ph.D. at (412) 330-4242 if you need information or have a concern