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# PSYCHIATRY GRAND ROUNDS

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## ***“THE IMPACT OF SOCIAL MEDIA MISUSES: DIFFERENTIATING A HABIT FROM A HARMFUL ADDICTION”***

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***Thursday, May 30, 2024***

***12:00 p.m. - 1:00 p.m.***

***SNYDER AUDITORIUM AND ZOOM***

### **THIS ACTIVITY IS DESIGNED TO HELP YOU:**

- Describe the distinction between social media misuse and addiction in the context of several validated tools that can screen for behavioral patterns and psychological factors pertaining to problematic use
- Identify and describe the application strategies for promoting healthy social media use among users as well as setting treatment goals and managing co-occurring psychiatric disorders
- Describe the consequences of strategies that policy makers, technology companies, caregivers, patients and researchers can use to address interventions in the treatment of social media addiction
- Describe how this disorder might be included in DSM and ICD

**PHYSICIANS:** Allegheny General Hospital is accredited by the Accreditation Council for Continuing Medical Education to provide continuing education for physicians and adheres to the policies of the American Psychological Association regarding provision of Continuing Education.

Allegheny General Hospital designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credits*™.

**CE FOR PSYCHOLOGISTS:** Allegheny General Hospital is approved by the American Psychological Association to offer continuing education for psychologists. Allegheny General Hospital maintains responsibility for the program and its content.

**TARGET AUDIENCE:** Advanced level of instruction for psychiatrists, psychologists, social workers and other medical personnel.

**Faculty Disclosure:** In accordance with the Accreditation Council for Continuing Medical Education (ACCME), the Association of American Medical Colleges (AAMC) Standards and the policy of Allegheny General Hospital, presenters are asked to indicate if they have any relationship which, in the context of their presentation, could be perceived as a real or apparent conflict of interest (e.g., ownership of stock, honoraria, consulting fees, etc.). Any such relationships will be disclosed to the audience and consideration will be given to possible influences of their presentation. **Dr. De McCoy, Dr. Cottrell and Dr. Swanson (Course Director) have nothing to disclose.**

The information presented in this CE offering reflects the opinion of the presenter. As with all science, there may be multiple explanations for the data and multiple reasonable conclusions.

Contact Michael Franzen, Ph.D. at (412) 330-4242 if you need information or have a concern