

CME/MOC/NCPD opportunity

AHN Inaugural COPD and Asthma Innovation Retreat

Saturday, June 7, 2025

**Omni Bedford Springs Resort and Spa
2198 Sweet Root Road
Bedford, PA 15522**

Sponsored by

Division of Allegheny
Pulmonary and Critical Care



Conference overview

The AHN Inaugural COPD and Asthma Innovation Retreat is designed to create a collaborative space for health care professionals. This interactive event features the latest COPD and asthma guideline reviews, case-based discussions, latest research updates in COPD and asthma care, and breakout sessions focused on care challenges and research collaboration opportunities. Join us for dynamic discussions, networking, and cutting-edge insights to shape the future of COPD and asthma management. This is intended for physicians, advanced practice providers, nurses, and respiratory therapists from pulmonary, critical care, primary care, emergency medicine, infectious disease, palliative care, public health, sleep, and allergy, representing both academic and community practices.

Conference objectives

- Apply the latest evidence-based guidelines for COPD and asthma management, including key updates from the 2025 GOLD guidelines and recent asthma treatment recommendations
- Apply clinical decision-making through case-based discussions on complex COPD and asthma presentations
- Analyze key research and clinical developments from the past year to stay current with emerging therapies and ongoing trials
- Discuss collaboratively how to identify challenges in asthma and COPD care and develop innovative strategies for patient-centered management
- Discuss research opportunities with peers across institutions to foster multidisciplinary collaboration and innovation in obstructive lung diseases

CME accreditation

Allegheny General Hospital is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Allegheny General Hospital designates this live activity for a maximum of 6.25 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

“Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to: 6.25 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program;

It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM

AHN West Penn Hospital is approved as a provider of nursing continuing professional development by Pennsylvania State Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

This nursing continuing professional development activity was approved by Pennsylvania State Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation for 5.0 contact hours.

The National Commission on Certification of Physician Assistants (NCCPA) states that the *AMA PRA Category 1 Credits*™ are acceptable for continuing medical education requirements for recertification.

American Academy of Nurse Practitioners (AANP) accepts *AMA PRA Category 1 Credits*™ from organizations accredited by the ACCME.

Non-physicians

Allegheny General Hospital has approved this activity for 6.25 contact hours for non-physicians.

Respiratory therapists

Application has been submitted to the American Association for Respiratory Care. Credits to be determined.

Program agenda

Friday, June 6, 2025

4 – 5:30 p.m. Meet and greet — Eisenhower Room

Saturday, June 7, 2025

7:30 – 8:30 a.m. Registration, breakfast, and visit exhibits

8:30 – 8:45 a.m. Welcome and overview
Perry Tiberio, MD, PhD, and Adeel Nasrullah, MD

8:45 – 9:15 a.m. COPD gold guidelines and updates
Perry Tiberio, MD, PhD

9:15 – 10 a.m. COPD year in review
Richard Zou, MD

10 – 10:15 a.m. Break and visit exhibits

10:15 – 11 a.m. Fellow COPD case discussions
Rachel Leonard, MD, and fellows

11 – 11:45 a.m. Breakout session for COPD topics: TBD
Moderators: Perry Tiberio, MD, PhD, Adeel Nasrullah, MD, Tiffany DuMont, DO, and Briana DiSilvio, MD

11:45 a.m. – 12:45 p.m. Regeneron luncheon product theatre (non-CME) or lunch on your own
Visit exhibits

12:45 – 1:15 p.m. Asthma guidelines and updates
Adeel Nasrullah, MD

1:15 – 2 p.m. Asthma year in review
Muhammad Adrish, MD (invited virtual speaker)

2 – 2:15 p.m. Break

2:15 – 3 p.m. Fellows asthma case discussion
Richard P. Ramonell, MD, and fellows

3 – 3:45 p.m. Breakout session for asthma topics: TBD
Moderators: Perry Tiberio, MD, PhD, Adeel Nasrullah, MD, Tiffany DuMont, DO, and Brianna DiSilvio, MD

3:45 – 4 p.m. Q&A and closing remarks
Perry Tiberio, MD, PhD, and Adeel Nasrullah, MD

Course co-directors



Adeel Nasrullah, MD

Division of Pulmonary
and Critical Care Medicine
Director, Advance Asthma and Allergy Clinic
Allegheny Health Network



Perry Tiberio, MD, PhD

Division of Pulmonary
and Critical Care Medicine
Director, Post-Intensive Care Syndrome
RISE Program
Core Faculty, Pulmonary and Critical Care
Fellowship Program
Allegheny Health Network

Planning Committee



Joseph Gordon, BA, RRT

COPD Coordinator,
AHN Allegheny General Hospital,
AHN West Penn Hospital
Division of Pulmonary Care
Allegheny Health Network



Kevin Nauer, BS, RN

Manager, Pulmonary Rehabilitation
Lung Transplant Coordinator
and COPD Nurse Navigator
Division of Pulmonary Care
Allegheny Health Network

Invited faculty



Muhammad Adrish, MD, MBA, FCCM, FCCP

Associate Professor,
Pulmonary, Critical Care and Sleep Medicine,
Baylor College of Medicine, Ben Taub Hospital



Rachel Leonard, MD, FCCP

Division of Pulmonary, Critical Care,
and Sleep Medicine
Associate Professor,
Director of Endobronchial Valve Program,
Critical Care Medicine Fellowship Program
Director, West Virginia University



Abhinandan Chittal, MD, PGY-5

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Dhaval Patel, MD, PGY-5

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Briana DiSilvio, MD

Associate Program Director,
Pulmonary and Critical Care Fellowships
Co-Director,
AHN Center for Autoimmune Lung Disease
Research Lead, Division of Pulmonary,
Critical Care, Sleep and Allergy
Associate Director, AHN Pulmonary Labs
Allegheny Health Network



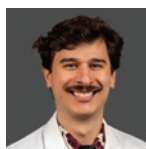
Richard P. Ramonell, MD

Assistant Professor of Medicine, Asthma and
Environmental Lung Health Institute at UPMC
Division of Pulmonary, Allergy, Critical Care,
and Sleep Medicine, Department of Medicine,
University of Pittsburgh



Tiffany DuMont, DO, FCCP

Medical Director MICU,
AHN Allegheny General Hospital
Senior Associate Program Director,
Pulmonary and Critical Care Fellowship Program
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Nikolas Touloumes, DO, PGY-4

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Laura Gutierrez, DO, PGY-4

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Richard Zou, MD, MS

Director, COPD Navigator Program
UPMC St. Margaret

Disclosure of significant relationships with relevant commercial companies. In accordance with the Accreditation Council for Continuing Medical Education (ACCME) and the policy of Allegheny General Hospital, presenters must disclose all relevant financial relationships, which, in the context of their presentation(s), could be perceived as a real or apparent conflict of interest (e.g. ownership of stock honoraria, or consulting fees). Any identifiable conflicts will be resolved prior to the activity. Any such relationships will be disclosed to the learner prior to the presentation(s).

Registration

Online registration can be accessed at **cme.ahn.org**:

Click on **Courses**, then type or scroll down to find **AHN Inaugural COPD and Asthma Innovation Retreat** and click on **Register**.

Fees

Registration is free.

Lodging

Omni Bedford Springs Resort and Spa reservations:

Deluxe room: \$299 plus tax and \$39 resort fee

Resort view: \$335 plus tax and \$39 resort fee



Scan code to book
your room online.

Learn more or have questions

Please contact Bernice Sulkowski in the CME office at **bernice.sulkowski@ahn.org** for more information.



Scan code for
more information.

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