

CME opportunity

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# 16th Annual Nuts and Bolts of General Orthopaedics

May 15 – 17, 2025

The Ritz-Carlton, Naples  
280 Vanderbilt Beach Road  
Naples, FL 34108

Sponsored by  
Allegheny General Hospital  
Department of Orthopaedic Surgery  
Allegheny Health Network  
Pittsburgh, Pennsylvania



Conference overview and intended audience

This comprehensive conference provides a cutting-edge update on the latest advancements and best practices in general orthopaedics. Designed for orthopaedic surgeons, residents, fellows, physician assistants, and other allied health professionals, the program will cover a broad spectrum of topics, emphasizing evidence-based medicine and practical application.

Objectives

- 1. Discuss treatment options for total joints
- 2. Review spine surgery options
- 3. Identify non operative management in sports injuries

CME accreditation

Conference credit

This conference will provide 15.25 hours of education.  
(Thursday: 2.0, Friday: 7.50, Saturday: 5.75)

Physicians

Allegheny General Hospital is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Allegheny General Hospital designates this live activity for a maximum of 15.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other credit

**American Nurses Credentialing Center (ANCC)** accepts *AMA PRA Category 1 Credits™* from organizations accredited by the ACCME.

**American Academy of Nurse Practitioners (AANP)** accepts *AMA PRA Category 1 Credits™* from organizations accredited by the ACCME.

**American Academy of Physician Assistants (AAPA)** accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credits™* from organizations accredited by the ACCME. Physician assistants may receive a maximum 15.25 hours of Category 1 credit for completing this program.

Non-physicians

Allegheny General Hospital has approved this activity for a maximum of 15.25 contact hours for non-physicians.

Program agenda

Thursday, May 15, 2025

2. – 3:30	Lab (non-CME)
3:30 – 4 p.m.	Registration and visit exhibits
4 – 6 p.m.	Joint fellows round table

Friday, May 16, 2025

6 – 7 a.m.	Registration, breakfast, and visit exhibits
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SESSION 1: TOTAL JOINT SESSION

7 – 7:15 a.m.	Patient selection for press fit total knee <b>Stephen R. Hribar, MD</b>
7:15 – 7:30 a.m.	Kinematics in total knee arthroplasty <b>Nick Sotereanos, MD</b>
7:30 – 7:45 a.m.	Partial knee arthroplasty in ACL-deficient knees <b>Timothy J. Sauber, MD</b>
7:45 – 8 a.m.	Total knee arthroplasty in ACL-deficient knees <b>Andrew Waligura, MD</b>
8 – 8:45 a.m.	Panel discussion
8:45 – 9 a.m.	Break
9 – 9:15 a.m.	Preoperative optimization <b>David Stapor, MD</b>
9:15 – 9:30 a.m.	Advantages of direct anterior total hip <b>Stephen Martinkovich, MD</b>
9:30 – 9:45 a.m.	Emerging technologies in total hip replacement arthroplasty <b>Brian Moore, MD</b>
9:45 –10 a.m.	The bikini approach to direct anterior hips <b>Eric Yakish, MD</b>
10 – 10:15 a.m.	Table options for direct anterior approach <b>Stephen Burgess, MD</b>
10:15 – 11 a.m.	Panel discussion
11 – 11:15 a.m.	Break
11:15 a.m. – noon	An update on ankle fractures – What’s new with the posterior malleolus <b>James Sferra, MD</b>
Noon – 1 p.m.	Orthopaedic oncology and plastic surgery – Phoning a friend <b>Lisa Ercolano, MD, and Rafael J. Diaz-Garcia, MD</b>
4:30 – 6:30 p.m.	Case discussions
6:30 – 7:30 p.m.	Cocktail party

# Program agenda (continued)

## Saturday, May 17, 2025

6 – 7 a.m. Breakfast and visit exhibits

### SESSION 2: SPINE SESSION

7 – 7:30 a.m. Endoscopic spine surgery  
**Ryan Sauber, MD**

7:30 – 8 a.m. Lumbar artificial disc replacement  
**Alexander Yu, MD**

8 – 8:30 a.m. Robotics in spine surgery  
**Kyle Holmberg, DO**

8:30 – 9 a.m. Current controversies in thoracolumbar spine trauma  
**John C. France, MD**

9 – 9:30 a.m. Panel discussion

9:30 – 9:45 a.m. Break

### SESSION 3: SPORTS SESSION

9:45 – 10:15 a.m. Nonoperative management of the knee  
**Ravi Ved, DO**

10:15 – 10:45 a.m. Nonoperative management of the shoulder  
**Marco Alcalá, MD**

10:45 – 11:15 a.m. Nonoperative management of hip disorders  
**Edward Snell, MD**

11:15 – 11:45 a.m. Shoulder instability in the athlete  
**Dennis J. Phillips, MD**

11:45 a.m. – 12:15 p.m. Innovations in knee extensor mechanism repair  
**James T. Redshaw, MD**

12:15 – 12:30 p.m. Panel discussion and questions

12:30 – 1 p.m. WALANT: The how’s and whys to incorporate in your practice  
**Steven Regal, MD**

# Course directors


**Michael Levine, MD**  
Chief, Orthopaedic Surgery, Forbes Hospital  
Clinical Associate Professor of Orthopaedic Surgery, Drexel University College of Medicine  
Clinical Associate Professor Orthopaedic Surgery, LECOM  
Allegheny Health Network

**Nicholas Sotereanos, MD**  
Vice Chair, Department of Orthopaedic Surgery  
Associate Professor of Orthopaedic Surgery, Drexel University College of Medicine  
Allegheny Health Network


# Invited faculty


**Marco Alcalá, MD**  
Sports Medicine Physician  
Allegheny Orthopaedic Associates  
Team Physician, Pittsburgh Pirates  
Allegheny Health Network

**Stephen R. Hribar, MD**  
Department of Orthopaedic Surgery  
Chief Medical Officer, AHN Grove City


**Stephen Burgess, MD**  
Orthopaedic Surgery  
Allegheny Health Network


**Stephen Martinkovich, MD**  
Division of Adult Reconstruction,  
Department of Orthopaedic Surgery  
Allegheny Health Network


**Rafael J. Diaz-Garcia, MD, MSHCM, FACS**  
Attending Hand and Peripheral Nerve Surgeon,  
Miami Orthopaedics and Sports  
Medicine Institute,  
Baptist Health South Florida


**Brian Moore, MD**  
Division of Adult Reconstruction,  
Department of Orthopaedic Surgery,  
AHN Forbes Hospital  
Clinical Instructor of Orthopaedic Surgery,  
Drexel University College of Medicine  
Allegheny Health Network

**Lisa Ercolano, MD**  
Associate Professor,  
Drexel University College of Medicine  
Chief, AHN Orthopaedic Oncology  
Department of Orthopaedics DEI Officer  
Associate Program Director,  
AHN Orthopaedic Residency Program  
Allegheny Health Network

**Dennis J. Phillips, MD**  
Orthopaedic Surgeon,  
Department of Sports Medicine  
Allegheny Health Network


**John C. France, MD**  
Professor of Orthopaedic Surgery,  
West Virginia University

**James T. Redshaw, MD**  
Assistant Professor,  
Drexel University College of Medicine  
Orthopaedic Sports Medicine,  
AHN Orthopaedic Institute  
Allegheny Health Network


**Kyle Holmberg, DO**  
Orthopaedic Spine Surgery Fellow,  
West Virginia University

**Steven Regal, MD**  
Assistant Professor,  
Drexel University College of Medicine  
Division of Hand and Upper Extremity,  
Department of Orthopaedic Surgery  
Allegheny Health Network


Invited faculty (continued)




**Ryan Sauber, MD**  
Clinical Instructor of Orthopaedic Surgery,  
Drexel University College of Medicine  
Division of Spine Surgery,  
Department of Orthopaedic Surgery  
Allegheny Health Network




**Timothy J. Sauber, MD**  
Assistant Professor of Orthopaedic Surgery,  
Drexel University College of Medicine  
Fellowship Director, Adult Reconstruction,  
Department of Orthopaedic Surgery  
Allegheny Health Network




**James Sferra, MD**  
Director, Division of Foot and Ankle Fellowship  
Director, Orthopaedic Foot and Ankle Surgery  
Department of Orthopaedic Surgery  
Allegheny Health Network




**Edward Snell, MD**  
Assistant Professor of Orthopaedics,  
Drexel University School of Medicine  
Director, Division of Sports Medicine  
and Performance  
Allegheny Health Network




**David Stapor, MD**  
Department of Orthopaedics  
Physician, Champion AHN Osteoporosis  
and Fragility fracture Clinic  
Allegheny Health Network




**Ravi Ved, DO, CAQSM**  
Sports Medicine  
Team Physician, Pittsburgh Pirates  
Associate Program Director, Primary Care  
Sports Medicine Fellowship  
Allegheny Health Network



**Andrew Waligora, MD**  
Division of Adult Reconstruction,  
Department of Orthopaedic Surgery  
Allegheny Health Network



**Eric Yakish, MD**  
Director, Adult Reconstruction Fellowship  
Department of Orthopaedic Surgery  
Allegheny Health Network



**Alexander Yu, MD**  
Assistant Professor of Neurosurgery,  
Drexel University of College of Medicine  
Vice Chair, Department of Neuro–Oncology  
Skull Based Surgery  
Allegheny Health Network

**Disclosure of significant relationships with relevant commercial companies.**  
In accordance with the Accreditation Council for Continuing Medical Education (ACCME) and the policy of Allegheny General Hospital, presenters must disclose all relevant financial relationships, which, in the context of their presentation(s), could be perceived as a real or apparent conflict of interest (e.g., ownership of stock, honoraria, or consulting fees). Any identifiable conflicts will be resolved prior to the activity. Any such relationships will be disclosed to the learner prior to the presentation(s).

Registration

Online registration can be accessed at [cme.ahn.org](https://cme.ahn.org).  
Click on **Courses**, then type or scroll down to find **16th Annual Nuts and Bolts** and click on **Register**.

Fees

- Physicians: \$600
- PAs, CRNPs, nurses, and surgical techs: \$400
- Fellows\*/residents: \$250
- AHN employees: \$200

\*Must include verification letter from Program Director.

Accommodations

To reserve your room at The Ritz-Carlton, Naples, please scan the code below for our conference rates.  
Room block closes on April 23, 2025. Make sure to reserve well in advance.

Coastal view rooms: \$499

Registrant refund policy

Eligibility for a registrant refund is based on the following criteria. Please note, all registrants must email the CME Department at [ahncme@ahn.org](mailto:ahncme@ahn.org) within the specified time frames to be eligible for a refund. To receive a full refund, registrants must provide written notification to the CME department no sooner than 30 days of activity start date. Registrants that notify the CME department within 14 – 29 days prior to activity will receive a 50% refund.

Notification qualifications	Refund amount
30+ days prior to activity	100% refund
14 - 29 days prior to activity	50% refund
Less than 14 days prior to activity	No refund



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conference rates.



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