



Sponsored by: Allegheny General Hospital AHN Sleep Medicine Allegheny Health Network



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### Course overview and intended audience

This is a multidisciplinary symposium that will review and update common sleep disorders encountered by practicing internists, sleep medicine physicians, and APPs, as well as nurses and respiratory therapists. A focus will be on newer strategies regarding the diagnosis and current state-of-the-art treatment of selected sleep disorders.

#### **CME** accreditation

#### **Physicians**

Allegheny General Hospital is accredited by the Accreditation Council for Continuing Medical Education (ACCME).

Allegheny General Hospital designates this live activity for a maximum of 4.75 AMA PRA Category 1 Credits<sup>m</sup>. Physicians should only claim the credit commensurate with the extent of their participation in this activity.

American Academy of Nurse Practitioners (AANP) accepts AMA PRA Category 1 Credits<sup>TM</sup> from organizations accredited by the ACCME.

The National Commission on Certification of Physician Assistants (NCCPA) states that the AMA PRA Category 1 Credits<sup>TM</sup> are acceptable for continuing medical education requirements for recertification.

Allegheny General Hospital has approved this activity for 4.75 contact hours for non-physicians.

Application has been submitted to the AARC for Respiratory Credits. Credits to be determined.

## Program agenda

**7:15 – 8 a.m.** Registration, breakfast, and visit exhibits

**8 – 8:05 a.m.** Welcome and conference overview

Daniel Shade, MD

**8:05 – 8:45 a.m.** Demystifying oral appliance therapy to treat OSA

Nicole D. Chenet, DDS, D-ABDSM

**8:45 – 9:25 a.m.** To die, to sleep – perchance to dream: Diagnosis and treatment options

for idiopathic hypersomnia and narcolepsy

Jeffrey McGovern, MD, FCCP, FAASM

9:25 – 10:05 a.m. Sleep and the intensive care unit

Sushruta Cerejo, MD

**10:05 – 10:45 a.m.** A guide to REM behavior disorder

Christian Kyung, MD

**10:45 – 11 a.m.** Break

**11 – 11:40 a.m.** Sleep-wake mechanism

Christopher Pham, DO, FAAFP

11:40 a.m. – 12:20 p.m. Hypoglossal stimulation for the treatment of OSA

Marshall M. Hutchison, CRNP

**12:20 – 1 p.m.** Sleep, or die: An introduction to sleep deprivation

Daniel Shade, MD

**1 p.m.** Wrap and adjournment

## **Course Director**



Daniel Shade, MD, FCCP, FAASM System Medical Director, AHN Sleep Medicine Allegheny Health Network

## **Faculty**



**D-ABDSM** Diplomate, American Board of Dental Sleep Medicine American Academy of Dental Sleep Medicine Owner, Sleep Apnea Dental Centers AHN Center For Sleep Medicine



Christian Kyung, MD Allegheny Pulmonary and Critical Care Division Allegheny Health Network



Sushruta Cerejo, MD Allegheny Pulmonary and Critical Care Division Allegheny Health Network



Jeffrey McGovern, MD Director, AHN Saint Vincent Hospital Sleep Center Allegheny Pulmonary and Critical Care Division Allegheny Health Network



Marshall M. Hutchison, CRNP Allegheny Pulmonary and Critical Care Division Allegheny Health Network



Christopher Pham, DO, FAAFP Allegheny Pulmonary and Critical Care Division Allegheny Health Network

#### Disclosure of significant relationships with relevant commercial companies

In accordance with the Accreditation Council for Continuing Medical Education (ACCME) and the policy of AHN Allegheny General, presenters must disclose all relevant financial relationships, which, in the context of their presentation(s), could be perceived as a real or apparent conflict of interest (e.g., ownership of stock, honoraria, or consulting fees). Any identifiable conflicts will be resolved prior to the activity. Any such relationships will be disclosed to the learner prior to the presentation(s).

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