



Provided by:
The Division of Gastroenterology,
Hepatology and Nutrition
Allegheny Health Network
Pittsburgh, Pennsylvania

### Conference overview

The Division of Gastroenterology, Hepatology and Nutrition at Allegheny Health Network (AHN) will explore advances in the treatment and management of inflammatory bowel disease (IBD) at the 6th Annual AHN IBD Summit. This program will feature world-renowned IBD faculty discussing clinical IBD topics pertaining to diagnosis, management, and complications. The event is ideal for gastroenterologists, internists, colorectal surgeons, nurse practitioners, physician assistants, radiologists, pathologists, and GI fellows/internal medicine, as well as surgical residents/medical students, nutritionists, and nurses.

### **CME** accreditation

### **Physicians**

Allegheny General Hospital is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Allegheny General Hospital designates this live activity for a maximum of 6.5 *AMA PRA Category 1 Credits* <sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

ABIM MOC accredited providers are required to submit learner completion data for each activity registered as meeting ABIM guidelines via the PARS system. Credit will be reported on your behalf.

American Nurses Credentialing Center (ANCC) accepts AMA PRA Category 1 Credits<sup>TM</sup> from organizations accredited by the ACCME.

American Academy of Nurse Practitioners (AANP) accepts *AMA PRA Category 1 Credits*<sup>TM</sup> from organizations accredited by the ACCME.

The National Commission on Certification of Physician Assistants (NCCPA) states that the AMA PRA Category 1 Credits<sup>TM</sup> are acceptable for continuing medical education requirements for recertification.

Allegheny General Hospital has approved this activity for 6.5 contact hours for non-physicians.

# Program agenda

### Opening

**7 – 7:45 a.m.** Registration, breakfast, and visit exhibits

**7:45 – 7:50 a.m.** Welcome and overview

Gursimran Singh Kochhar, MD

#### Session 1 — IBD, beyond medications

Moderators: Sandra El-Hachem, MD, and Kimberly Weaver, MD

**7:55 – 8:10 a.m.** Role of diet in the management of IBD

Kelly Issokson; MS, RD

**8:15 – 8:30 a.m.** Health maintenance and screenings in patients with IBD

Francis A. Farraye, MD

8:35 – 8:50 a.m. Role of hyperbaric oxygen in patients with IBD

Parambir Singh Dulai, MD

**8:55 – 9:10 a.m.** IBD and pregnancy – what a gastroenterologist needs to know

Aline Charabaty, MD, AGAF, FACG

**9:10 – 9:20 a.m.** Q&A

9:20 – 9:35 a.m. Break and visit exhibits

#### Session 2 — Post-operative IBD management

Moderators: Sandra El-Hachem, MD, and Marissa Isaacson, MD

**9:40 – 9:55 a.m.** Medical management of J-pouch and its complications

Edward L. Barnes, MD

**10 – 10:15 a.m.** Surgical management of J-pouch and its complications

Feza Remzi, MD

**10:20 – 10:35 a.m.** Multimodality imaging assessment of the ileal |-pouch

Bari Dane, MD

10:40 – 10:55 a.m. Assessment and medical management of post-operative Crohn's disease

Aline Charabaty, MD, AGAF, FACG

11 – 11:15 a.m. Surgical management options for Perianal Crohn's disease

Phillip Fleshner, MD

**11:15 – 11:25 a.m.** Q&A

11:25 a.m. – 12:25 p.m. Lunch break and exhibits

# Program agenda, continued

#### Session 3 — Current management of IBD

Moderators: Preethi Chintamaneni, MD, and Heitham Abdul Baki, MD

12:30 - 12:50 p.m. Positioning of medical therapies in management of Crohn's disease

Brian G. Feagan, MD

12:55 - 1:15 p.m. Role of surgery in the management of Crohn's disease in modern era

Scott A. Strong, MD

Medical management of ulcerative colitis in the modern era 1:20 - 1:40 p.m.

Parambir Singh Dulai, MD

1:45 - 2:05 p.m. Role of endoscopy in management of IBD in the modern era

Gursimran Singh Kochhar, MD

Q&A 2:05 - 2:15 p.m.

Break and exhibits 2:15 - 2:30 p.m.

#### Session 4 — Practical concepts in IBD

Moderators: Heitham Abdul Baki, MD, and Kimberly Weaver, MD

Obesity and IBD — what should we know? 2:35 - 2:50 p.m.

Akash Desai, MD

2:55 - 3:35 p.m. Case presentations and discussion

Vote of thanks 3:45 - 3:50 p.m.

Sandra El-Hachem, MD

Reception and visit exhibits 4 - 5 p.m.

### **Course directors**



Gursimran Singh Kochhar, MD, FACP, CNSC Assistant Professor of Medicine, Drexel University College of Medicine System Chief, Division of Gastroenterology, Hepatology and Nutrition Director, Advanced Endoscopy Medical Operations Officer, Medicine Institute Allegheny Health Network



Sandra El-Hachem, MD, AGAF, **FASGE, FACG** Associate Professor of Medicine, Drexel University College of Medicine Medical Director, Center for Inflammatory **Bowel Diseases** Allegheny Center for Digestive Health Allegheny Health Network

# **Faculty**



Edward L. Barnes, MD, MPH Assistant Professor of Medicine Associate Program Director, Gastroenterology and Hepatology Fellowship Division of Gastroenterology and Hepatology University of North Carolina at Chapel Hill



Aline Charabaty, MD, AGAF, FACG Associate Professor of Medicine Johns Hopkins School of Medicine Medical Director, Division of Gastroenterology and Hepatology Clinical Director, IBD Center at Johns Hopkins-Sibley





Associate Professor, Department of Radiology, NYU Grossman School of Medicine Director, Computerized Tomography, Department of Radiology Director, Quality and Safety Outpatient Imaging, Main Campus NYU Langone Health



Parambir Singh Dulai, MD Associate Professor of Medicine, Director, GI Clinical Trials and Precision Medicine, Division of Gastroenterology and Hepatology, Feinberg School of Medicine Northwestern University



Francis A. Farraye, MD, MSc Professor of Medicine Director, Inflammatory Bowel Disease Center Mayo Clinic



Brian G. Feagan, MD, FRCPC Professor of Medicine, Epidemiology and Biostatistics, Western University Senior Scientific Director, Alimentiv Inc.



Phillip Fleshner, MD Shierley, Jesslyne, and Emmeline Widjaja Chair in Colorectal Surgery Director, Colorectal Surgery Research Clinical Professor of Surgery Cedars-Sinai Medical Center



Kelly Issokson, MS, RD Clinical Nutrition Coordinator, Digestive Diseases Cedars-Sinai



Feza Remzi, MD, FACS, FTSS (Hon) Vice President, Center for Advanced IBD CarE Northwell Health



Scott A. Strong, MD, FACS, FASCRS James R. Hines Professor of Surgery Chief. Division of Gastrointestinal Surgery Northwestern University Feinberg School of Medicine Surgical Director, Digestive Health Center Northwestern Medical Group

Disclosure of significant relationships with relevant commercial companies. In accordance with the Accreditation Council for Continuing Medical Education (ACCME) and the policy of AHN Allegheny General, presenters must disclose all relevant financial relationships, which, in the context of their presentation(s), could be perceived as a real or apparent conflict of interest (e.g., ownership of stock, honoraria, or consulting fees). Any identifiable conflicts will be resolved prior to the activity. Any such relationships will be disclosed to the learner prior to the presentation(s).

# Registration

# Online registration can be accessed at cme.ahn.org:

Click on **Courses**, then scroll down to or type **6th Annual AHN IBD Summit** and click on **Register**.

### Fees

Physicians: \$50

All other health care providers: Complimentary

# Lodging

Fairmont Hotel
510 Market Street
Pittsburgh, PA 15222

To make room reservations, scan the code below.



Scan code to book online.

# Learn more or have questions

Please contact **Bernice Sulkowski** in the CME office at **bernice.sulkowski@ahn.org** for more information.



Scan code for more information.

Allegheny Professional Building CME Department 490 East North Avenue, Suite 520 Pittsburgh, PA 15212

