
Women's Institute Spring Conference 2024

Kimpton Hotel Monaco
Pittsburgh, PA

Friday, April 5th 2024
from 1:00 p.m.—5:15 p.m.

Reception to follow

Jointly Provided by
Allegheny General Hospital &
Women's Institute
Allegheny Health Network



Conference Overview

With the rapid changes in practice patterns and new evidence in the literature, it is imperative that the OB-GYN generalist and family medicine physician stay up to date on several key topics in general obstetrics, obstetrical emergencies, medical complications of pregnancy, gynecology and gynecologic oncology.

Intended Audience

This activity is intended for providers in obstetrics and gynecology as well as family medicine including nurse midwives, nurse practitioners, physician assistants, registered nurses and other health care professionals who have direct responsibility for, or interest in, obstetrics and gynecology.

Objective

The overall purpose of this conference is to supplement the provider's current knowledge with updated evidence-based strategies, techniques, and best practices for managing common challenges in the ever changing field of obstetrics and gynecology.

1. Participants will develop a deeper understanding of best practices for perimenopause and menopause management.
2. Participants will understand the latest advancements in obstetric and gynecologic topics including overactive bladder and postpartum hypertension.
3. Participants will gain awareness of the importance of the various preventive care opportunities for women including colorectal and breast cancer screenings.
4. Participants will explore multidisciplinary approaches to address women's behavioral health.
5. Participants will promote a culture of continuous learning and professional development.

Disclosures

Disclosure of significant relationships with relevant commercial companies. In accordance with the Accreditation Council for Continuing Medical Education (ACCME) and the policy of Allegheny General Hospital, presenters must disclose all relevant financial relationships, which in the context of their presentation(s), could be perceived as a real or apparent conflict of interest, (e.g., ownership of stock, honorarium, or consulting fees). Any identifiable conflicts will be resolved prior to the activity. Any such relationships will be disclosed to the learner prior to the presentation(s). Neither presenters nor content reviewers have financial or other conflicts to disclose.

Accreditation

Physicians

This activity has been planned and implemented in accordance with the essential areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through joint providership of Allegheny General Hospital and AHN Women's Institute. Allegheny General Hospital is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Allegheny General Hospital designates this live activity for a maximum of 4.0. *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The National Commission on Certification of Physician Assistants (NCCPA) states that the AMA PRA Category 1 Credits™ are acceptable for continuing medical education requirements for recertification.

American Academy of Nurse Practitioners (AANP) accepts AMA PRA Category 1 Credits™ from organizations accredited by the ACCME.

Nursing

The West Penn Hospital is a provider of nursing continuing professional development by Pennsylvania State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. The activity has been approved for 4.0 continuing education credits for nurses from PSNA.

CE for Psychologists

Allegheny General Hospital is approved by the American Psychological Association to offer continuing education for psychologists. Allegheny Health Network maintains responsibility for the program and its content.

CE for Social Workers

Allegheny Network is an approved provider for APA credits for Psychologists. This conference is approved for 4.0 APA credits. Social Workers may claim credits for attending educational courses and programs delivered by pre-approved providers, such as the American Psychological Association (refer to CE for Psychologists above). For verification, please refer to Continuing Education Regulations §47.36 # (6)(ix) found at www.dos.state.pa.us/social.

Non-physicians

Allegheny General Hospital certifies participation in this educational activity.

Course Director

Marcia Klein-Patel, MD, PhD

Associate Professor OB-GYN

Temple University School of Medicine

Network Chair, Women's Institute

Allegheny Health Network

Invited Faculty

Frank Colangelo MD, MS-HQS, FACP

Quality Officer, Primary Care Institute

Allegheny Health Network

Devon Ramaeker, MD, FACOG

Assistant Professor

Drexel University COM, Dept of Ob/Gyn

Division Director - Maternal Fetal Medicine

Allegheny Perinatal Associates

Stephen Samples, MD, HCMBA

Network Chair, Neurology

Allegheny Health Network

Adam L. Johnson, MD

AHN Breast Surgeons

Allegheny Health Network

Ewurama Sackey, MD

Medical Director of Maternal-Infant Mental Health

Reproductive Behavioral Health

Psychiatry and Behavioral Health Institute

Allegheny Health Network

Erin Seifert Lavelle, MD

Division of Urogynecology

Academic Officer, Women's Institute

Allegheny Health Network

2024 Women's Institute Spring Conference Agenda

Friday, April 5th 2024

12:30 p.m.—1:00 p.m.	Check-In / Lunch
1:00 p.m.—1:30 p.m.	Overactive Bladder <i>Erin Lavelle, MD</i>
1:30 p.m.—2:00 p.m.	Headache in Pregnancy <i>Stephen Samples, MD, HCMBA</i>
2:00 p.m.—2:30 p.m.	Women's Behavioral Health: Sankofa - Looking back to move forward <i>Ewurama Sackey, MD</i>
2:30 p.m.—3:00 p.m.	High Risk Breast Cancer Patients <i>Adam Johnson, MD</i>
3:00 p.m.—3:15 p.m.	Break
3:15 p.m.—4:00 p.m.	Postpartum Hypertension <i>Devon Ramaeker, MD, FACOG</i>
4:00 p.m.—4:30 p.m.	Meeting a Challenge: Increasing Colorectal Cancer Screening Rates <i>Frank Colangelo, MD, MS-HQS, FACP</i>
4:30 p.m.—5:15 p.m.	Perimenopause and Menopause <i>Marcia Klein-Patel, MD, PhD</i>
5:15 p.m.	Reception

Location

Kimpton Hotel Monaco

620 William Penn Place

Pittsburgh, PA 15219

The conference will take place in the

Sheffield Ballroom on the first floor.

Parking

Attendees are recommended to park in the **Mellon Square Garage**. The posted rate is \$14.

The garage address is:

529 Smithfield St

Pittsburgh, PA 15222

Event valet parking at the hotel is \$28.