



**Allegheny
Health Network**

**Jointly provided by:
Allegheny General Hospital & Glock Foundation**

“What’s New In Breast Cancer 2024”

Saturday, May 18, 2024

8:00 am - 2:00 pm

4 CME Credits

Registration Fee:

Physicians \$80, Healthcare Professionals \$40, General Attendees \$20

Register at glockfoundation.org/register
Continental breakfast and lunch is included

LeMont Restaurant

Pittsburgh, PA

Accreditation:

This activity has been planned and implemented in accordance with the essential areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through joint providership of Allegheny General Hospital and Glock. Foundation. Allegheny General Hospital is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Allegheny General Hospital designates this live activity for a maximum of 4.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other Credit

American Nurses Credentialing Center (ANCC) accepts AMA PRA Category 1 Credit™ from organizations accredited by the ACCME.

American Academy of Nurse Practitioners (AANP) accepts AMA PRA Category 1 Credit™ from organizations accredited by the ACCME.

The National Commission on Certification of Physician Assistants (NCCPA) states that the AMA PRA Category 1 Credits™ are acceptable for continuing medical education requirements for recertification.

Non-Physicians: Allegheny General Hospital certifies participation in this educational activity, which has been designated for a maximum of 4.0 contact hours.

Title of Seminar: What's New in Breast Cancer 2024

Date: Saturday, May 18, 2024

Time: 8:00 am -2:00 pm

Intended Audience: Ob/Gyn's, PCP's, Nurse Practitioners, Physician Assistants, Nurses, other Health Care Professionals, and Breast Cancer Survivors/Caregivers.

Goal: The purpose of this seminar is to enhance the knowledge of the health care professional and breast cancer survivor on making informed decisions during and after breast cancer treatment.

Learning Objectives:

1. Develop an awareness of the most current breast cancer surgical procedures, clinical trials and genetic testing.
2. Describe complimentary medicine modalities and available resources to enhance a healthier lifestyle.
3. Learn the latest strategies that focus on improving bone health and quality of life during and after cancer treatment.
4. To recognize and comprehend the potential risks and implications of lymphedema in breast cancer patients.
5. To focus on the role of physical therapy in restoring mobility, reducing pain, preventing lymphedema and facilitating the patients return to daily activities.
6. To explore the latest advancements and innovation in oncology radiation.

Registration & Additional Information:

To register: Go to glockfoundation.org/register. Registration deadline is May 10, 2024. The online brochure is available at glockfoundation.org. For additional information: contact Carol Glock at cglock@glockfoundation.org



KEYNOTE SPEAKER
Suzanne Coopey, MD

Dr. Coopey is a breast surgeon with expertise in nipple-sparing mastectomies, the treatment of high-risk breast lesions, lumpectomy margins, and the use of Enhanced Recovery After Surgery (ERAS) protocols, which aim to decrease or eliminate opioid use, pain, nausea, and hospital stay.

Joining AHN from Massachusetts General Hospital in Boston, Dr. Coopey has played a prominent role in multiple influential breast clinical research projects, and she was a previous assistant professor at Harvard Medical School.

She also serves as Director of Breast Surgery for AHN and Chair of Breast Cancer Program for AHN Cancer Institute.



KEYNOTE SPEAKER
Christie Hilton,
DO, MS

Dr. Christie Hilton is a Medical Oncologist specializing in the treatment of breast cancer at the Allegheny Health Network Cancer Institute at Allegheny General Hospital in Pittsburgh. She is board certified in Internal Medicine, Medical Oncology and Hematology. Dr. Hilton received her bachelor's degree in biology from the University of Pittsburgh, master's degree in biology from Duquesne University in Pittsburgh, and is a graduate of the Philadelphia College of Osteopathic Medicine. She completed her internship, internal medicine residency and hematology/oncology fellowship at West Penn Hospital in Pittsburgh.

Dr. Hilton specializes in the treatment of breast cancer and has the NSABP Foundation as an investigator in their early phase program. She serves as a teaching attending for the medical oncology and hematology fellowship at the Allegheny General Hospital and is active in the breast cancer research program within the Allegheny Health Network.

Seminar Schedule

What's New in Breast Cancer 2024

Saturday, May 18, 2024

8:00 am - 2:00 pm

8:00 am - 8:45 am

**Registration/Continental Breakfast/
Exhibits**

8:45 am - 9:00 am

Opening Comments

Carol Glock, M.Ed.

President & Founder, Glock Foundation

9:00 am - 9:30 am

Leading Edge Treatment in Breast

Oncology Clinical Trials

Christie Hilton, DO, MS

Allegheny Health Network Cancer Institute

Director of Academic Breast Oncology

Director of the Glimmer of Hope Metastatic

Breast Cancer Clinic at Allegheny General

Hospital

Assistant Professor, Department of Medicine,

Drexel University College of Medicine

9:30 am - 10:00 am

Why Choose Breast Conservation

Suzanne Coopey, MD, FACS

Allegheny Health Network

Division Director of Breast Surgery for

Allegheny Health Network

Director of Wexford Division of Breast

10:00 am - 10:30 am

**Reducing or Eliminating the Need for
Radiotherapy: Changing the Paradigm**

Mark Trombetta, MD, FACR, FACRO

Allegheny Health Network Cancer Institute

Division of Radiation Oncology

Interim Academic Chair and Professor of the

Radiologic Sciences

Drexel University College of Medicine

10:30 am - 11:00 am

**Monitoring Lymphedema: What Every
Breast Cancer Survivor Should Know**

Nicole Reilly Dosey MPT, DPT, CLT

Allegheny Health Network

Regional Manager of Outpatient Therapy

Services

Pelvic Floor, Oncology Rehabilitation, and

Lymphedema Therapy

11:00 am - 12:00 pm

Brunch

12:00 pm - 12:30 pm

Bone Loss in the Breast Cancer Patient

Carol Mayfield, RN, BSN, MSN, CRNP

Allegheny Health Network

Certified Nurse Practitioner for AHN

Osteoporosis and Fragility Fracture Clinic

12:30 pm - 1:00 pm

The Financial Impact of Breast Cancer

Gabriella Lloyd, BA

Seniors Honors Economic Project for the

Glock Foundation 2023

University of Pittsburgh Medical Center

Medical Data Scientist for the Cardiothoracic

Department at UPMC

1:00 pm - 1:30 pm

**Taking Charge and Moving Forward
with Cancer Survivorship**

Nicole Kulasa, RN, OCN

Allegheny Health Network Cancer Institute

Survivorship Nurse Navigator

1:30 pm - 2:00 pm

What's New in Genetic Testing:

BRCA & Beyond

Stephanie Oberti, MS, MPH, LCGC

Allegheny Health Network Cancer Institute

Genetic Counselor, Cancer Genetics Program

2:00 pm

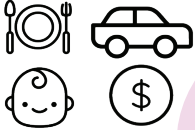
Closing Remarks

Carol Glock, M.Ed.

1

Assists breast cancer clinical trial patients with financial support.

Financial support covers the added costs to participate in clinical trials, including meals, transportation, and child care.



Since the beginning of the global pandemic, we have provided \$25,000 to breast cancer patients in need of assistance.



Did you know that clinical trial patients often have extra health care visits to carefully monitor their side effects and safety while they participate in the trial?

3 Educates the general public about breast cancer.

We provide community education events to increase awareness of breast cancer prevention, detection, treatment, and clinical trials. Any organization can reach out to us, and we will be happy to schedule a time to present to their group at no charge. This includes community groups, corporate groups, and colleges.

We also offer train-the-trainer events to groups at no charge.



In 2022, we connected with approximately 2,000 people in the region to educate them about breast cancer and clinical trials.

2

Provides educational grants to breast cancer physicians.

We provide grants to encourage physicians to attend conferences, seminars, and symposiums to increase their knowledge on current clinical trials and research.



Our Beverly Senchak Breast Cancer Educational Grant provides physicians with \$2,000 grants. To learn more about Beverly's legacy, visit: blog.glockfoundation.org



4

Connects patients together.

Through regular meetings, the annual Breast Cancer Seminar, and a guest blog sharing stories that patients can relate to: we make sure that patients know that they are not alone.

Since the beginning of 2022, we have conducted 15 events designed for breast cancer patients and survivors.



Carol is well known for her one-on-one outreach to breast cancer patients, offering a listening ear, a prayer, and support.

86%

The portion of our event attendees who have changed their mind about whether or not they would participate in a clinical trial because of our event.

www.glockfoundation.org

