

CME opportunity

Orthopaedic Update 2024

April 12–14, 2024

Omni Bedford Springs Resort
2138 Business 200
Bedford, PA 15522



Jointly provided by
Allegheny General Hospital
and Forbes Hospital

Conference overview

The last several years have brought an explosion of new technologies and techniques in orthopaedics. Smaller incisions, more aggressive rehabilitation, new pain control protocols and new types of implants all carry implications for changes in care. Accordingly, reduction of complications following orthopaedic procedures is vital in improving outcomes for the orthopaedic patient. This conference is intended for physicians, physician assistants, athletic trainers, nurses, physical and occupational therapists, and surgical technologists.

Course objectives

At the conclusion of this conference, participants should be able to:

- Identify treatment options for patients with various orthopedic pathologies.
- Discuss research associated with orthopedic techniques in treating orthopedic conditions.
- Utilize best practice treatment strategies to improve patient outcomes.

CME accreditation

This conference will provide a total of 17 hours of education.

Friday: 8.0 | Saturday: 6.0 | Sunday: 3.0

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through joint providership of Allegheny General Hospital, Forbes Hospital and Trinity Health System Orthopaedic and Sports Medicine. Allegheny General Hospital is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit designation statement

Allegheny General Hospital designates this live activity for a maximum of 20.25 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Nurses Credentialing Center (ANCC) accepts *AMA PRA Category 1 Credits*[™] from organizations accredited by the ACCME for the purposes of recertification.

The National Commission on Certification of Physician Assistants (NCCPA) states that the *AMA PRA Category PRA Category I Credits*[™] are acceptable for continuing medical education requirements for recertification.

Applications will be submitted to the Pennsylvania Board of Physical Therapy and West Virginia Board of Physical Therapy.



Athletic trainers

Category A: This course is approved for 17 contact hours for athletic trainers (ATs) in Pennsylvania. Allegheny General (BOC AP# P2828) is approved by the Board of Certification, Inc. to provide continuing education to certified ATs.

This program is eligible for a maximum of 17.0 hours: Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.

Physical therapists

Applications will be submitted to Pennsylvania and West Virginia for physical therapy credits.

Program agenda

Friday, April 12, 2024

6:30 – 7:30 a.m.	Registration, breakfast, and visit exhibits
7:30 – 7:50 a.m.	Manual instrumentation for total knee arthroplasty Zachary Sisko, MD
7:50 – 8:10 a.m.	Robotic and patient-specific implants for total knee arthroplasty: Are they better? Andrew Waligora, MD
8:10 – 8:30 a.m.	Partial vs. total knee replacement: expectations for outcomes Eric Yakish, MD
8:30 – 8:50 a.m.	Restrictions after total hip arthroplasty: short and long term Stephen Burgess, MD
8:50 – 9:10 a.m.	Hip spine relationship in total hip arthroplasty recovery Stephen Martinkovich, MD
9:10 – 9:30 a.m.	Panel discussion
9:30 – 9:50 a.m.	Break

Session 2

9:50 – 10:10 a.m.	Rapid recovery in total joint arthroplasty Keri Pazul, RN
10:10 – 10:30 a.m.	Regional anesthetic's effect on rehabilitation Brian Matusic, MD
10:30 – 10:50 a.m.	Outcomes with same day total joints Alan Slipak, MD
10:50 – 11:10 a.m.	Conservative management of hip arthritis Edward Snell, MD
11:10 – 11:30 a.m.	Restrictive blood flow technique for physical therapy Tom McConnell, PT
11:30 a.m. – noon	Panel discussion
Noon – 1 p.m.	Lunch and visit exhibits

Spine session

1 – 1:30 p.m.	Update on treatment of disc herniations Ryan Sauber, MD
1:30 – 2 p.m.	Adult deformity surgery Alexander Yu, MD
2 – 2:30 p.m.	Hip spine syndrome Daniel Altman, MD
2:30 – 2:45 p.m.	Break and visit exhibits
2:45 – 3:15 p.m.	Degenerative vs. traumatic SI fixation: current concepts Daniel Altman, MD
3:15 – 3:45 p.m.	An intervention-based approach to evaluation of the lumbar spine, SI, and hip region Jonathan Jianchristoforo, PT
3:45 – 4:15 p.m.	Update on pediatric spinal issues Patrick M. Riley Sr., MD
4:15 p.m.	Adjournment

Program agenda, continued

Saturday, April 13, 2024

Sports session

7 – 8 a.m.	Registration, breakfast and visit exhibits Knee – What's new in 2024 Moderator: Sam Akhavan, MD
8 – 8:20 a.m.	ACL Aaron Burgess, MD
8:20 – 8:40 a.m.	Cartilage restoration Brian Mosier, MD
8:40 – 9 a.m.	Non-operative modalities Ravi Ved, MD
9 – 9:20 a.m.	Physical therapy Ronald Klingensmith, PT
9:20 – 9:50 a.m.	Panel discussion
9:50 – 10:05 a.m.	Break and visit exhibits Shoulder – What's new in 2024 Moderator: Aaron Burgess MD
10:05 – 10:25 a.m.	Shoulder instability Sam Akhavan, MD
10:25 – 10:45 a.m.	Rotator cuff David Neuschwander, MD
10:45 – 11:05 a.m.	Non-operative modalities Marco Antonio Alcalá, MD
11:05 – 11:25 a.m.	Physical therapy Kathryn Barr, PT
11:25 a.m. – noon	Panel discussion
Noon – 1 p.m.	Lunch and visit exhibits
1 – 1:30 p.m.	Soft tissue injuries to the ankle Alan Catanzariti, MD
1:30 – 2 p.m.	Ankle fractures Matt Bologna, MD
2 – 2:30 p.m.	Ankle fusion verse total ankle replacement James Sferra, MD
2:30 – 3 p.m.	PT of the foot and ankle Jonathan Jianchristoforo, PT
3 – 4 p.m.	Panel discussion

Program agenda, continued

Sunday, April 14, 2024

7 – 8 a.m.	Registration, breakfast, and visit exhibits
8 – 8:20 a.m.	Anatomic vs. reverse TSR: How to chose Steven Regal, MD
8:20 – 8:40 a.m.	Distal radius fractures R. Colin Brabender, MD
8:40 – 9 a.m.	Osteosarcoma variants Lisa Ercolano, MD
9 – 9:20 a.m.	Total joint arthroplasty for tumors Alan Slipak, MD
9:30 – 10 a.m.	Ultrasound guided injections Melissa Roscher MD
10 – 10:30 a.m.	Update on cell-based therapy Edward Snell, MD
10:30 – 11 a.m.	The current health care climate Jeffrey Hoffman
11 a.m.	Adjournment

Course director



Michael Levine, MD

Chief, Orthopaedic Surgery, AHN Forbes Hospital
Clinical Associate Professor of Orthopaedic Surgery,
Drexel University College of Medicine
Clinical Associate Professor Orthopaedic Surgery, LECOM
Allegheny Health Network

Invited faculty



Sam Akhavan, MD

Assistant Professor of Orthopaedic Surgery,
Drexel University College of Medicine
Division of Sports Medicine
Department of Orthopaedic Surgery
Allegheny Health Network



Aaron Burgess, MD

Orthopaedic Surgery/Sports Medicine
Director, Health and Wellness,
AGH Orthopaedic Residency
Allegheny Health Network



Marco Antonio Alcalá, MD, CAQSM

Primary Care Orthopaedics and
Sports Medicine Physician
Team Physician, Pittsburgh Pirates
Allegheny Health Network



Stephen Burgess, MD

Orthopaedic Surgery
Allegheny Health Network



Daniel Altman, MD

Program Director, Orthopaedic Surgery Residency
Department of Orthopaedic Surgery
Professor of Orthopaedic Surgery,
Drexel University College of Medicine
Allegheny Health Network



Alan R. Catanzariti, DPM

Foot and Ankle Institute
Allegheny Health Network



Kathryn Barr, DPT, ATC, CMPT

Physical Therapist and Athletic Trainer,
AHN Sports Performance and Physical Therapy
Clinical Teaching Professional, Duquesne University
John G. Rangos School of Health Sciences



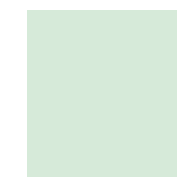
Lisa Ercolano, MD

Chief, AHN Orthopaedic Oncology
DEI Officer, Department of Orthopaedics
Associate Program Director, AHN Orthopaedic
Residency Program
Associate Professor, Drexel School of Medicine



Matthew Bologna, MD

Orthopaedic Institute
Allegheny Health Network



Jeffrey Hoffman

Service Line VP, Orthopaedic Institute
Allegheny Health Network



R. Colin Brabender, MD

Assistant Professor, Orthopaedic Surgery,
Drexel University College of Medicine
Hand and Upper Extremity Surgeon
Allegheny Health Network

Invited faculty, continued



Jonathan Jiancristoforo, PT
Staff Physical Therapist, OSPTA
President and CEO, POCCConverter



Ronald Klingensmith, PT
Physical Therapy
Allegheny Health Network



Stephen Martinkovich, MD
Division of Adult Reconstruction
Department of Orthopaedic Surgery
Allegheny Health Network



Brian Matusic, MD
Vice Chair of Anesthesiology
AHN Wexford Hospital
Allegheny Health Network



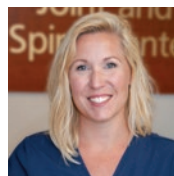
Tom McConnell, PT
Owner, Greater Pittsburgh Physical Therapy
and Sports Medicine



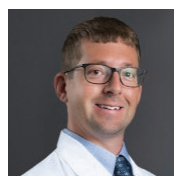
Brian Mosier, MD
Co-Director, Center for Cartilage Restoration
Division of Sports Medicine Department of
Orthopaedic Surgery
Allegheny Health Network



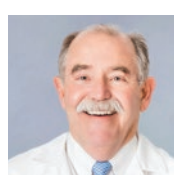
David Neuschwander, MD
Orthopedic Associates
AHN Forbes Hospital
Allegheny Health Network



Keri Pazul, RN
Orthopedic Nurse Navigator
AHN Forbes Hospital
Allegheny Health Network



Steven Regal, MD
Division of Hand and Upper Extremity
Department of Orthopaedic Surgery
Assistant Professor, Drexel University
School of Medicine
Allegheny Health Network



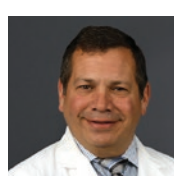
Patrick M. Riley Sr., MD
Director of Orthopedic Resident Education
Akron Children's Hospital



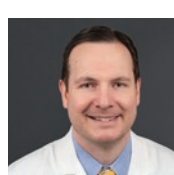
Melissa Roscher, MD
Primary Care Sports Medicine
Allegheny Health Network



Ryan Sauber, MD
Division of Spine Surgery
Department of Orthopaedic Surgery
Clinical Instructor of Orthopaedic Surgery,
Drexel University College of Medicine
Allegheny Health Network



James Sferra, MD
Director, Division of Foot and Ankle
Fellowship Director, Orthopaedic Foot
and Ankle Surgery
Department of Orthopaedic Surgery
Allegheny Health Network

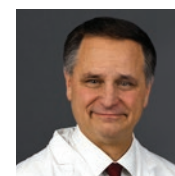


Zachary Sisko, MD
Orthopaedic Medical Director,
AHN Jefferson Hospital
Allegheny Health Network

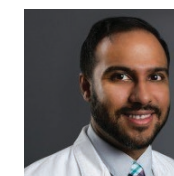
Invited faculty, continued



Alan Slipak, MD
Division of Adult Reconstruction/Oncology
Department of Orthopaedic Surgery
Allegheny Health Network



Edward Snell, MD
Director, Sports Medicine Fellowship
Assistant Professor, Orthopaedics and Family
Medicine, Drexel University College of Medicine
Adjunct Professor, Allied Health Services,
Duquesne University
Head Team Physician, Pittsburgh Pirates
Director of Sports Concussion Center,
Concussion Commission – Major League Baseball
Allegheny Health Network



Ravi Ved, DO, CAQSM
Clinical Professor, Drexel University
College of Medicine
Associate Program Director,
Primary Care Sports Medicine
Fellowship Sports Medicine
Team Physician, Pittsburgh Pirates
Allegheny Health Network



Eric Yakish, MD
Department of Orthopaedic Surgery
Allegheny Health Network



Alexander Yu, MD, MSBE, MS
Assistant Professor of Neurosurgery,
Drexel University College of Medicine
Vice Chair, Department of Neuro-Oncology,
Skull Based Surgery
Allegheny Health Network

Disclosure of significant relationships with relevant commercial companies. In accordance with the Accreditation Council for Continuing Medical Education (ACCME) and the policy of Allegheny General Hospital, presenters must disclose all relevant financial relationships, which in the context of their presentation(s), could be perceived as a real or apparent conflict of interest, (e.g., ownership of stock, honorarium, or consulting fees). Any identifiable conflicts will be resolved prior to the activity. Any such relationships will be disclosed to the learner prior to the presentation(s).

Registration

Online registration can be accessed at cme.ahn.org:

Click on **Courses**, then type or scroll down to find **Orthopaedic Update 2024** and click on **Register**.

The registration fee includes the course materials, continental breakfast, lunch, and break refreshments.

Fees

Physicians: \$325

Athletic trainers, physical therapists, and nursing: \$200

AHN employees: \$160

Surgical technologists: \$150

Residents and fellows*: \$150

Virtual attendee: \$175

*Verification letter from program director required.

Lodging

Omni Bedford Springs Resort

2138 Business 200

Bedford, PA 15522

To reserve your room at the Omni Bedford Springs Resort at the conference rate of **\$289** plus tax and resort fee for deluxe accommodations and **\$319** plus tax and resort fee for resort view, please click on the link below or call **814-623-8100**.



Scan code to book
your room online.

Questions?

Please contact **Bernice Sulkowski** in the CME office at bernice.sulkowski@ahn.org for more information.



Scan code for
more information.

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