

CME opportunity

2023 School-Based Behavioral Health and Wellness Conference

Monday, October 9, 2023

Northgate High School
589 Union Avenue
Pittsburgh, PA 15202

Jointly Provided by:
The Chill Project
Psychiatry and Behavioral Health Institute
Allegheny Health Network





Chuckie F. Mahoney
MEMORIAL FOUNDATION

Special thanks to The Chuckie F.
Mahoney Memorial Foundation



CHARLES "CHUCKIE" F. MAHONEY IV

AHN Chill Project is honored to advance Chuckie's
legacy and the foundation mission to save lives and
"Educate-Advocate-Hope."



We gratefully acknowledge the following
for providing support through exhibits:

ASCHIC

Cai & Kate

Chill Mobile – Rosalyn Korai and Karen Cooper

Chuckie M. Foundation

Highmark Caring Place

Holli Fajt, AHN Recruiter

Sierra Naninni, The Chill Project (ACT 48 credits)

Stop the Judgement Project

Conference overview

A post pandemic mental health crisis, overburdened school professionals, and ineffective school-based mental health supports create the perfect storm that increases the likelihood of students slipping through the cracks and inflicting harm upon themselves and/or others. It is more important than ever that school professionals don't miss the signs because there might not be a tomorrow for some. The second annual behavioral health and wellness conference aims to spark change and transform lives by highlighting the importance of addressing a multitude of factors that directly impact the likelihood of preventing student suffering and death, while providing practical and daily solutions to address the current mental health crisis in schools.

CME accreditation

Physicians

AHN Allegheny General Hospital is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Approved for *AMA PRA Category 1 Credit*[™].

American Nurses Credentialing Center (ANCC) accepts *AMA PRA Category 1 Credits*[™] from organizations accredited by the ACCME.

American Academy of Nurse Practitioners (AANP) accepts *AMA PRA Category 1 Credits*[™] from organizations accredited by the ACCME.

The National Commission on Certification of Physician Assistants (NCCPA) states that the *AMA PRA Category 1 Credits*[™] are acceptable for continuing medical education requirements for recertification.

Psychologists (APA)

Allegheny Health Network is approved by the American Psychological Association (APA) to offer continuing education for psychologists. Allegheny Health Network maintains responsibility for the program and its content.

Social Workers (APA)

The APA is a preapproved provider of continuing education courses and programs for social workers and clinical social workers and can be used toward re-licensure. Social workers may claim credits for attending educational courses and programs delivered by preapproved providers, such as the APA (refer to CE for Psychologists above). For verification, please refer to Continuing Education Regulations §47.36 # (6) (ix) found at www.dos.state.pa.us/social. Certificates of attendance will be awarded following the conference provided a completed evaluation form is submitted.

School Educators (Act 48)

AHN Allegheny General has approved this activity for contact hours for non-physicians, Act 48 Hours.

Program agenda

8 – 8:20 a.m.	Breakfast and visit exhibits (auditorium entrance)
8:20 – 8:30 a.m.	Introduction (auditorium)* William Davies, EdD; Michelle Higgins, LCSW; Emily Nymick, LPC
8:30 – 9:15 a.m.	Keynote speech (auditorium)* Mr. Charles Mahoney and Mrs. Debi Mahoney
9:15 – 9:40 a.m.	Break, visit exhibits, and Chill Mobile
9:40 – 10:25 a.m.	How art making builds resilience with suicidal clients (library) Lakin McSorley, MA, ATR-BC, LPC; Melinda Massella, LPC
	Lean on me: Finding support during challenging times (auditorium)* Janet Arida, PhD, RN, LCSW, CT; Krista Ball, MS, ATR-BC, CT
	The mind-body connection in education systems and yoga (art room) Isabelle Cutler, LSW
10:25 – 10:35 a.m.	Break and visit exhibits
10:35 – 11:20 a.m.	Suicide risk in students with autism: Supporting relational safety so students can thrive (auditorium)* Bethany Ziss, MD, Developmental-Behavioral Pediatrician
11:20 a.m. – 12:10 p.m.	Lunch, visit exhibits, and Chill Mobile
12:10 – 1:10 p.m.	Round table discussion (auditorium)* Moderator: Michael Amick, EdD Carolyn Welshonice, MSW; Rachel Andler, EdD; Maureen Shaw, MSED; Julie Taylor, MSED
1:10 – 1:20 p.m.	Break and visit exhibits (cafeteria)
1:20 – 2:05 p.m.	How art making builds resilience with suicidal clients (library) Lakin McSorley, MA, ATR-BC, LPC; Melinda Massella, LPC
	Lean on me: Finding support during challenging times (art room) Janet Arida, PhD, RN, LCSW, CT; Krista Ball, MS, ATR-BC, CT
	The mind-body connection in education systems and yoga (auditorium)* Isabelle Cutler, LSW
2:05 – 2:15 p.m.	Break and visit exhibits
2:15 – 3 p.m.	Parent involvement in school-based therapy (auditorium)* Amanda Traficante, PhD

***Virtual option available.**

Disclaimer: The AHN Chill Project's 2023 School-Based Behavioral Health and Wellness Conference is an educational platform meant to inspire learning and growth in school and mental health systems. Opinions or points of view expressed in today's seminars represent the view of the presenters, and may not represent any official position of the Chill Project by AHN.

