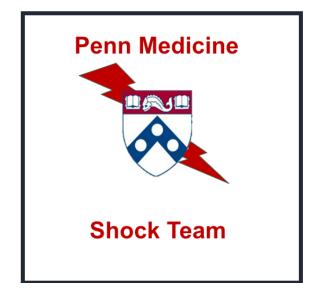
# It Takes A Village: Systems of Care in Cardiogenic Shock Western PA Cardiogenic Shock Initiative

September 16, 2023

Joyce Wanglee Wald, DO, FACC Professor of Clinical Medicine Medical Director, Practice Development HF, Transplant and MCS Programs Medical Director, Shock Team University of Pennsylvania Philadelphia, PA



# Disclosures

- Advisory Board
  - Boston scientific
  - Abiomed
- Speaker's Bureau
  - Impulse dynamics
- Supported Research
  - Abiomed
  - Abott

# **Of** course there are multiple ways to do things, sometimes one way may be better for your institution



## Systems of Care in Cardiogenic Shock

Maria M. Patarroyo Aponte, MD; Carlos Manrique, MD; Biswajit Kar, MD

UNIVERSITY OF TEXAS HEALTH SCIENCE CENTER AT HOUSTON, HOUSTON, TEXAS

**ABSTRACT:** Cardiogenic shock presents a significant challenge to the medical community, and there is much debate as to the best classification system and treatment mechanisms. As interventions and technologies improve, systems of care for patients with cardiogenic shock must evolve as well. This review describes the current treatment models for cardiogenic shock, including the "hub-and-spoke" model, and defines specific characteristics of the ideal system of care for this patient population.

"The foremost challenge is that there is no standardized and validated definition of CS" "next, the inability ...to recognize or mange patients with CS creates <u>delays</u> in the diagnosis and transfer to the appropriate center" thus affecting short-term and longterm outcomes

(theme)

# Common Definition of Cardiogenic Shock



### **Clinical Criteria**

- Systolic BP < 90 mmHg min
  - Or vasopressors to ma 90 mmHg
- Evidence of end organ hypoperfusion
  - Poor MS: cool, underp
  - LFT abnormalities
  - Renal insufficiency
  - Lactate <u>></u> 2.0 despite in the second

### <u> :riteria</u>

nin/m2 without asopressors n/m2 with inotropes or

>illary wedge pressure >

output (CPO) < 0.6 W

Received: 23 April 2019 Accepted: 24 April 2019

DOI: 10.1002/ccd.28329

#### **CLINICAL DECISION MAKING**

# SCAI clinical expert of cardiogenic shock

This document was endor: American Heart Associatic and the Society of Thoraci

David A. Baran MD, FSCAI (Co Steven Bailey MD, MSCAI, FA Shelley A. Hall MD, FACC, FHF Steven M. Hollenberg MD<sup>7</sup>\* | William O'Neill MD, MSCAI<sup>9</sup> Kelly Stelling RN<sup>1</sup> | Holger T...., Srihari S. Naidu MD, FACC, FAHA, FSCAI

### WILEY



#### lication

culatory collapse, frequently (but not always) in refractory cardiac arrest with ongoing or are being supported by multiple simultaneous acute interventions including ECMOth multiple clinicians at bedside laboring to address multiple simultaneous issues related atient.

**bom**". A patient that is similar to category C but is getting worse. They have failure to ns.

**liogenic Shock**. A patient that manifests with hypoperfusion that requires intervention nechanical support, ECMO) beyond volume resuscitation to restore perfusion. These patients relative hypotension.

ning" Cardiogenic Shock. A patient who has clinical evidence of relative hypotension or hout hypoperfusion.

A "<u>At Risk</u>". A patient who is not currently experiencing signs or symptoms of cardiogenic , but is at risk for its development. These patients may include those with acute myocardial infarction, acute and/or acute on chronic heart failure symptoms.

FIGURE 1 The pyramid of CS classification

At Risk

*Common language of how we describe these patients* 

### HUB AND SPOKE MODEL AIRLINES EXAMPLE

The airline industry revolutionized the hub and spoke model. Airlines operate out of a centralized hub and use regional airports as the spokes from which they offer flights. Aviation experts acknowledge that the hub and spoke model resulted in the rapid increase of the airline industry thanks to an increase in the efficient use of relatively scarce air transit resources (only a certain number of airports exist, for example).

> However, as with any business model, the hub and spoke approach is not perfect. There's the issue of hub congestion, which can create bottlenecks. Focusing too much on the central hub can cause you to unintentionally ignore other resources available. In the social media example, if you're not careful to use a social media management tool that gives you absolutely everything you need, you can miss out on conversations or opportunities to engage with followers by not logging into the platform directly.

(theme)

# Early Example of Hub Spoke model for PCCS

# Left Ventricular Assist Device Bridge-to-Transplant Network Improves Survival After Failed Cardiotomy

David N. Helman, MD, David L. S. Morales, MD, Niloo M. Edwards, MD, Donna M. Mancini, MD, Jonathan M. Chen, MD, Eric A. Rose, MD, and Mehmet C. Oz, MD

Divisions of Cardiothoracic Surgery and Cardiology, Columbia-Presbyterian Medical Center, Columbia University College of Physicians and Surgeons, New York, New York

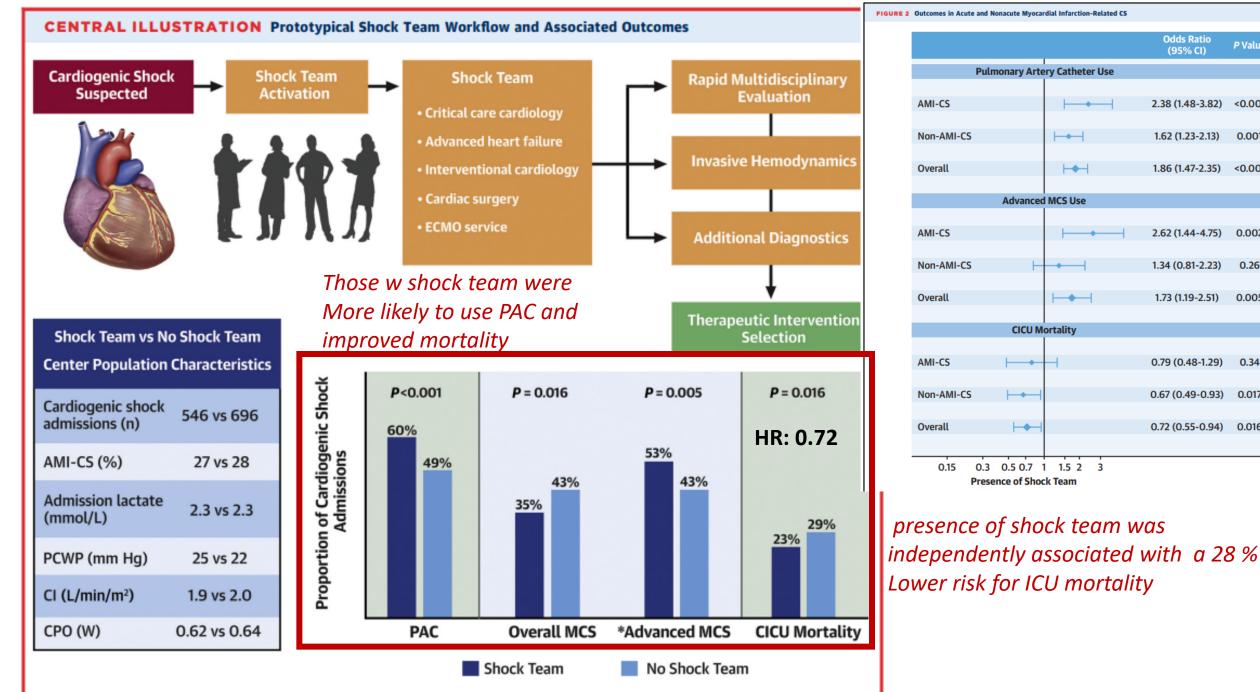
(Ann Thorac Surg 1999;68:1187–94) © 1999 by The Society of Thoracic Surgeons One of the earliest hub and spoke models PCCS patients were transferred from less experienced hospitals to a center with advanced options and the hospital to discharge rates were 74% compared to 25% HISTORICAL controls. JOURNAL OF THE AMERICAN COLLEGE OF CARDIOLOGY © 2021 BY THE AMERICAN COLLEGE OF CARDIOLOGY FOUNDATION PUBLISHED BY ELSEVIER

# Management and Outcomes of Cardiogenic Shock in Cardiac ICUs With Versus Without Shock Teams



Alexander I. Papolos, MD,<sup>a</sup> Benjamin B. Kenigsberg, MD,<sup>a</sup> David D. Berg, MD,<sup>b</sup> Carlos L. Alviar, MD,<sup>c</sup> Erin Bohula, MD, PHD,<sup>b</sup> James A. Burke, MD, PHD,<sup>d</sup> Anthony P. Carnicelli, MD,<sup>e</sup> Sunit-Preet Chaudhry, MD,<sup>f</sup> Stavros Drakos, MD, PHD,<sup>g</sup> Daniel A. Gerber, MD,<sup>h</sup> Jianping Guo, MAS,<sup>b</sup> James M. Horowitz, MD,<sup>c</sup> Jason N. Katz, MD,<sup>e</sup> Ellen C. Keeley, MD,<sup>i</sup> Thomas S. Metkus, MD,<sup>j</sup> Jose Nativi-Nicolau, MD,<sup>g</sup> Jeffrey R. Snell, MD,<sup>k</sup> Shashank S. Sinha, MD,<sup>1</sup> Wayne J. Tymchak, MD,<sup>m</sup> Sean Van Diepen, MD,<sup>m</sup> David A. Morrow, MD,<sup>b,\*</sup> Christopher F. Barnett, MD,<sup>a,\*</sup> on behalf of the Critical Care Cardiology Trials Network Investigators

*Multicenter study*, 24 critical care ICUs in the critical care cardiology trials network (C3TN) 10 of the 24 (42%) reported having a shock team N=6872 consecutive medical admissions from 2017-2019, of these 1242 were for CS, 546 were treated at one of the 10 shock centers



P Value

< 0.001

0.001

< 0.001

0.002

0.26

0.005

0.34

0.017

0.016

Papolos, A.I. et al. J Am Coll Cardiol. 2021;78(13):1309-1317.

TABLE 4 Clinical Course and Outcomes of Patients With Cardiogenic Shock					
Clinical Course and Outcomes	Shock Team (n = 546)	No Shock Team (n = 696)	P Value		
Time from CICU admission to PAC, days	0.3 (0.08-1.00)	0.66 (0.15-1.58)	0.019		
Median number of inotropes administered	1 (1-2)	2 (1-2)	0.008		
Mechanical ventilation	223 (40.8)	363 (52.2)	<0.001		
New renal replacement therapy	58 (10.6)	131 (18.8)	< 0.001		
Duration of CICU stay, days	4.0 (2.0-7.5)	5.1 (2.4-10.5)	<0.001		
CICU mortality	126 (23.1)	200 (28.7)	0.025		
MCS					
Treated with any MCS	192 (35.2)	299 (43.0)	0.005		
MCS before transfer	47 (24.5)	88 (29.6)	0.22		
MCS during first 24 hours	115 (59.9)	154 (51.9)	-		
MCS after 24 hours	30 (15.6)	55 (18.5)	-		

d Outcomes of Dationts With Condissonis Charl

Values are median (interquartile range) or n (%). The Wilcoxon rank sum test used for continuous variables, and the chi-square test or Fisher exact test was used for categorical variables. MCS rates were obtained within subjects who received MCS. MCS timing was missing in 2 patients in the No Shock Team group.

CICU = cardiac intensive care unit; MCS = mechanical circulatory support; PAC = pulmonary artery catheter.

Got their PAC sooner Less inotropes Less likely to need mechanical vent & less likely to need RRT And shorter ICU days

And as reviewed previously, lower Mortality

When you look at MCS use:

Centers with shock team were > likely to receive PAC and outcomes were improved JACC: HEART FAILURE © 2020 BY THE AMERICAN COLLEGE OF CARDIOLOGY FOUNDATION PUBLISHED BY ELSEVIER

JOURNAL OF THE AMERICAN COLLEGE OF CARDIOLOGY © 2021 BY THE AMERICAN COLLEGE OF CARDIOLOGY FOUNDATION PUBLISHED BY ELSEVIER VOL. 78, NO. 13, 2021

#### MINI-FOCUS: HEART FAILURE AND CARDIOGENIC SHOCK

STATE-OF-THE-ART REVIEW

### A Standardized and Comprehensive Approach to the Management of Cardiogenic Shock

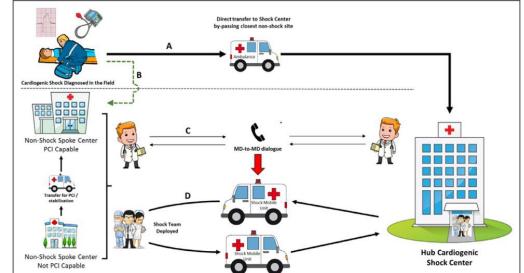
Behnam N. Tehrani, MD,<sup>a</sup> Alexander G. Truesdell, MD,<sup>a,b</sup> Mitchell A. Pso Ramesh Singh, MD,<sup>a</sup> Shashank S. Sinha, MD, MSc,<sup>a</sup> Abdulla A. Damluji, M Wayne B. Batchelor, MD, MHS<sup>a</sup>

VOL. 73, NO. 13, 2019

VOL. 8, NO. 11, 2020

EBAC





#### Management and Outcomes of Cardiogenic Shock in Cardiac ICUs With Versus Without Shock Teams

Alexander I. Papolos, MD,<sup>a</sup> Benjamin B. Kenigsberg, MD,<sup>b</sup> David D. Berg, MD,<sup>b</sup> Carlos L. Alviar, MD,<sup>c</sup> Erin Bohula, MD, PuD,<sup>b</sup> James A. Burke, MD, PuD,<sup>d</sup> Anthony P. Carnicelli, MD,<sup>e</sup> Sunit-Preet Chaudhry, MD,<sup>f</sup> Stavros Drakos, MD, PuD,<sup>b</sup> Daniel A. Gerber, MD,<sup>b</sup> Jianping Guo, MAS,<sup>b</sup> James M. Horowitz, MD,<sup>c</sup> Jason N. Katz, MD,<sup>e</sup> Ellen C. Keeley, MD,<sup>1</sup> Thomas S. Metkus, MD,<sup>j</sup> Jose Nativi-Nicolau, MD,<sup>g</sup> Jeffrey R. Snell, MD,<sup>k</sup> Shashank S. Sinha, MD,<sup>j</sup> Wayne J. Tymchak, MD,<sup>m</sup> Sean Van Diepen, MD,<sup>m</sup> David A. Morrow, MD,<sup>b,\*</sup> Christopher F. Barnett, MD,<sup>\*\*</sup> on behalf of the Critical Care Cardiology Trials Network Investigators

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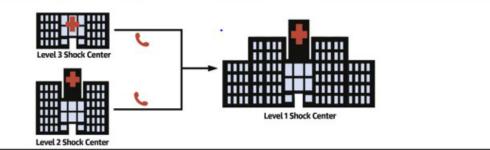
### Standardized Team-Based Care for Cardiogenic Shock

Behnam N. Tehrani, MD,<sup>a</sup> Alexander G. Truesdell, MD,<sup>a,b</sup> Matthew W. Sherwood, MD,<sup>a</sup> Shashank Desai, MD,<sup>a</sup> Henry A. Tran, MD,<sup>a</sup> Kelly C. Epps, MD,<sup>a</sup> Ramesh Singh, MD,<sup>a</sup> Mitchell Psotka, MD, PhD,<sup>a</sup> Palak Shah, MD,<sup>a</sup> Lauren B. Cooper, MD,<sup>a</sup> Carolyn Rosner, NP,<sup>a</sup> Anika Raja, BS,<sup>a</sup> Scott D. Barnett, PhD,<sup>a</sup> Patricia Saulino, RN, MPA,<sup>a</sup> Christopher R. deFilippi, MD,<sup>a</sup> Paul A. Gurbel, MD,<sup>a</sup> Charles E. Murphy, MD,<sup>a</sup> Christopher M. O'Connor, MD<sup>a</sup>

### Detroit Cardiogenic Shock Initiative

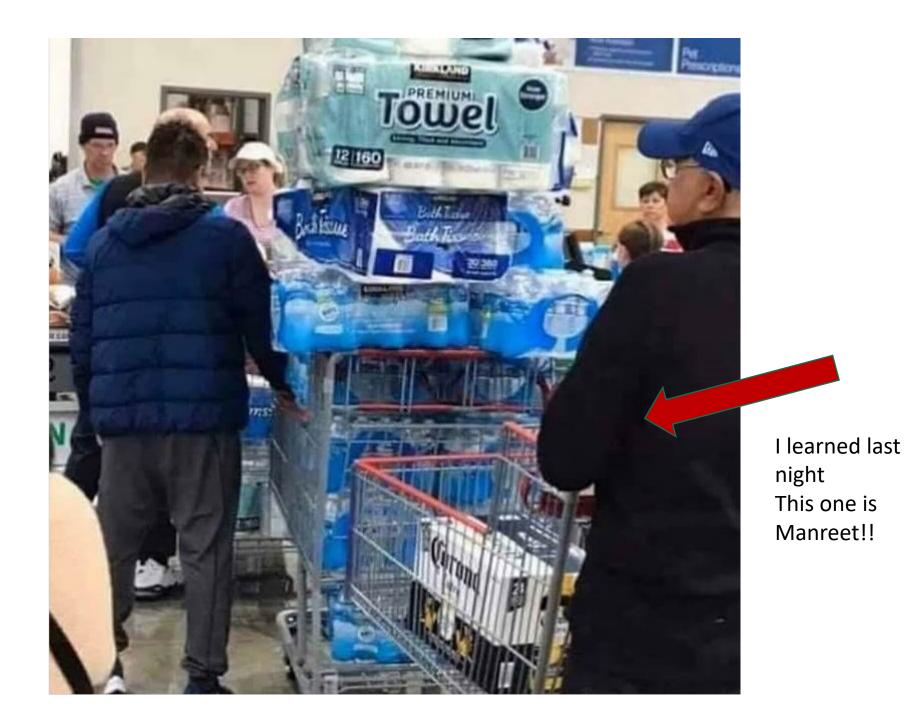


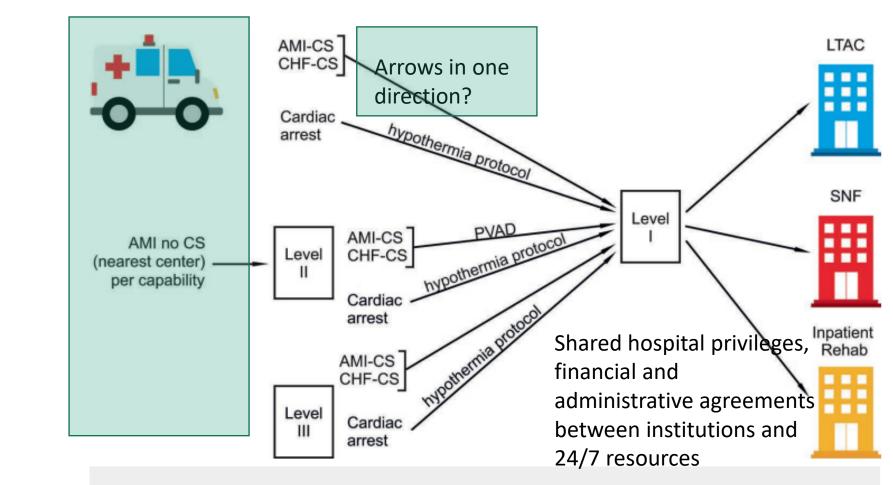
#### **CENTRAL ILLUSTRATION** Proposed Pathway for Contemporary Shock Care





However, not everyone approaches a crisis the same way





### Figure 1. \*\*

The National Cardiogenic Shock Initiative algorithm for rapid recognition and triage of patients with AMI and cardiogenic shock or cardiac arrest.<sup>23</sup> AMI: acute myocardial infarction; CHF-CS: congestive heart failure with cardiogenic shock; LTAC: long-term acute care; SNF: skilled nursing facility; PVAD: percutaneous ventricular assist device.

\*\*Aponte. Methodist Debakey CV J 2020

\*Van Diepen. AHA Council on Clinical Cardiology;Council on CV and Stroke Nursing; Circulation 2017;136:e232-e268.

Systems of care have historically \*Improved outcomes

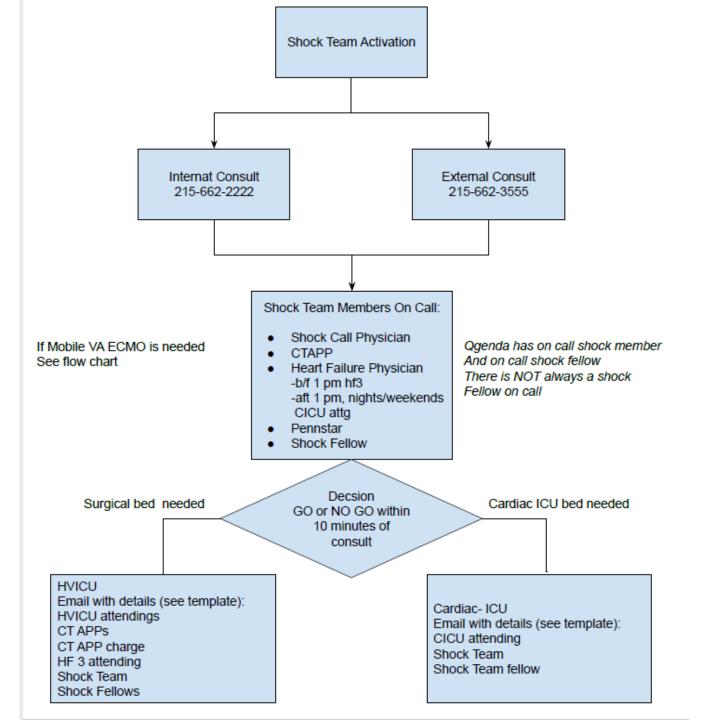
### AMI

Stroke (by12%) Trauma (by 15%) Acute aortic dissection (by 43%) Cardiac Arrest (by 46%)

But all are kinda easy to identify

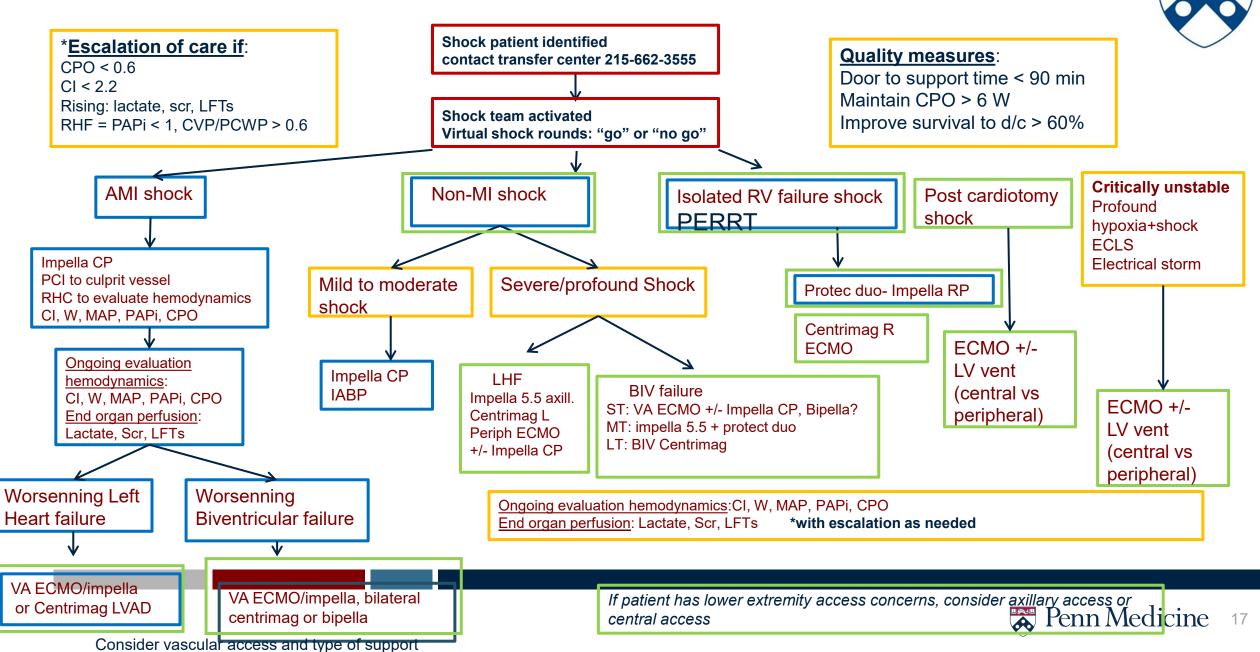
# Level 1 Shock Hospital Proposal

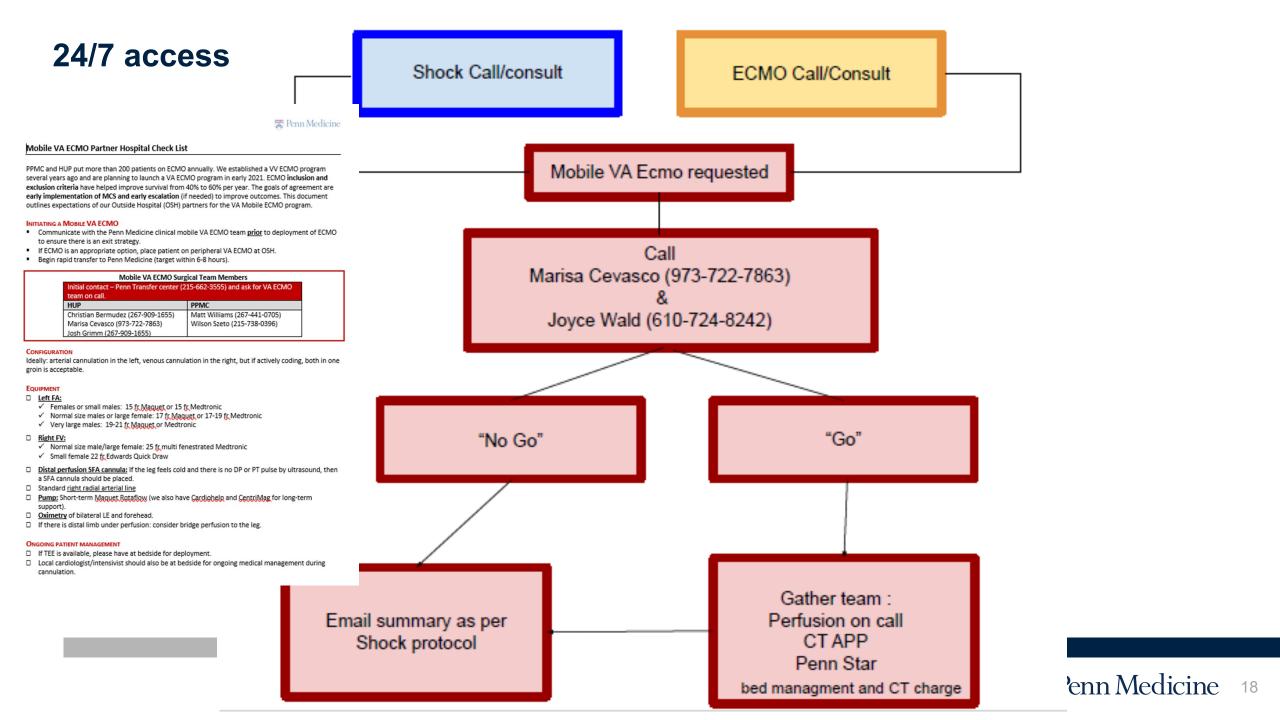
- All advanced technology available for
  - Left sided support
  - Right sided support
  - Biventricular support
- Cardiac ICU with 24/7 coverage
- Specialists in
  - CT surgery
  - Advanced HF
  - Advanced cardiac diseases
  - Structural heart
  - Intensive care
  - Allied services (PT, ID, Nutrition, social workers, palliative care...)
- High volume: > 100 CS shock cases per year have a lower mortality rate than centers with < 30 cases/year (37% vs 42%) \*</li>
- With a standardized activation protocol as well as pathways of multidisciplinary communication and care



## **Shock Team Pathway**

Cardiac cath labOperating room





#### Shock team call:

This note contains the information from the referring provider(s).

Plans may change based on evaluation and/or change in the patient's clinical status ÷

**Standardized script** 

database

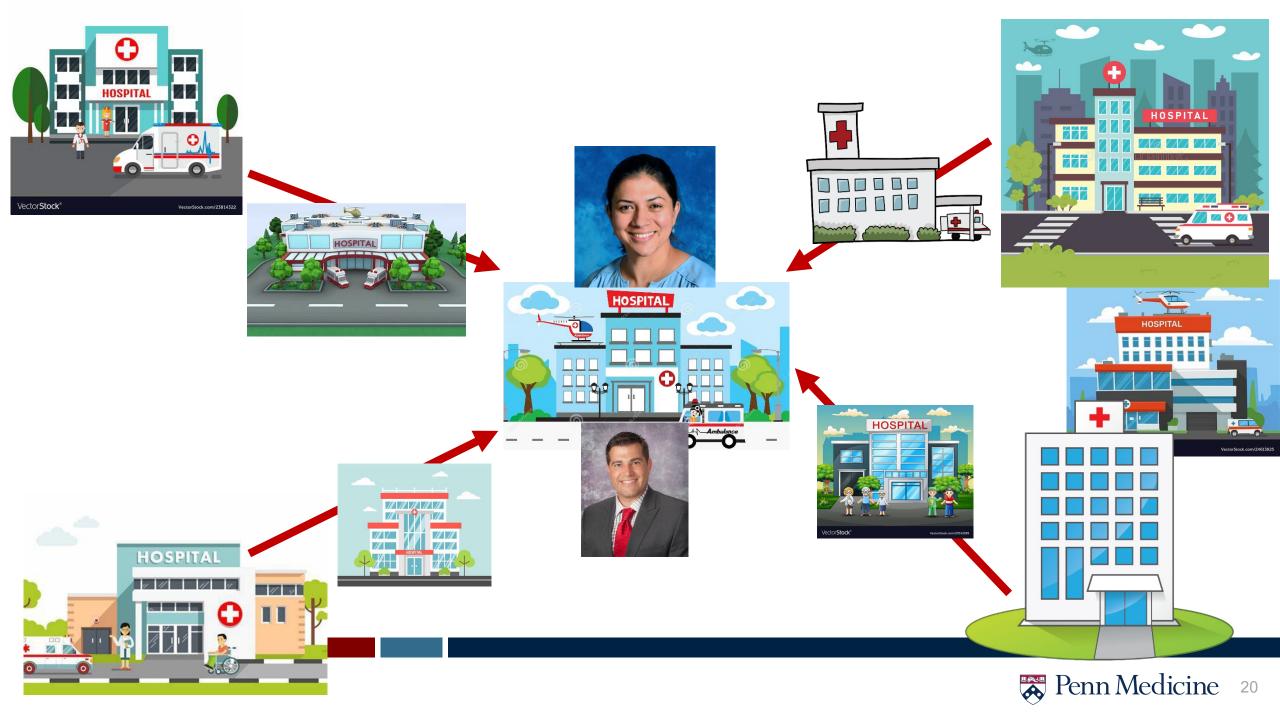
**Complete information** 

Shock Team Call Note:	
Date of Call:	Time:
Primary Receiving Team: Transfer Level:	Shock Team Members involved with call:
Diagnosis:	Potential Escalation/Exit Plan:
SCAI Classification:	Reversible cause?
INTERMACs Stage:	tMCS candidate?
	Advanced therapy eval candidate?
	Were goals of care discussed with patient and
	family?
Referring (name/hospital/cell):	
tMCS POA:	
Weight:	
Oxygenation:	
If Intubated/ Airway comment: n Antiplatelet(s): n/a, last dose n/a	l/a
ICD/Pacemaker: company	
Administrative:	
Administrative: Insurance:	
Was Buy Back discussed?	
Emergency contact/cell:	
Items to be sent with PT: discs of	f important studies:
Brief Clinical Summary as per re	
***y/o with PMHX:	
Drip(s):	
Labs:	
Line(s):	
Advanced Questions:	
Support:	
Social:	
Tobacco:	
ETOH:	
Illicits/vaping: Comorbidities: ***	
<i>Electronic signature:</i> Joyce Wald, DO, FACC	
Cell 610-724-8242	
	m
Service – Cardiogenic Shock Tea	m

Weekly multidisciplinary shock team rounds triggers communication with referring

Monthly academic review: Current outcomes **Opportunities to improve Research pursuits** 







## But if they come to you like this.....

In my opinion, the biggest issues:

- Recognizing Normo- pressure CS
- Not understanding pressure vs perfusion
- And that all devices aren't the same
- EARLY RECOGNITION, SCAI B (the art of laying hands on a patient)



# One of my pet peeves.....

All devices are not made the same

Know the limits of your device

Shock team members on the call: JW (HF1), cevasco (in transplant), CTAPP (n/a), penn star and thelma Diagnosis: AMI-CS Exit plan: if wakes up, VAD, pVA ECMO if needs escalating support SCAI: D, INTERMACs 2 Primary recieving team: CCU, HF1/Wald Referring:

History as per referring:

53 yo male with PMHx of obesity, DM II (not well controlled, but was working hard on it the last few months), HTN who had no prior symptoms and was working out in the yard with his wife on fencing when he went down. She did NOT perform CPR adn it too 10 minutes for 911 to get there where they found him to be in VT—- shocked and EPI x 5 rounds with ROSC.

Taken to ER the strait to cath lab where LHC showed: CTO Lcx (prox) and CTO distal RCA (RPDA is out) both have collateralls. LAD has 40-50% ds and felt NOT to require intervention.

RHC: 19 65/11 (39) 26 9.65/3.61 81% MAP 81 on levo of 12 Lactate of 9.8

IMPELLA CP placed— levo down to 4 In AUTO mode NO PERCLOSE needles left

Advanced questions Tobacco No etoh/ivda Supported by wife, son and daughter Sounds like DM was not controlled- and tot Method tot PLEASE COOL HIM Drop P level to 4, check hemos and add inotropes as needed Target CI > 2.2, MAP 65 or greater

PLEASE COOL HIM Drop P level to 4, check hemos and add inotropes as needed Target CI > 2.2, MAP 65 or greater

FILMS TO COME WITH PATIENT

### Penn Medicine





TZ

Tarek >

Today 7:27 AM

Just FYI Index was

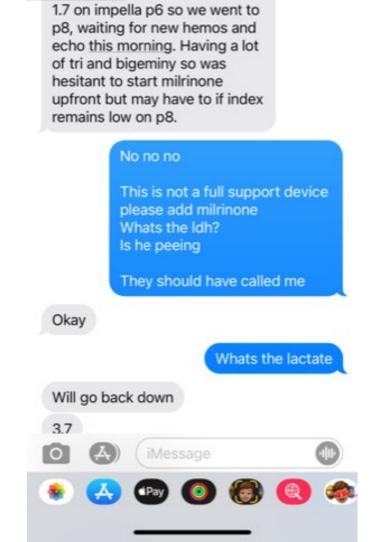
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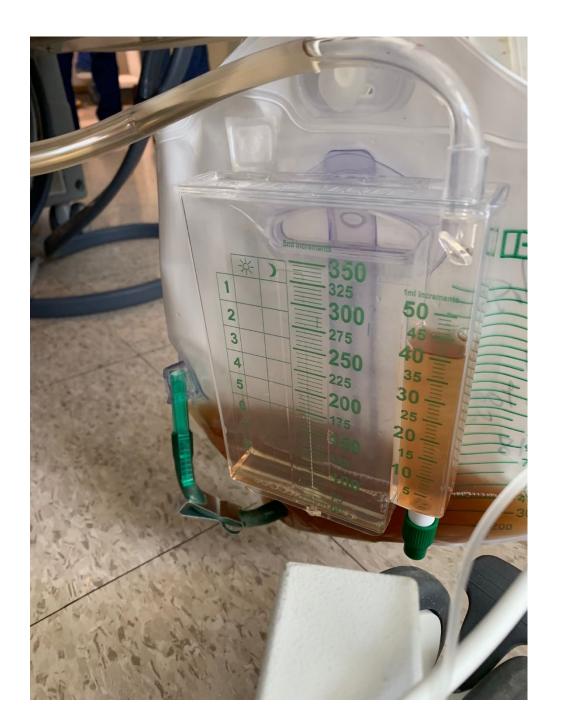
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all 🗢 🔳









### Penn Medicine



# Another one of my pet peeves....

# "Sometimes you need to look at Life from a different perspective."

### CONFIDENTIAL DRAFT Not for Distribution

## **Evaluating the Value of VAD Affiliations**

Shared care model:

"you are sharing our secrets" vs "We are building a relationship that they will build with someone else if we don't do it"

Strategic Decision Support Corporate Finance

February 2015





# **Summary Dashboard: Affiliate Trends**

		$\leftrightarrow$	
		$\leftrightarrow$	
+ +	•		

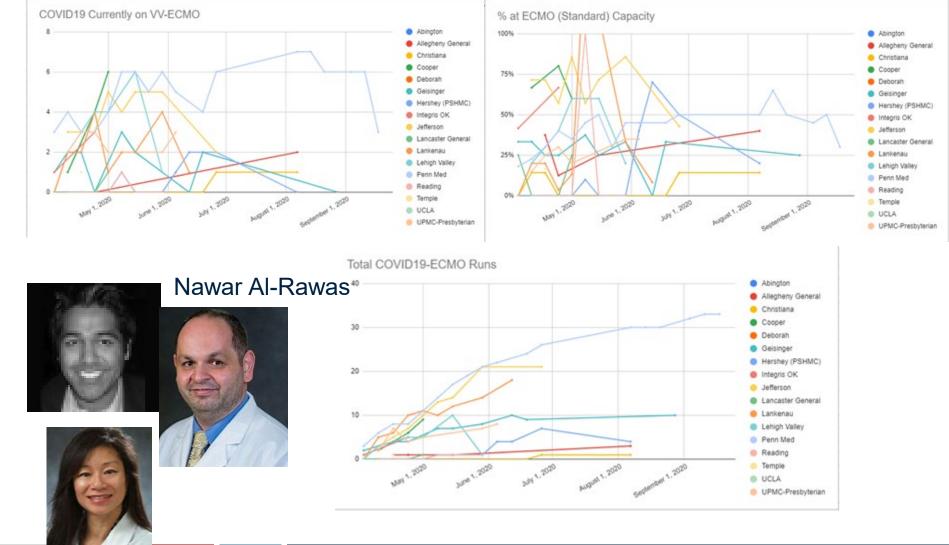
# As Medical Director of Practice Development for HF, Transplant and MCS Programs at Penn

Tiered system of relationships: out reach 2-3 times a month to continue to build EVERY INTERACTION IS A CHANCE AT A RELATIONSHIP COMMUNICATION COMMUNICATION COMMUNICATION WITH REFERRINGS (community partners)

- Shared care: these are the centers we have a contractural relationship with to help with their advanced HF and VAD patients and transplant referrals would come to Penn. Monthly multidisciplinary meetings.
- Strong relationship: this center we do not have a contract but we are the "go to center" for their heart and vascular patients. We have routine meetings to discuss patients. Routine teach backs and educational opportunities
- Cultivating relationship: this center sends some patients, but we can do better



## Regional Monitoring ECMO Covid-19 in times of crisis Learn How to Pivot



Salim Olia

Joyce Wald

Nav



**Preface:** This document is intended to help guide and assist the utilization of ECMO specifically with regards to the current COVID19 pandemic. This guidance is expected to change and evolve as the information and our understanding develops. Selection criteria and stop triggers will be dynamic and adaptable to the resources and evidence available to support those most likely to benefit from ECMO both in survival of the acute phase and subsequent life expectancy.

Preliminary

÷

- Nominal Indications for VV ECMO in COVID19Standard Contraindications• ARF PaO2/FiO2 <80mmHg for >6h• Age > 65• ARF PaO2/FiO2 <50mmHg for >3h• BMI > 45• pH<7.25 with PaCO2 >60mmHg for >6h• Chronic non-recoverable lu
  - Chronic non-recoverable lung disease

     Severe COPD

#### 50% Capacity

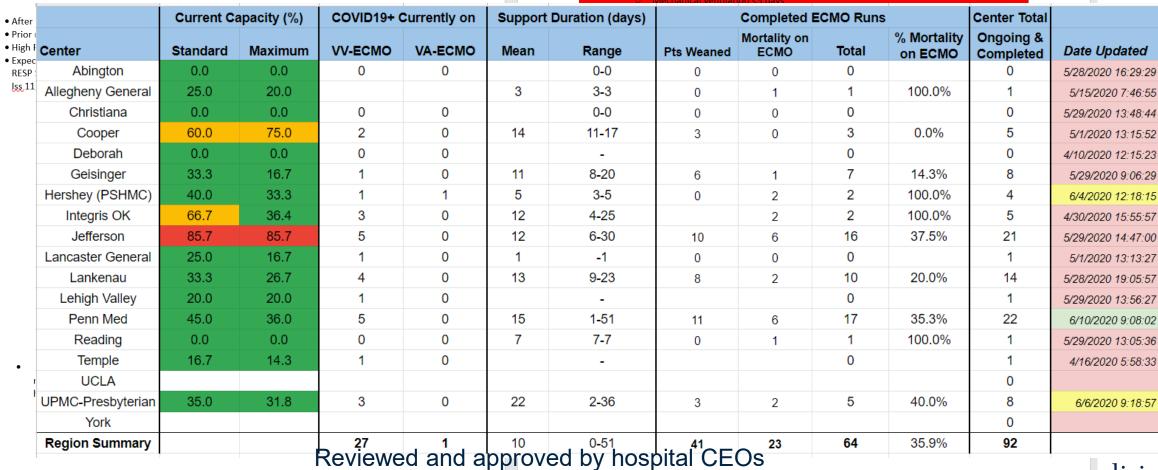
- Approximate survival >57%
- Standard selection criteria and Standard exclusion criteria
   Mechanical ventilation <10 days

#### 50-80% Capacity

- Approximate survival >76%
- Enhanced selection criteria and enhanced exclusion criteria
  - Mechanical ventilation <7 days</li>
  - No pre-ECMO cardiac arrest
  - $P_{plat} < 40 \text{ cmH}_20$

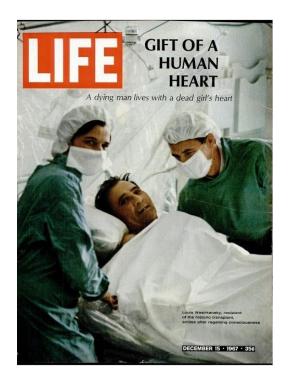
#### 80% Capacity

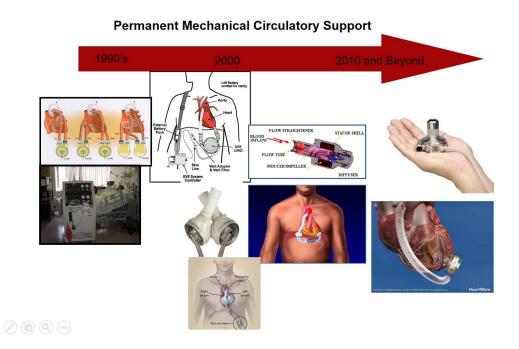
- Approximate survival >92% (when age <50 y/o)
- Enhanced selection criteria and enhanced exclusion criteria
  - Mechanical ventilation <5 day</li>





edicine





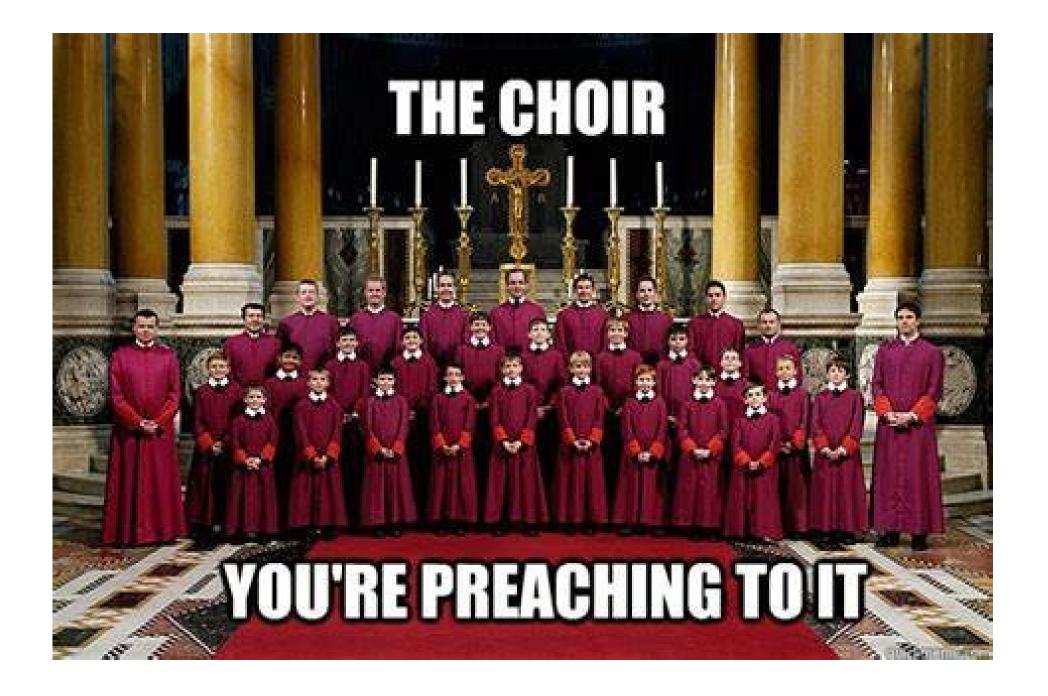
# Another one of my pet peeves....

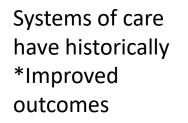
Having an exit strategy: recovery vs advanced therapies to avoid futile deployment of advanced support

**Good stewards of resources** 

device therapy

our team members

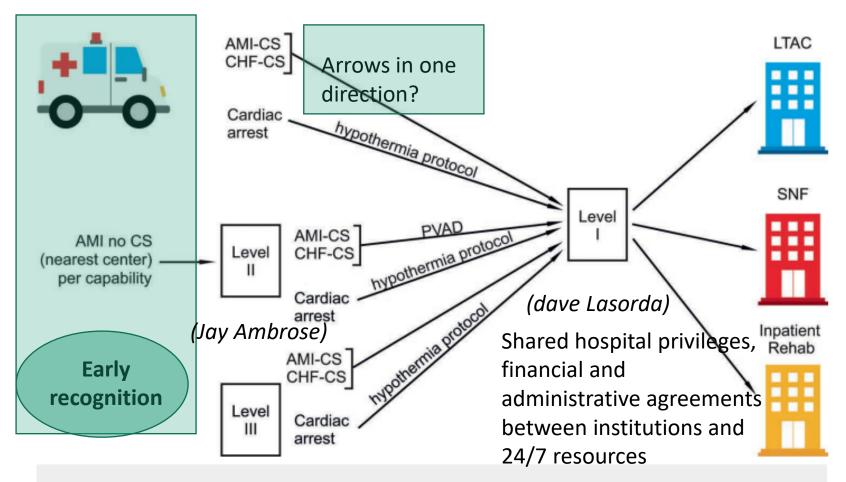






Stroke (by12%) Trauma (by 15%) Acute aortic dissection (by 43%) Cardiac Arrest (by 46%)

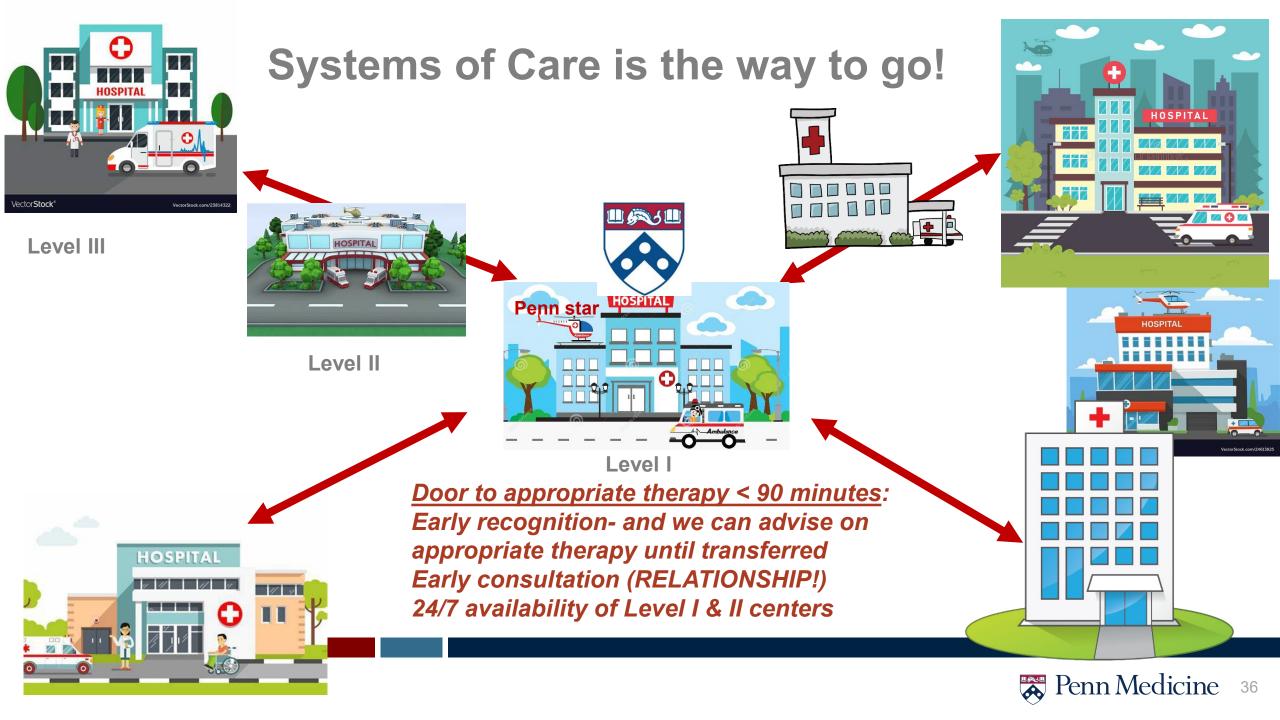
But all are kinda easy to identify



### Figure 1.

The National Cardiogenic Shock Initiative algorithm for rapid recognition and triage of patients with AMI and cardiogenic shock or cardiac arrest.<sup>23</sup> AMI: acute myocardial infarction; CHF-CS: congestive heart failure with cardiogenic shock; LTAC: long-term acute care; SNF: skilled nursing facility; PVAD: percutaneous ventricular assist device.

\*Van Diepen. AHA Council on Clinical Cardiology;Council on CV and Stroke Nursing; Circulation 2017;136:e232-e268.



# The call to collaborate!!!!!!

2023 Chapter + Section Grant Application due by 5:00 pm Eastern time - Monday December 12, 2022

### Now submitted to ISHLT

#### Instructions:

Chapter(s):

marketing materials to describe your project.

Domestic and international Chapters and member Sections wishing to jointly apply for funds from ACC to support innovative strategic initiatives should provide the below information. Applications, which may include supplemental materials, should be sent to Miriam Surdin at msurdin@acc.org no later than Monday, December 12, 2022 by 5 pm Eastern.

Chapter Section Grant Recipients will be announced in February.

Recipients of Chapter Section Grants will need to submit a signed agreement and then receive the funds to proceed. Progress reports for the 2023 awarded grants will be due guarterly from the receipt of funds: July 2023, October 2023, and January 2024. A final report and PPT presentation of the results of the project will be required by May 2024 (these will be posted in the Name of the Grant:

Grants section of the BOG Portal).

Requests will be evaluated based on demonstrated need, innovativeness, feasibility the College's Strategic Plan. Applicants will be notified of their respective status by y

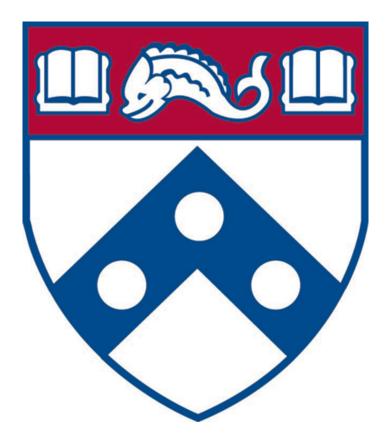
SEE CS SHOCK: Standardization, Expansion and Education for Cardiogenic Shock: Standardizing the multidisciplinary approach to cardiogenic shock: early identification, building networks and improving access to care.

Philadelphia East Chapter, Florida Chapter, Northern California Chapter, Lon Manhattan Chapter	networks and
Section(s):	
Critical Care Cardiology	
Main Chapter Contact (Name and Email):	
Robert Roswell (RRoswell@northwell.edu)	
Main Member Section Contact (Name and Email):	
Joyce Wald (Joyce.wald@pennmedicine.upenn.edu)	
Main Point of Contact for the Grant (Name and Email):	
Joyce Wald, Joyce.wald@pennmedicine.upenn.edu	
Name of the Grant:	
SEE CS SHOCK: Standardization, Expansion and Education for Cardiogenic Sh	nock: Standardizing the
multidisciplinary approach to cardiogenic shock: early identification, building	
networks and improving access to care.	
Summary of the Grant Project:	our folguator openati
2-3 sentences that describe your overall project and need being addressed. This is y which explains your project. Should your project be selected for funding, it will be used	

### Mission:

The academic opportunities to gather and share data should include the community teams from where the patient(s) originated





Thank You!!