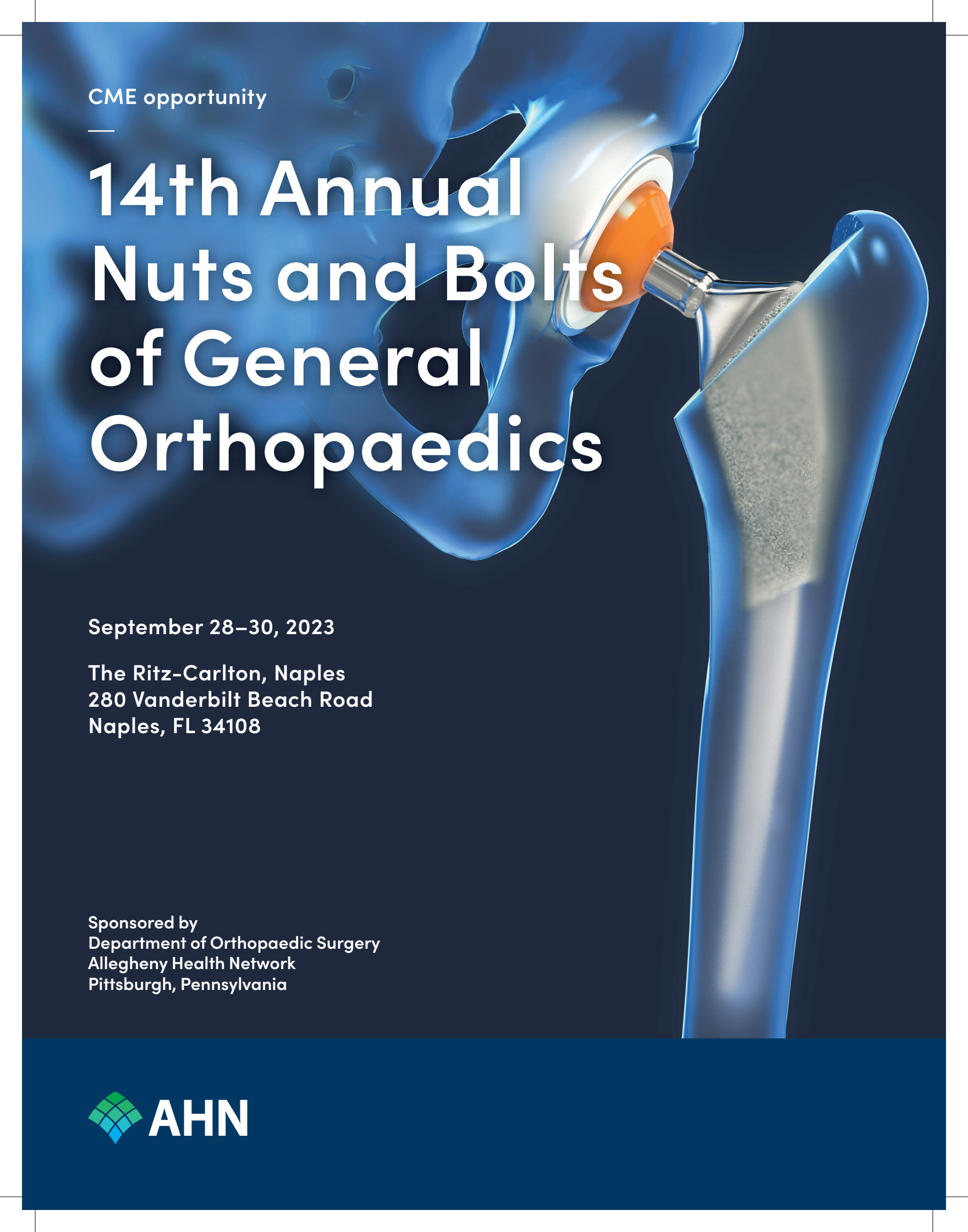


CME opportunity

14th Annual Nuts and Bolts of General Orthopaedics

A 3D medical illustration of a human hip joint. The femoral head is replaced with a prosthetic hip implant, which consists of a white acetabular cup and a metallic femoral neck with a blue femoral head. The surrounding bone is rendered in a semi-transparent blue color.

September 28–30, 2023

The Ritz-Carlton, Naples
280 Vanderbilt Beach Road
Naples, FL 34108

Sponsored by
Department of Orthopaedic Surgery
Allegheny Health Network
Pittsburgh, Pennsylvania



Conference overview and intended audience

The nationally recognized invited faculty will share information on current topics and cutting-edge technology in multiple subspecialties. This conference will be relevant to the modern orthopaedic practice with a focus on the impact of technology to better serve patients. This conference is intended for orthopaedic surgeons, residents, fellows, physician assistants, and CRNPs and nursing.

CME accreditation

Conference credit

This conference will provide 14.5 hours of education.

(Thursday: 3.0, Friday: 5.5, Saturday: 6.0)

Physicians

Allegheny General Hospital is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Allegheny General Hospital designates this live activity for a maximum of 14.5 *AMA PRA Category 1 Credits™*.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other credit

NCPD hours are currently being applied for. Credits to be determined.

American Nurses Credentialing Center (ANCC) accepts *AMA PRA Category 1 Credits™* from organizations accredited by the ACCME.

American Academy of Nurse Practitioners (AANP) accepts *AMA PRA Category 1 Credits™* from organizations accredited by the ACCME.

American Academy of Physician Assistants (AAPA) accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credits™* from organizations accredited by the ACCME. Physician assistants may receive a maximum 14.5 hours of Category 1 credit for completing this program.

Non-physicians

Allegheny General Hospital has approved this activity for a maximum of 14.5 contact hours for non-physicians.

Program agenda

Thursday, September 28, 2023

- 6 – 7 a.m.** Breakfast
- 7 a.m. – noon** DePuy Program (non-CME)
- 4 – 7 p.m.** Osteoporosis symposium: How to develop an osteoporosis program
Lynette Judy, RN, MSN, ONC, CRNP, FNP-BC, Carol H. Mayfield, RN, BSN, MSN, CRNP, David Stapor, MD, Zachary Sisko, MD
- Definition of osteoporosis and problem
 - Work up including testing and data analysis
 - Treatment
 - Fracture liaison service – setup, administration, benefits and results

Friday, September 29, 2023

- 6 – 7 a.m.** Registration, breakfast, and visit exhibits

Session 1

Total joint panel: Hip and knee potpourri session

- 7 – 7:20 a.m.** Evolution of polyethylene in total joint arthroplasty
Derek Andreini, MD
- 7:20 – 7:40 a.m.** Navigation in a total joint center
Kathleen Baraniak, BSN
- 7:40 – 8 a.m.** ERAS protocols in a total joint center
Brian Matusic, MD
- 8 – 8:20 a.m.** Iloprost in total knee arthroplasty
Brian Moore, MD
- 8:20 – 8:45 a.m.** Panel discussion
Derek Andreini, MD, Kathleen Baraniak, BSN, Brian Matusic, MD, Brian Moore, MD
- 8:45 – 9 a.m.** Break

Session 2

Hip session

- 9 – 9:20 a.m.** Stem selection in primary hip replacement for osteopenic/osteoporotic bone
Alan Slipak, MD
- 9:20 – 9:40 a.m.** Spinopelvic considerations in total hip arthroplasty
Andrew Waligora, MD
- 9:40 – 10 a.m.** Panel discussion
Christopher Grayson, MD, Timothy J. Sauber, MD, Alan Slipak, MD, Andrew Waligora, MD

Friday, September 29, 2023

Session 3	Knee session
10 – 10:20 a.m.	Addressing the severe varus deformity Timothy J. Sauber, MD
10:20 – 10:40 a.m.	Addressing the severe valgus deformity Stephen Martinkovich, MD
10:40 – 11 a.m.	Custom implants in primary total knee arthroplasty Andrew Waligora, MD
11 – 11:40 a.m.	Keynote speaker: Modern alignment in total knee arthroplasty Christopher Grayson, MD
11:40 a.m. – noon	Panel discussion Christopher Grayson, MD, Stephen Martinkovich, MD, Timothy J. Sauber, MD, Andrew Waligora, MD
Noon – 12:30 p.m.	Update on treatment of ankle fractures James Sferra, MD
12:30 – 1 p.m.	Update on treatment of foot fractures Matthew Bologna, MD
1 p.m.	Adjournment
6:30 – 8:30 p.m.	Welcome reception – open to all conference attendees, exhibitors, and guests

Saturday, September 30, 2023

6 – 7 a.m.	Registration, breakfast, and visit exhibits
6:15 – 6:45 a.m.	Irrimax program (non-CME) The science of CHG irrigation Carolyn Twomey, RN, BSN, Global VP of Clinical and Research, Irrimax Corporation
7 – 9:30 a.m.	Spine round table Daniel Altman, MD, Boyle Cheng, PhD, Kyle Holmberg, DO, Ryan Sauber, MD, Nestor Tomyczk, MD <ul style="list-style-type: none">• Spine surgery bone grafting, Kyle Holmberg, DO• Is my SI joint causing this pain and what can be done? Nestor Tomyczk, MD• New technologies in spinal implant, Boyle Cheng, PhD• Hip spine syndrome – which one is it? Daniel Altman, MD• Motion preservation in the cervical spine, Ryan Sauber, MD
9:30 – 9:45 a.m.	Break
9:45 – 10:15 a.m.	Management of skeletal metastatic disease Lisa Ercolano, MD
10:15 – 10:45 a.m.	Intraarticular tumors Alan Slipak, MD
10:45 – 11:15 a.m.	Reverse total shoulder Steven Regal, MD
11:15 – 11:45 a.m.	Update on cellular therapy Edward Snell, MD
11:45 a.m. – 12:15 p.m.	Use of ultrasound in office orthopaedics Edward Snell, MD
12:15 – 1 p.m.	The science of effective communication Sara Angelilli, DNP, MS, RN, CNOR, NPD-BC

Course director



Michael Levine, MD

Chief, Orthopaedic Surgery, Forbes Hospital
Clinical Associate Professor of Orthopaedic Surgery,
Drexel University College of Medicine
Clinical Associate Professor Orthopaedic Surgery,
LECOM
Allegheny Health Network

Keynote speaker



Christopher Grayson, MD

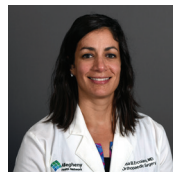
Assistant Professor, University of South Florida
College of Medicine
Medical Director, Orthopedic Service Line,
Baycare Health System

Invited faculty



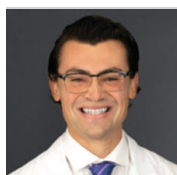
Daniel Altman, MD

Program Director, Orthopaedic Surgery Residency,
Department of Orthopaedic Surgery
Professor of Orthopaedic Surgery, Drexel University
College of Medicine
Allegheny Health Network



Lisa Ercolano, MD

Assistant Professor of Orthopaedic Surgery,
Drexel University College of Medicine
Chief, AHN Musculoskeletal Oncology Chief
Diversity Officer
AHN Orthopaedics Assistant Program Director,
AHN Orthopaedic Residency
Allegheny Health Network



Derek Andreini, MD

Resident, Orthopaedic Surgery
Allegheny Health Network



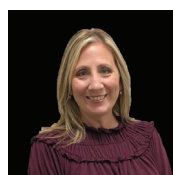
Kyle Holmberg, DO

Department of Orthopaedic Surgery
Allegheny Health Network



Sara Angelilli, DNP, MS, RN, CNOR, NPD-BC

Director, Perioperative Education
Allegheny Health Network



Lynette Judy, RN, MSN, ONC, CRNP, FNP-BC

Allegheny Health Network



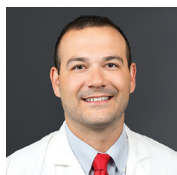
Kathleen Baraniak, BSN

Orthopaedic Nurse Navigator, Wexford Hospital
Allegheny Health Network



Stephen Martinkovich, MD

Division of Adult Reconstruction,
Department of Orthopaedic Surgery
Allegheny Health Network



Matthew Bologna, MD

Orthopaedic Institute
Allegheny Health Network



Brian Matusic, MD

Vice Chair of Anesthesiology,
Wexford Hospital
Allegheny Health Network



Boyle Cheng, PhD

Director, Translational Research Neuroscience
and Orthopaedic Surgery
Professor, Drexel University College of Medicine
Allegheny Health Network



Carol H. Mayfield, RN, BSN, MSN, CRNP

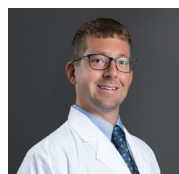
AHN Osteoporosis and Fragility Fracture Clinic
Allegheny Health Network

Invited faculty



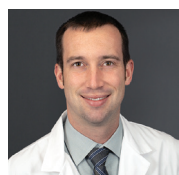
Brian Moore, MD

Division of Adult Reconstruction,
Department of Orthopaedic Surgery,
Forbes Hospital
Clinical Instructor of Orthopaedic Surgery,
Drexel University College of Medicine
Allegheny Health Network



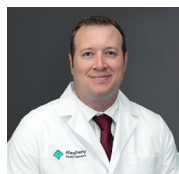
Steven Regal, MD

Division of Hand and Upper Extremity, Department
of Orthopaedic Surgery
Assistant Professor, Drexel University College
of Medicine
Allegheny Health Network



Ryan Sauber, MD

Division of Spine Surgery
Department of Orthopaedic Surgery
Clinical Instructor of Orthopaedic Surgery, Drexel
University College of Medicine
Allegheny Health Network



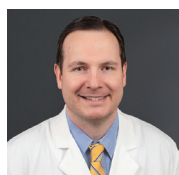
Timothy J. Sauber, MD

Fellowship Director, Adult Reconstruction
Department of Orthopaedic Surgery
Assistant Professor of Orthopaedic Surgery, Drexel
University College of Medicine
Allegheny Health Network



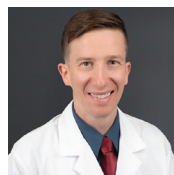
James Sferra, MD

Director, Division of Foot and Ankle Fellowship
Director, Orthopaedic Foot and Ankle Surgery
Department of Orthopaedic Surgery
Allegheny Health Network



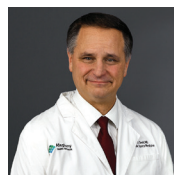
Zachary Sisko, MD

Orthopaedic Medical Director,
Jefferson Hospital
Allegheny Health Network



Alan Slipak, MD

Division of Adult Reconstruction/Oncology,
Department of Orthopaedic Surgery
Allegheny Health Network



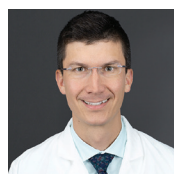
Edward Snell, MD

Director, Sports Medicine Fellowship
Assistant Professor,
Orthopaedics and Family Medicine,
Drexel University College of Medicine
Adjunct Professor, Allied Health Services,
Duquesne University
Head Team Physician, Pittsburgh Pirates Director
of Sports Concussion Center Concussion
Commission – Major League Baseball
Allegheny Health Network



David Stapor, MD

Department of Orthopaedics
Allegheny Health Network



Nestor Tomyczk, MD

Neurological Surgery
Allegheny Health Network



Andrew Waligora, MD

Greater Pittsburgh Orthopaedic Associates

Disclosure of significant relationships with relevant commercial companies. In accordance with the Accreditation Council for Continuing Medical Education (ACCME) and the policy of AHN Allegheny General, presenters must disclose all relevant financial relationships, which in the context of their presentation(s), could be perceived as a real or apparent conflict of interest (e.g., ownership of stock, honoraria, or consulting fees). Any identifiable conflicts will be resolved prior to the activity. Any such relationships will be disclosed to the learner prior to the presentation(s).

Registration

Online registration can be accessed at cme.ahn.org:

Click on **Courses**, then type or scroll down to find **14th Annual Nuts and Bolts** and click on **Register**.

Fees

Physicians: \$600

PAs, CRNPs, nurses, and therapists: \$400

Fellows*/residents: \$250

AHN employees: \$200

*Must include verification letter from Program Director.



Scan code for
more information.

Refund policy

Eligibility for a registrant refund is based on the following criteria. Please note, all registrants must email the CME Department at ahncme@ahn.org within the specified time frames to be eligible for a refund. To receive a full refund, registrants must provide written notification to the CME Department no sooner than 30 days of the activity start date. Registrants that notify the CME department within 14–29 days prior to activity will receive a 50% refund, and less than 14 days will receive no refund.

Accommodations

To reserve your room at the Ritz Carlton please click on the link below for our conference rates.

Room block closes on September 6, 2023.

Coastal view rooms: \$345

Gulf front king: \$385

To make your reservation online, go to:

book.passkey.com/event/50535694/owner/13489/home



Or scan code to make
your reservation.

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Continuing Medical Education
320 East North Avenue
Suite 214, South Tower
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