
Left Ventricular GLS Analysis Performed Using IV Endocardial Enhancing Agent



No disclosures

Topics

1. Background
2. Hypothesis
3. Methods
4. Results
5. Conclusion

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1. **Background**

2. Hypothesis

3. Methods

4. Results

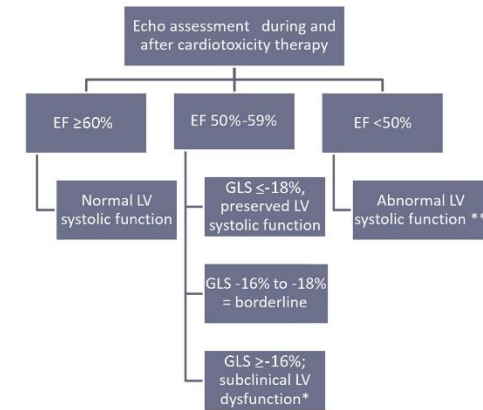
5. Conclusion

Background

Global Longitudinal Strain Adds Value

- The value of left ventricular global longitudinal strain (LV GLS) has been demonstrated across multiple domains of cardiology
- Cardio-oncology: detects subclinical LV systolic dysfunction
- Cardiomyopathy: amyloidosis, hypertrophic cardiomyopathy
- Adults with congenital heart diseases

CENTRAL ILLUSTRATION: Echocardiographic Evaluation During and After Cancer Treatment



Liu, J.E. et al. *J Am Coll Cardiol CardioOnc.* 2020;2(5):677-89.

Review > *JACC Cardiovasc Imaging.* 2018 Feb;11(2 Pt 1):260-274.

doi: 10.1016/j.jcmg.2017.11.017.

Assessment of Left Ventricular Function by Echocardiography: The Case for Routinely Adding Global Longitudinal Strain to Ejection Fraction

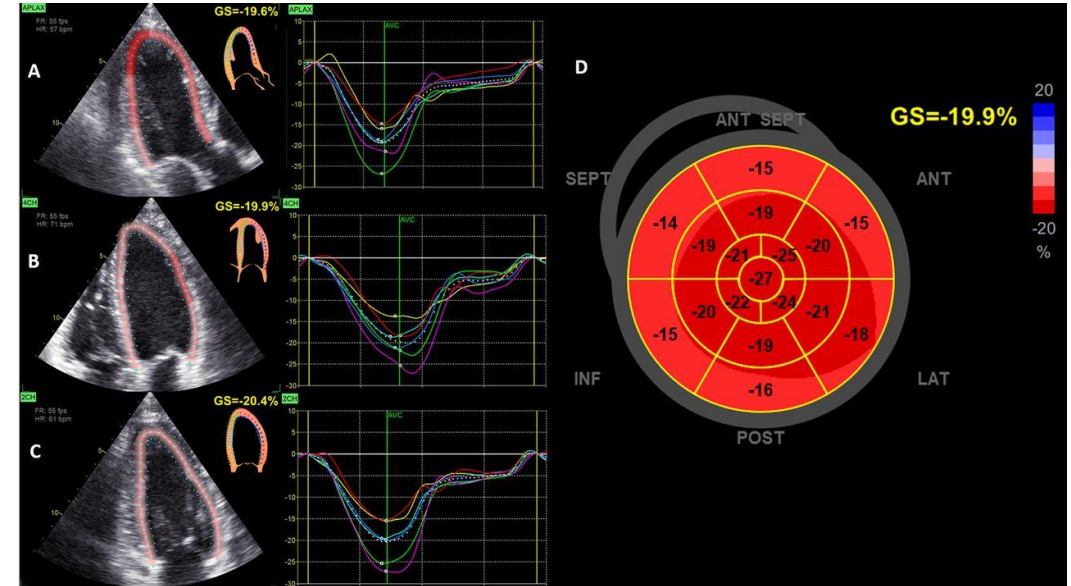
Elizabeth Potter¹, Thomas H Marwick²

doi:10.1016/j.jcmg.2017.11.017; doi: 10.1016/j.jcmg.2017.02.016; doi: 10.1016/j.jacc.2019.12.024; doi:10.1016/j.jacc.2018.02.064

Background

Speckle Tracking

- Speckle tracking – measures myocardial deformation
- Region of interest is identified – automated or manual
- Tracked through the cardiac cycle – systole and diastole
- Highly reproducible



Limitations

“Unable to assess GLS due to suboptimal image quality leading to poor endocardial tracking”

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Hypothesis

When echocardiographic images are suboptimal, it is feasible to perform GLS analysis on contrast enhanced images

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Methods

Study Design

- Retrospective study
- Adults > 18 years
- AGH echo database queried:
 - Period of interest: 1/1/22 to 7/31/22
 - IV contrast + Strain analysis
- Three cardiology fellows
- IV contrast – Definity (Lantheus, MA)
- Software – TomTec (TomTec Imaging systems, Germany)

Methods

Study Design

- GLS analysis was performed on non-enhanced images. Correlation analysis was performed between this, and the values reported
- GLS analysis was then performed on contrast-enhanced images. Correlation was performed between this and GLS from non-enhanced images
- Inter-observer variability analysis performed on 15% of the sample to measure accuracy

Methods

GLS Analysis

- TomTec has an autostrain feature that can automatically detect the endocardium and measure GLS. Used on non-enhanced images
- Autostrain feature was unable to track GLS on enhanced images
- Views of interest i.e. A4C, A2C, and A3C were manually identified
- End-systolic and end-diastolic frames were identified and the endocardium was traced manually

Methods

Statistical Analysis

Statistical analysis performed using BlueSky software (version 7.19; BlueSky statistics LLC, Chicago, IL)

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Results

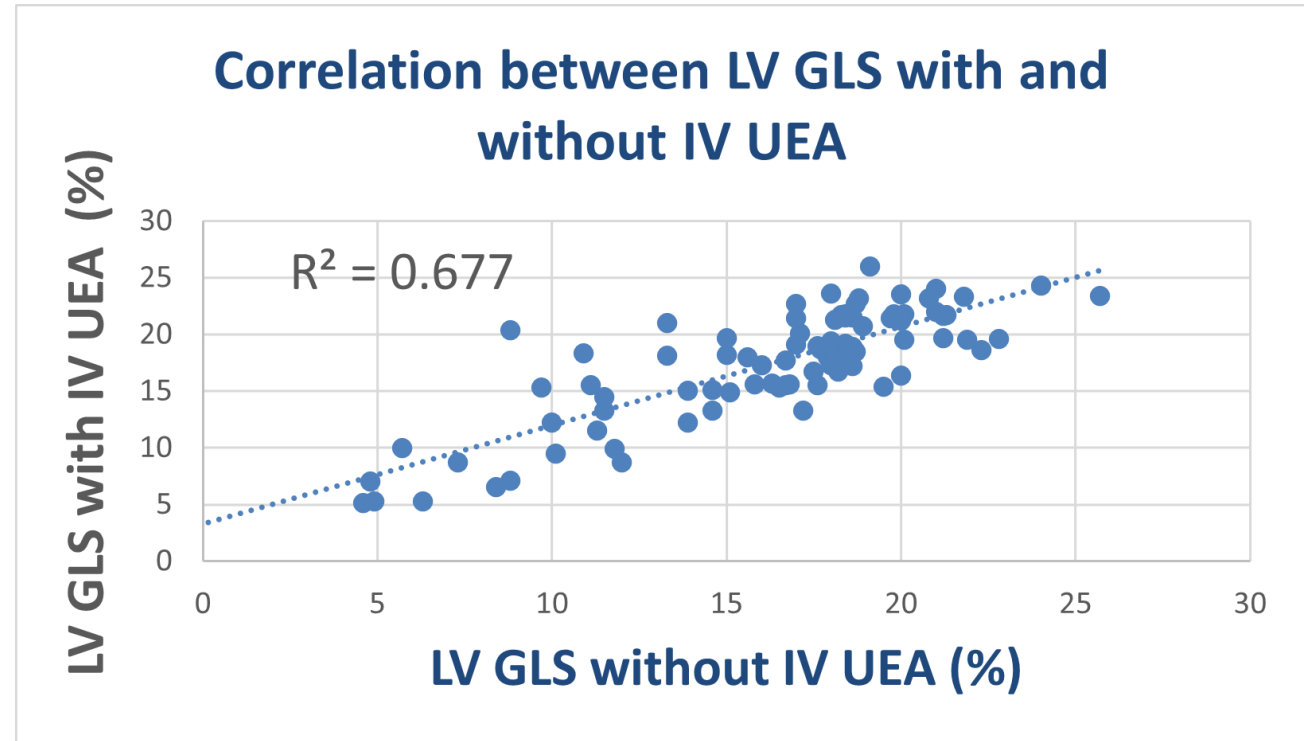
- 116 echo studies identified
- 93 studies were ordered to monitor for cardio-toxicity due to chemotherapeutic agents
- 57% of our study population was female
- 80 studies were done using a Phillips machine while the remaining were done using a GE machine

	Median	Interquartile Range
LV GLS without contrast (-%)	17.65	13.7 – 18.8
LV GLS with contrast (-%)	18.25	15.5 – 21.2
LVEF (%)	62	55-64
SBP (mmHg)	134	123 – 147
DBP (mmHg)	84	74 – 89
HR (bpm)	76	67 – 89
Age (years)	62	51 - 69

Results

Correlation

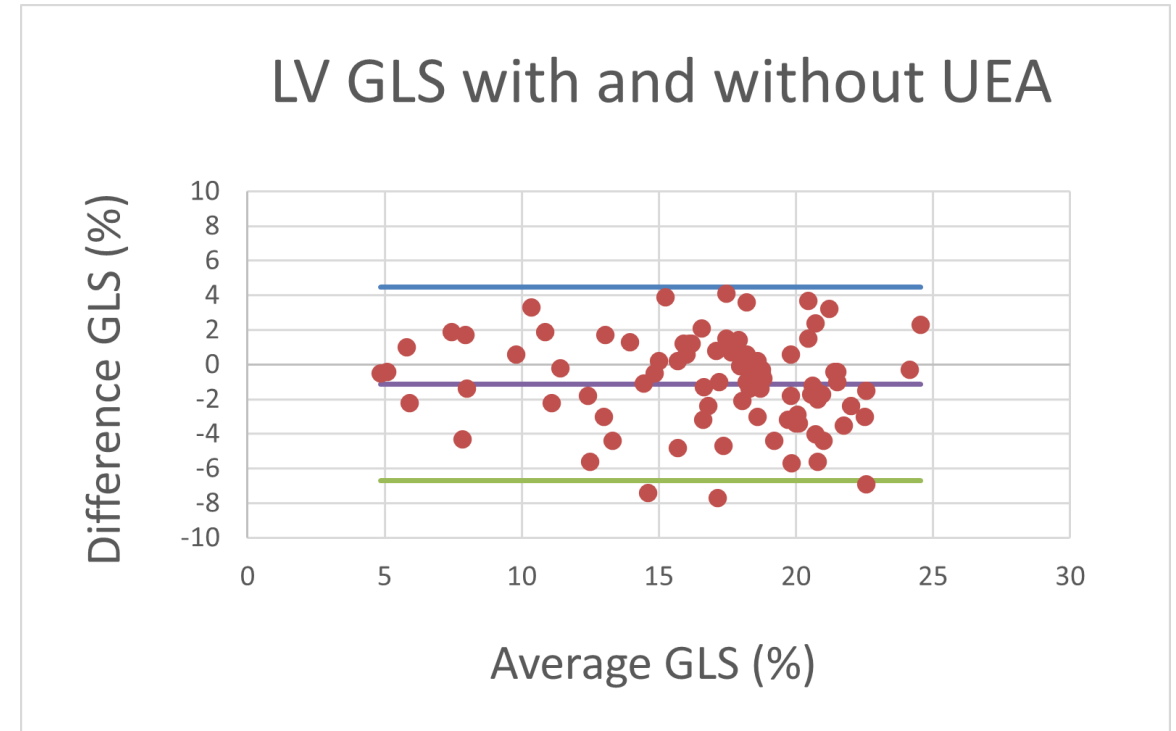
- GLS values reported by Cardiologists in the study report were compared with our GLS values without contrast – strong correlation with adjusted $R^2 = 0.84$. Intraclass correlation coefficient (ICC) showed excellent agreement (ICC = 0.94, 95% CI = 0.92 –0.96)
- GLS values without contrast and with contrast were then compared and had a correlation coefficient $R = 0.75$. Linear regression model showed an R^2 of 0.68 ($p < 0.05$)



Results

Reproducibility

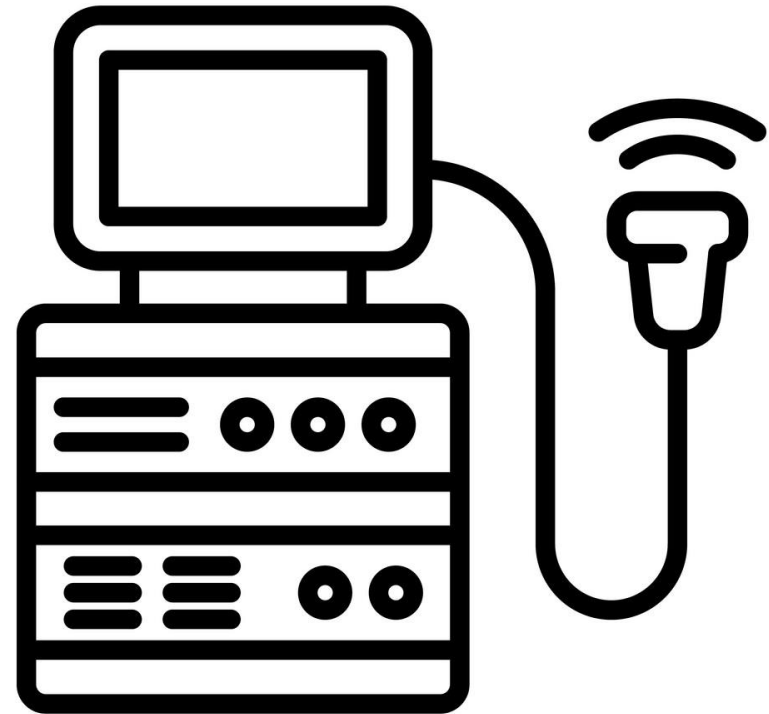
- Bland-Altman plot is shown on the right
- ICC for two-way random effects with multiple raters for GLS with UEA performed by a different reader for a random sample of 19 studies was 0.92 (95% CI = 0.86 – 0.95) suggesting excellent reproducibility



Results

Differences by Vendor

- Phillips vendor: Correlation coefficient between GLS with and without contrast using this vendor was 0.84 ($p < 0.001$)
- GE vendor: Correlation coefficient between GLS with and without contrast using this vendor was 0.71 ($p < 0.001$)



VectorStock®

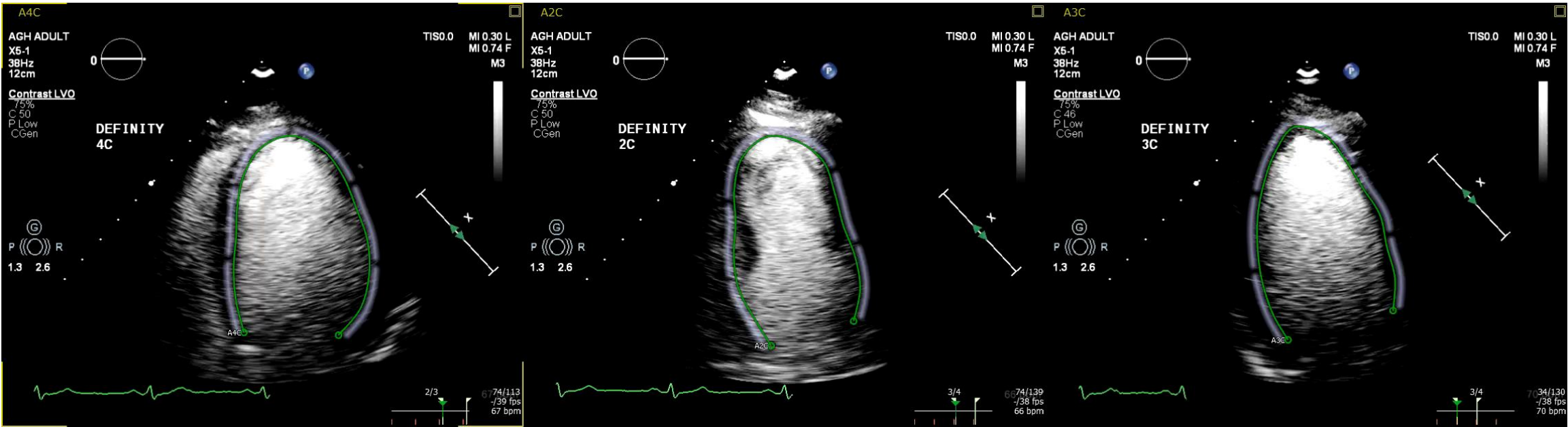
VectorStock.com/26999425

Strengths

- Real world analysis on pre-existing studies
- Non-modified image acquisition protocol
- Excellent reproducibility

Limitations

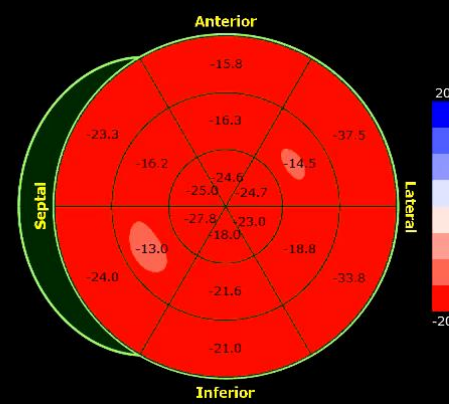
- We were unable to perform GLS analysis in six studies after contrast administration due to poor endocardial visibility
- Small sample size
- Time



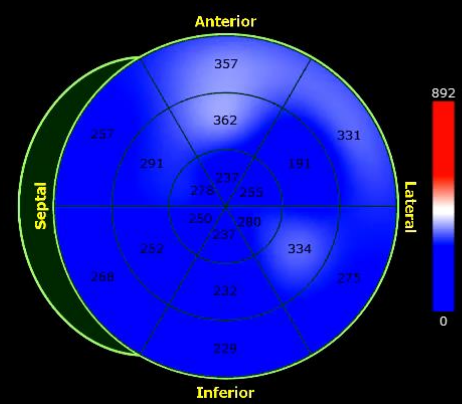
Global LV Length

GLS_Endo_Peak_A4C: -23.5 %
 GLS_Endo_Peak_A2C: -18.8 %
 GLS_Endo_Peak_A3C: -22.7 %
 GLS_Endo_Peak_Avg: -21.7 %

Peak-Systolic Longitudinal Strain [%]



Time to Peak Longitudinal Strain [ms]



CONCLUSION

Conclusion

Performing LV GLS analysis on contrast enhanced images is feasible and reproducible.

THANK YOU!

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Left Ventricular Global Longitudinal Strain Analysis Performed Using Intravenous Endocardial Enhancing Agent; Have We Done Anything?

Anantha S. Madgula MD, Srikanth Radhakrishnan MD, Michael Nestase MD, Robert W. W. Biederman MD
Allegheny Health Network Cardiology

Background:

- Global longitudinal strain (GLS) is a measure of left ventricular (LV) systolic performance.
- GLS is proving to be a better prognostic indicator in patients with heart failure, coronary artery disease, and non-cardiac conditions.
- Hypertrophic cardiomyopathy (HCM) is a genetic condition that is becoming a routine part of clinical practice.
- The lack of integration into clinical practice is a limitation of poor endocardial contrast enhancement.
- We sought to address this limitation.

Methods:

- Study design: Retrospective cohort study.
- Population: Patients identified by querying our electronic medical records for patients who underwent TTE with contrast enhancement.
- Definition: Left ventricular global longitudinal strain (LVGLS).
- Off-

Results:

Comparison between GLS with and without IV contrast

Parameter	Without IV Contrast	With IV Contrast
Median LVGLS (%)	-17.8%	-21.7%
Interquartile Range (IQR)	-16.2% to -19.4%	-19.7% to -23.7%

Conclusions:

IV contrast significantly improved LVGLS measurements. The difference in LVGLS between the two groups was statistically significant (p < 0.001). This suggests that IV contrast is a valuable tool for improving the accuracy of LVGLS measurements.

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Questions?
