

CME opportunity

Orthopaedic Update 2023

April 28–30, 2023

Seven Springs
777 Water Wheel Drive
Champion, Pennsylvania 15622



Jointly provided by
Allegheny General Hospital
and Forbes Hospital

Conference overview

The last several years have brought an explosion of new technologies and techniques in orthopaedics. Smaller incisions, more aggressive rehabilitation, new pain control protocols, and new types of implants all carry implications for changes in care. Accordingly, reduction of complications following orthopaedic procedures is vital in improving outcomes for the orthopaedic patient. This conference is intended for physicians, physician assistants, athletic trainers, nurses, physical and occupational therapists, and surgical technologists.

Conference objectives

At the conclusion of this conference, participants should be able to:

- Identify treatment options for patients with various orthopaedic pathologies.
- Discuss research associated with orthopaedic techniques in treating orthopaedic conditions.
- Utilize best-practice treatment strategies to improve patient outcomes.

CME accreditation

This conference will provide a total of 17.5 hours of education.

Friday: 7.0 | Saturday: 7.5 | Sunday: 3.0

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through joint providership of Allegheny General Hospital, Forbes Hospital and Trinity Health System Orthopaedic and Sports Medicine. Allegheny General Hospital is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit designation statement

Allegheny General Hospital designates this live activity for a maximum of 17.5 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Nurses Credentialing Center (ANCC) accepts *AMA PRA Category 1 Credits*[™] from organizations accredited by the ACCME for the purposes of recertification.

The National Commission on Certification of Physician Assistants (NCCPA) states that the *AMA PRA Category PRA Category I Credits*[™] are acceptable for continuing medical education requirements for recertification.

Ohio Chiropractic Board accepts *AMA PRA Category 1 Credits*[™] from organizations accredited by the ACCME.



Athletic trainers

Allegheny General Hospital is approved by the Board of Certification, Inc. (BOC) to provide continuing education to athletic trainers. This program has been planned and implemented in accordance with the requirements and policies of the BOC for the Atheltic Trainer through the joint sponsorship of Allegheny General Hospital. This program is eligible for a maximum of 17.5 Category A hours/CEUs. Athletic trainers should claim only those hours actually spent in the educational program.

Physical therapists

Applications will be submitted to the Pennsylvania, Ohio, and West Virginia Boards of Physical Therapy. Credits to be determined.

Occupational therapists

Application will be submitted to AOTA. Credits to be determined.

Surgical technologists

For the purposes of recertification, the Association of Surgical Technology, Inc. (AST), accepts *AMA PRA Category 1 Credits*[™] issued by organizations accredited by the ACCME.

Non-physicians

Allegheny General Hospital certifies participation in this educational activity, which has been designated for a maximum of 17.5 *AMA PRA Category 1 Credits*[™].

Program agenda

Friday, April 28, 2023

6:30 – 7:30 a.m.	Registration, breakfast, and visit exhibits
7:30 – 9:30 a.m.	Sports medicine panel discussion Moderator: Sam Akhavan, MD Nicholas A. Bonazza, MD, MHA; Aaron Burgess, MD; Matthew Flanagan, DO; David Neuschwander, MD; Gregory J. Purnell, MD; Scott Schweizer, MD; Ryan Sauber, MD; Edward Snell, MD Rotator cuff: When to repair vs. reverse David Neuschwander, MD Shoulder instability — repair acutely vs. rehab first Sam Akhavan, MD Adhesive capsulitis Nicholas A. Bonazza, MD, MHA Neck vs. shoulder Matthew Flanagan, DO Differentiating neck vs. shoulder problems Ryan Sauber, MD
9:30 – 10 a.m.	Break and visit exhibits
10 a.m. – noon	PRP/stem cells/steroids Edward Snell, MD Cartilage restoration surgery Gregory J. Purnell, MD Knee trauma and multi-ligament injuries Aaron Burgess, MD ACL newest grafts Scott Schweizer, MD
Noon – 1 p.m.	Lunch and visit exhibits
1 – 1:30 p.m.	Complications and recovery of tumor surgery Lisa Ercolano, MD
1:30 – 2 p.m.	Lymphedema and tumor surgery rehab Nicole Reilley Dosey, MPT, DPT, CLT
2 – 2:30 p.m.	Hand trauma R. Colin Brabender, MD
2:30 – 3 p.m.	Foot and ankle trauma James F. Sferra, MD
3 – 3:15 p.m.	Break
3:15 – 3:45 p.m.	Current healthcare environment and how to function Jeffrey Hoffman
3:45 – 4:15 p.m.	Healthcare@Home Molly Bruggeman, PT
4:15 p.m.	Adjournment

Program agenda, continued

Saturday, April 29, 2023

6:30 – 7:30 a.m.	Registration, breakfast, and visit exhibits
7:30 – 9:30 a.m.	Total joints session Moderator: Michael Levine, MD Brian Moore, MD; Timothy J. Sauber II, MD; Stephen Martinkovich, MD; Jessica O’Brien, OTR/L; Jaclyn Rinkevich, DPT; Zachary Sisko, MD; David Stapor, MD; Eric Yakish, MD Hip: Anterior Stephen Martinkovich, MD Posterior David Stapor, MD Complications Eric Yakish, MD Robot hip and knee Brian Moore, MD Rapid recovery Jaclyn Rinkevich, DPT and Jessica O’Brien, OTR/L Spinal issues affecting acetabular positioning Ryan Sauber, MD
9:30 – 10 a.m.	Break and visit exhibits
10 a.m. – noon	Knee Moderator: Michael Levine, MD No robot Zachary Sisko, MD Hospital vs. ASC Michael Levine, MD Patella resurfacing Zachary Sisko, MD Un-resurfaced patella Stephen Martinkovich, MD Pain management Brian Moore, MD
Noon – 1 p.m.	Lunch and visit exhibits

Program agenda, continued

Saturday, April 29, 2023, continued

1 – 4 p.m.	<p>Osteoporosis session</p> <p>Introduction to osteoporosis and secondary fracture prevention Carol H. Mayfield RN, BSN, MSN, CRNP</p> <p>Bone health work-up and diagnostic testing for osteoporosis Lynette Judy, RN, MSN, ONC, CRNP, FNP-BC</p> <p>Calcium, vitamin D, and nutrition in bone health Lynette Judy, RN, MSN, ONC, CRNP, FNP-BC</p> <p>The role of physical therapy in osteoporosis management Sarah Nowlen, DPT, MHA, AIB-Certified Concussion Specialist</p> <p>Pharmacologic management in osteoporosis: antiresorptive therapy Zachary Sisko, MD</p> <p>Pharmacologic management in osteoporosis: anabolic therapy Carol H. Mayfield, RN, BSN, MSN, CRNP</p> <p>Bone turnover markers and utility in clinical practice Carol H. Mayfield, RN, BSN, MSN, CRNP</p> <p>The role of fracture liaison services in secondary fracture prevention Zachary Sisko, MD</p> <p>Osteoporosis in men David Stapor, MD</p> <p>Perioperative implications and optimization for surgery in osteoporosis David Stapor, MD</p>
4 p.m.	<p>Adjournment</p>

Sunday, April 30, 2023


7 – 8 a.m.	<p>Registration, breakfast, and visit exhibits</p>
8 – 11 a.m.	<p>Concussion session Moderator: Ravi Ved, DO, CAQSM</p> <p>Marco Antonio Alcala, MD, CAQSM; Glen Getz, PhD, ABN; Kim Kelley, DBT, AIB-Certified Concussion Specialist; Emily Millar, MA, CCC-SLP; Edward Snell, MD</p> <p>Headache management Dolores Dominguez Santamaria, MD</p> <p>Speech pathologists: essential players on your concussion team Emily Millar, MA, CCC-SLP</p> <p>Neuro-optometric rehabilitation: a piece of the concussion rehab puzzle Maura Massucci, OD, FCOVD</p> <p>Concussion therapy management for return to life Kim Kelley, DBT, AIB-Certified Concussion Specialist</p> <p>Research in concussion at AHN Edward Snell, MD</p> <p>Is it really a concussion? Assessing validity Glen Getz, PhD, ABN</p> <p>Concussion – individualizing care Marco Antonio Alcala, MD, CAQSM</p>
11 a.m.	<p>Wrap-up and adjournment</p>

Conference director



Michael Levine, MD
Chief, Orthopaedic Surgery, Forbes Hospital
Clinical Associate Professor of Orthopaedic Surgery, Drexel University College of Medicine
Clinical Associate Professor Orthopaedic Surgery, LECOM
Allegheny Health Network

Planning committee



Daniel Altman, MD
Professor of Orthopaedic Surgery, Drexel University College of Medicine
Orthopaedic Residency Program Director
Allegheny Health Network

Invited faculty




Sam Akhavan, MD
Assistant Professor of Orthopaedic Surgery, Drexel University College of Medicine
Division of Sports Medicine
Department of Orthopaedic Surgery
Allegheny Health Network




Molly Bruggeman, PT
AHN Healthcare@Home
Allegheny Health Network



Marco Antonio Alcala, MD, CAQSM
Primary Care Orthopaedics and Sports Medicine Physician
Team Physician, Pittsburgh Pirates
Allegheny Health Network



Aaron Burgess, MD
Orthopaedic Surgery and Sports Medicine
Health and Wellness Director for AGH
Orthopaedic Residency
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Nicholas A. Bonazza, MD, MHA
Assistant Professor, Drexel University College of Medicine
Division of Orthopaedic Surgery, Department of Surgery
Orthopaedic Sports Medicine Specialist
Allegheny Health Network



Lisa Ercolano, MD
Assistant Professor of Orthopaedic Surgery, Drexel University College of Medicine
Chief, AHN Musculoskeletal Oncology
Chief Diversity Officer, AHN Orthopaedics
Assistant Program Director, AHN Orthopaedic Residency
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R. Colin Brabender, MD
Assistant Professor of Orthopaedic Surgery, Drexel University College of Medicine
Hand and Upper Extremity Surgeon
Allegheny Health Network

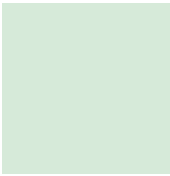


Matthew Flanagan, DO
Sports Medicine
Allegheny Health Network

Invited faculty, continued




Glen Getz, PhD, ABN
Board-Certified Clinical Neuropsychologist
Director of Neuropsychology/Psychology
Post-Doctoral Fellowship
Allegheny Health Network




Jeffrey Hoffman
Service Line VP, Orthopaedic Institute
Allegheny Health Network



Kim Kelley, DPT, AIB-Certified Concussion Specialist
Coordinator for Concussion Therapy Services
Physical Therapist
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Lynette Judy, RN, MSN, ONC, CRNP, FNP-BC
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Stephen Martinkovich, MD
Division of Adult Reconstruction
Department of Orthopaedic Surgery
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Maura Massucci, OD, FCOVD
Massucci Vision Plus




Carol H. Mayfield, RN, BSN, MSN, CRNP
AHN Osteoporosis and Fragility Fracture Clinic
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Emily Millar, MA, CCC-SLP
Speech-Language Pathologist
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Brian Moore, MD
Division of Adult Reconstruction,
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Forbes Hospital
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Sarah Nowlen, DPT, MHA, AIB-Certified Concussion Specialist
Physical Therapist, AHN Therapy Services
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David Neuschwander, MD
Orthopaedic Associates, Forbes Hospital
Allegheny Health Network



Jessica O'Brien, OTR/L
Senior Occupational Therapist,
Acute Care, Forbes Hospital
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Gregory J. Purnell, MD
Assistant Professor of Orthopaedic Surgery,
Drexel University College of Medicine
Division of Sports Medicine,
Department of Orthopaedic Surgery,
Forbes Hospital
Team Physician, Pittsburgh Pirates
Allegheny Health Network




Nicole Reilley Dosey, MPT, DPT, CLT
AHN Regional Manager of Outpatient Therapy
Services-Oncology Rehab, Lymphedema and
Pelvic Health Services


Invited faculty, continued



Jaclyn Rinkevich, DPT
Physical Therapist, Forbes Hospital
Allegheny Health Network




Dolores Dominguez Santamaria, MD
DAPBN, Headache Medicine
Director, AHN Headache Center,
AHN Neurology
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Ryan Sauber, MD
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Clinical Instructor of Orthopaedic Surgery,
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Timothy J. Sauber II, MD
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Scott Schweizer, MD
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James F. Sferra, MD
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Zachary Sisko, MD
Orthopaedic Medical Director,
Jefferson Hospital
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Edward Snell, MD
Director, Sports Medicine Fellowship
Assistant Professor,
Orthopaedics and Family Medicine,
Drexel University College of Medicine
Adjunct Professor, Allied Health Services,
Duquesne University
Head Team Physician, Pittsburgh Pirates
Director of Sports Concussion Center
Concussion Commission — Major League Baseball
Allegheny Health Network



David Stapor, MD
Department of Orthopaedics
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Ravi Ved, DO, CAQSM
Clinical Professor, Drexel University
College of Medicine
Associate Program Director of Primary Care Sports
Medicine Fellowship
Sports Medicine,
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Eric Yakish, MD
Department of Orthopaedic Surgery
Allegheny Healthy Network

Disclosure of significant relationships with relevant commercial companies. In accordance with the Accreditation Council for Continuing Medical Education (ACCME) and the policy of Allegheny General Hospital, presenters must disclose all relevant financial relationships, which in the context of their presentation(s), could be perceived as a real or apparent conflict of interest (e.g., ownership of stock, honoraria, or consulting fees). Any identifiable conflicts will be resolved prior to the activity. Any such relationships will be disclosed to the learner prior to the presentation(s).

Registration

Online registration can be accessed at cme.ahn.org:

Click on **Courses**, then type or scroll down to find **Orthopaedic Update 2023** and click on **Register**.
The registration fee includes the course materials, continental breakfast, lunch, and break refreshments.

Fees

- Physicians: \$325
- Athletic trainers, physical and occupational therapists, and nursing: \$200
- AHN employees: \$160
- Surgical technologists: \$150
- Residents and fellows*: \$150
- Virtual attendee: \$175

*Verification letter from program director required.

Lodging

Seven Springs
777 Waterwheel Drive
Champion, PA 15622

To reserve your rooms, please call **855-322-1601**, or scan the QR code below to book online.
If booking over the phone, listen for prompts and **press 2** for east coast resorts, then **press 5** for Seven Springs.
The group code is **B7SPIH45**.



Scan code to book
your room online.

Questions?

Please contact **Bernice Sulkowski** in the CME office at bernice.sulkowski@ahn.org for more information.



Scan code for
more information.

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