# **Allegheny Health Network**



# Allegheny General Hospital

Bridge to Nowhere: Early Involvement of Palliative Medicine in ECMO Care

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### **Objective**

Participant will explain the benefit of early involvement of Palliative Medicine in the care of the ECMO patient.



## How would you define these terms?

- Recovery
  - a return to a normal state of health, mind, or strength
- Normal
  - the usual, average, or typical state or condition
- Quality of Life
  - the standard of health, comfort, and happiness experienced by an individual; a non-financial component associated with job and life satisfaction.

Merriam Webster; Investopedia.com



## (Initial) Role of Palliative Medicine in ECMO Care

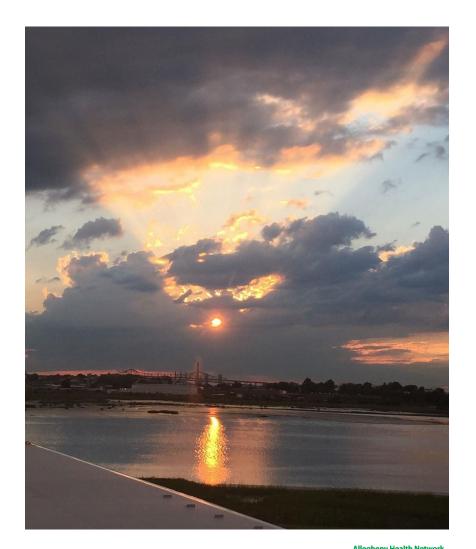


- Information gathering
- Learn about loved one
- Clarify/educate medical situation/terms
- General inquiry regarding goals
- Rapport building



#### **ECMO Patient Outcomes**

- Bridge to recovery
  - Patient is discharged from hospital sans device
- Bridge to LVAD/TXP
  - Self explanatory
- Bridge to more time for decisions
  - Unpredictable medical situation, waiting for family members
- Bridge to Death
  - Self explanatory





#### Role of Palliative Medicine in ECMO Care

"If your loved one is being supported with ECMO, the reality is they are very, very sick. The healthcare team is doing everything they possibly can to mend their body and bring them to a place where they can functionally recover. Understanding this reality is important. ECMO is not a quick fix. The healing and rebuilding process will take time. It can be complex. It can help restore but also, there is a chance that it will not work. Remaining steadfast and hopeful through the ups and downs will be hard but remember this is a marathon to the possible recovery process. Give things time, be present and believe for the absolute best."

https://ecmoresource.com/family









