

# Allegheny Health Network

Bring Your Own Shock Case 10/29/22

Michael Nestasie, DO Cardiology Fellow, PGY-6

- 55 year old male with past medical history
  - Tobacco abuse (1PPMx 30 years)
    - Recently quit
- Over the past few months, patient has had dyspnea on exertion, initially starting with strenuous activity, and now with walking up stairs.
- Works as a mechanic, and was initially able to complete his
   12 hour shifts
  - Now very fatigued at the end of each day



- Seen at urgent care found to have "bilateral pneumonia"
  - PO antibiotics provided no relief
- Finally, presented to an outside institution with dyspnea and lower extremity edema



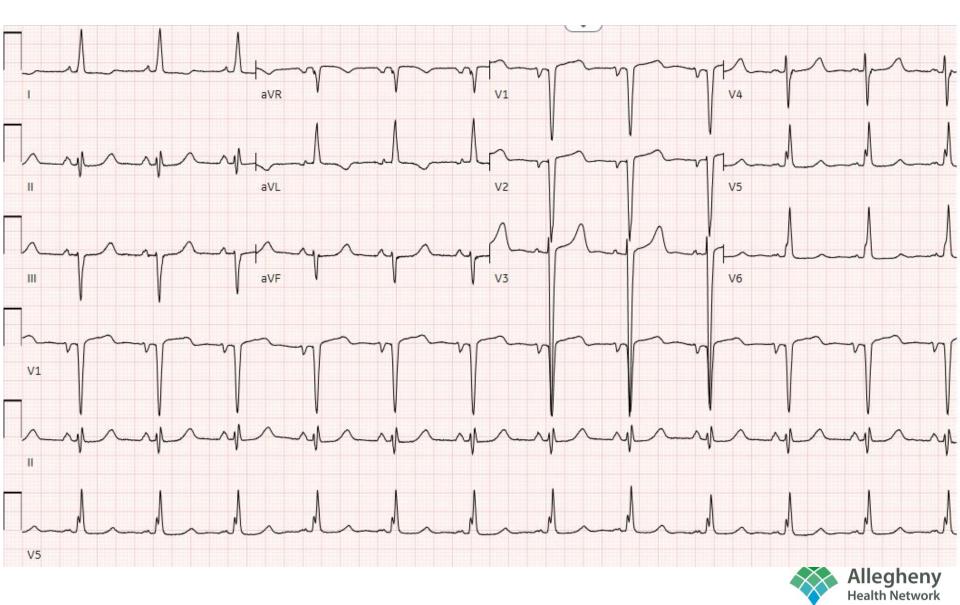
- Medical therapies:
  - None
- Surgical History
  - None
- Social History:
  - Recently quit smoking (1 month)
    - 30 pack year history
  - Lives with his wife, works as a mechanic

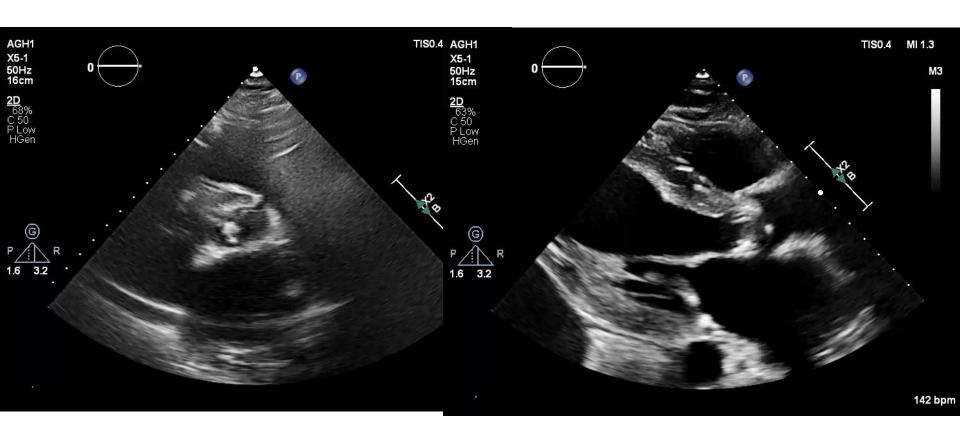


- On arrival to the hospital
  - HR 117
  - Required 2L NC to maintain saturation > 95%
  - Blood pressures range 88-103/65-70
- Pertinent Labs
  - HS-Trop T 179
  - Lactic acid 4.8



## **EKG**

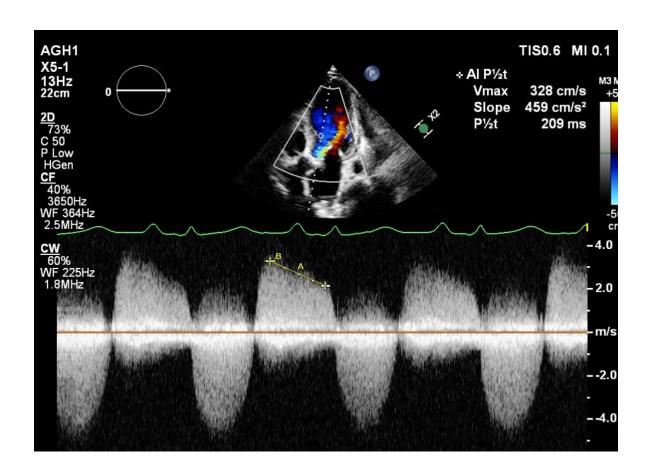




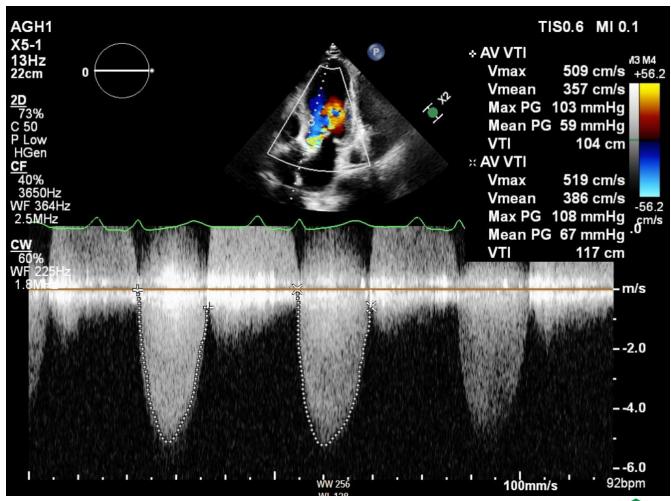






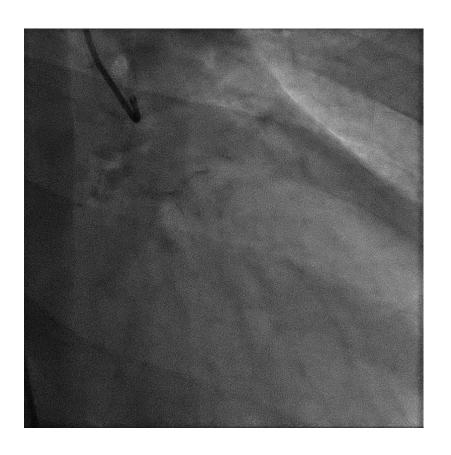








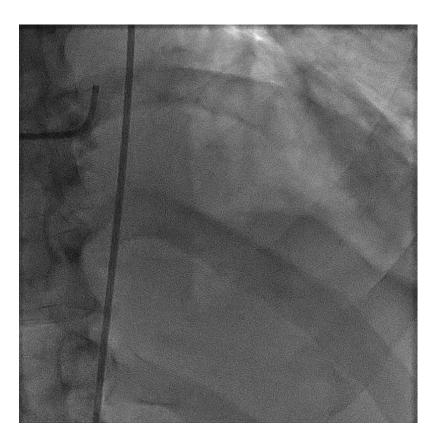
LHC Films – RAO and AP Caudal

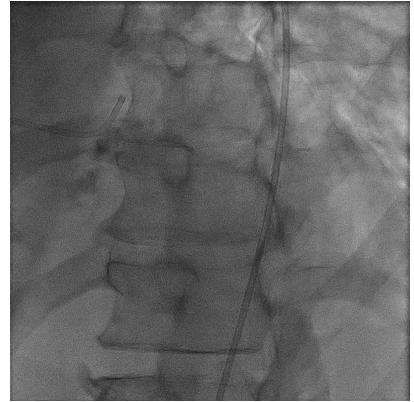






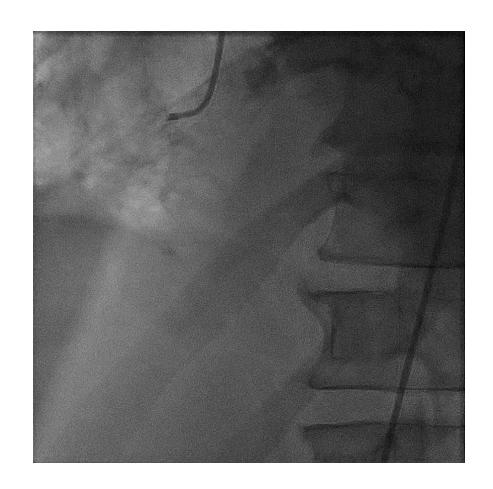
LHC Films – AP and LAO Cranial







• LHC Films - RCA





- Right Heart Cath
- RA 19
- RV 71/9
- PA 75/39
- PCW 40
- Svo2 49.9%
- CO 3.19/CI 1.64
- SVR 1329
- AO pressure 85/60 mmHg
- LV pressure 190/19 (EDP 41)



- Transferred emergently to AGH
- Requires low-dose norepinephrine in transfer to maintain SBP > 90 mmHg

Temp: [97.8 °F (36.6 °C)] 97.8 °F (36.6 °C)

Heart Rate: [92] 92

Resp: [34] 34

BP: (113)/(64) 113/64

**Physical Exam** 

<u>Constitutional</u>: <u>Critically ill.</u> Appears alert, appears stated age and cooperative.

Mildly overweight.

Neck: Supple, symmetric, trachea midline, no masses. The thyroid appears normal, no thyromegaly. There is jugular venous distention. JVP is elevated to the mandible Respiratory: Conversational dyspnea; crackles in the bilateral lower lung fields Cardiovascular: Laterally displaced and diffuse PMI. Regular rhythm, Normal rate. S1, S2 are normal. III/VI systolic murmur at left upper sternal border Lower Extremities: 2+ dorsalis pedis pulses bilaterally. Cold, +2 bilateral lower

extremity edema to the knees

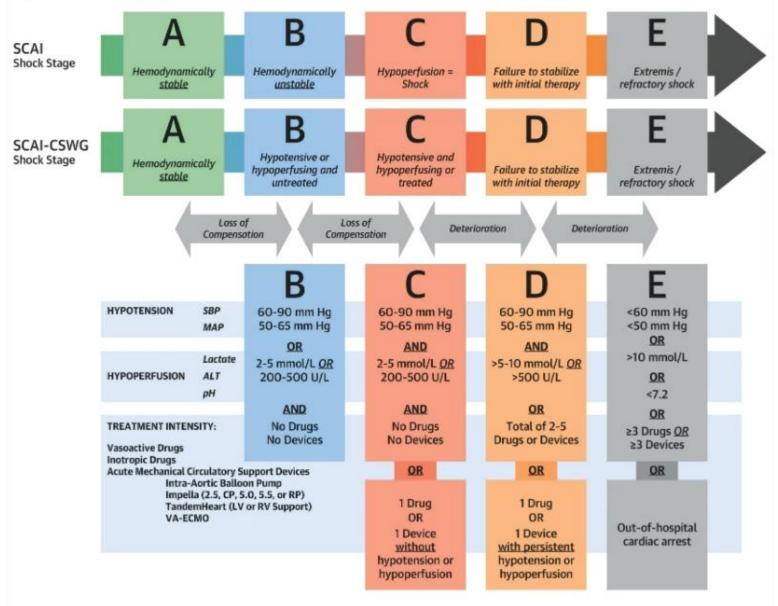
Skin: normal coloration and turgor, no rashes, no suspicious skin lesions noted. Neurologic: No focal deficits, alert and oriented X 3, Normal coordination and gait.



- Pertinent Labs
  - Sodium 131
  - HCO3- 20
  - Cr. 1.73
  - ALP 144
  - AST/ALT 2974/2470
  - Lactic acid 3.7
  - WBC 14.6
  - Hb 12.5
  - Plt 158



## CENTRAL ILLUSTRATION: Clinical Variables and Parameters to Define Society for Cardiovascular Angiography and Interventions Stages

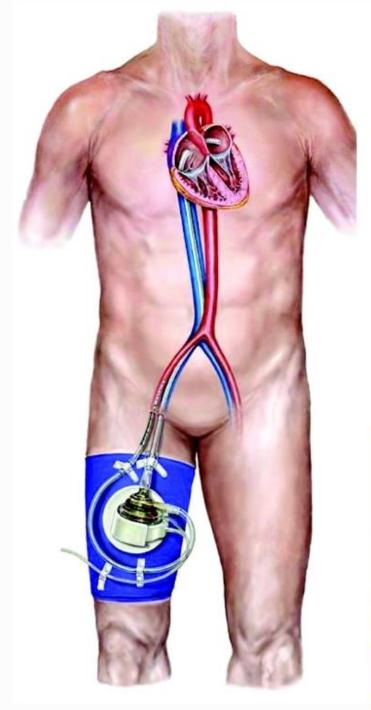


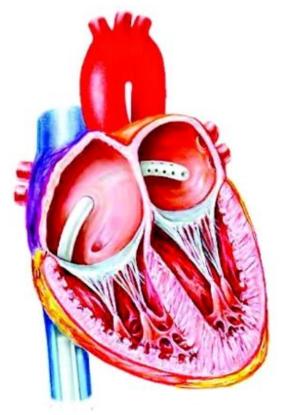
Kapur NK, et al. J Am Coll Cardiol. 2022;80(3):185-198.

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## **Discussion**



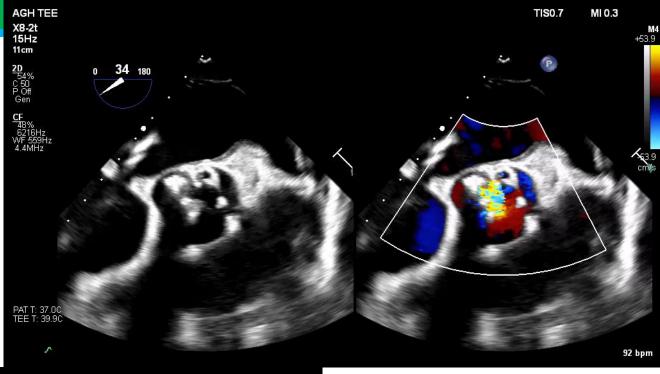


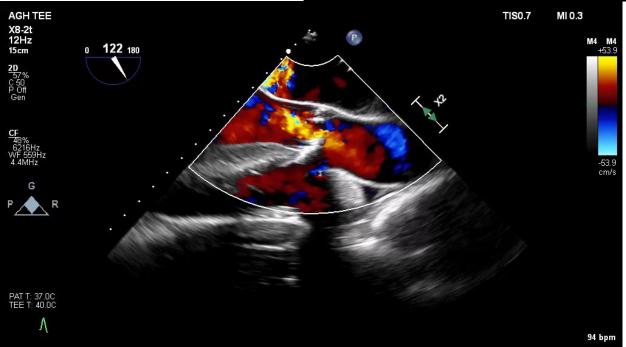




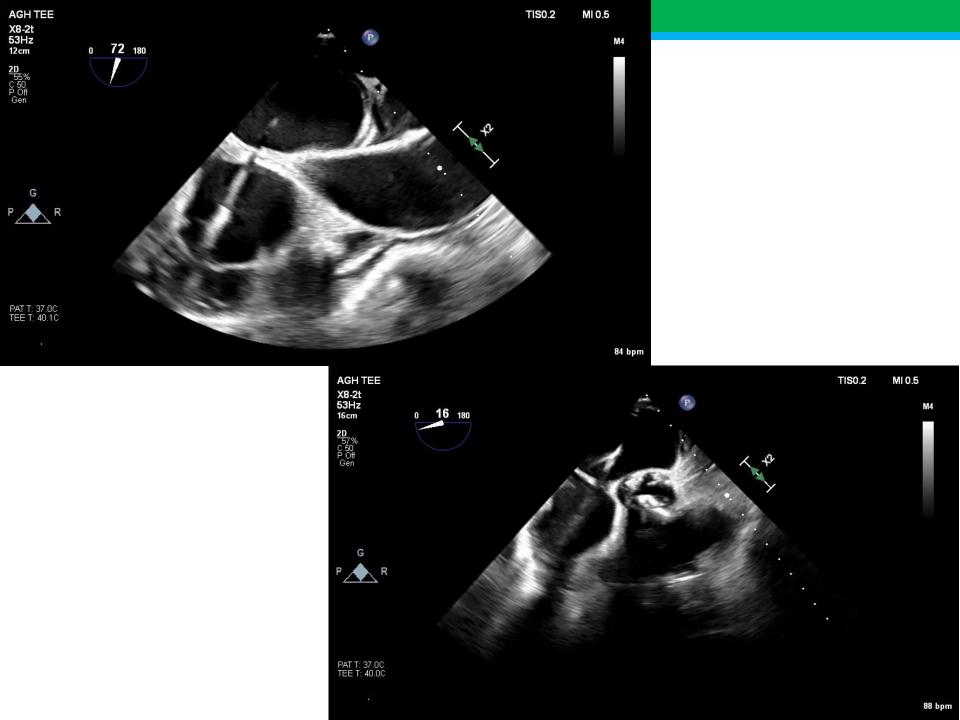
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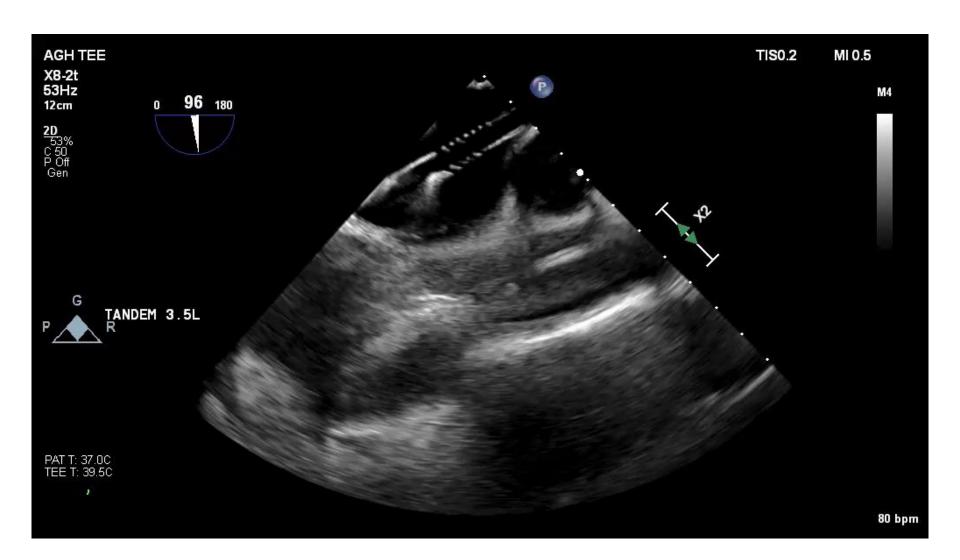
- Hypoxic on 6L
- Intubated to facilitate TEE













| Cr.                | AST     | ALT       | Lactic Acid |
|--------------------|---------|-----------|-------------|
| 1.23 ^             | 477 ^   | 896 ^     | 1.1         |
| See Comment 1.15   | 619 ^   | 1,094 ^   |             |
| See Comment   1.11 | 663 ^   | 1,078 ^ C |             |
| See Comment 🖹      | 813 ^   | 1,238 ^   | 1.3         |
| 1.28 ^             | 1,040 ^ | 1,345 ^   | 1.2         |
|                    |         |           | 1.2         |
| See Comment 🖹      | 1,268 ^ | 1,535 ^   |             |
| See Comment 🖹      | 1,366 ^ | 1,547 ^   | 1.1         |
| 1.53 ^             | 1,805 ^ | 1,715 ^   | 1.3         |
| See Comment 1.62 ^ | 2,278 ^ | 2,105 ^   | 2.0         |
| See Comment        | 2,974 ^ | 2,470 ^   | 3.7 ^       |

- Hospital Day 5
  - Extubated to nasal cannula
  - Able to participate in own decision making for surgical AVR
- Hospital Day 6
  - Undergoes aortic valve replacement 23 mm On-X mechanical AV
  - Repair of atrial septal defect
  - Wean and removal of Tandem Heart
- Hospital Day 11
  - Transferred to floor
- Hospital Day 15
  - LVEF 40-44%, normal functioning mechanical AVR
  - Discharged home



# Thank you!

