Registration

Please register at cme.ahn.org.

Click on **Courses** and scroll down to or type in "What's Next: Stepping Up Our Investment In Women's Health and Advocacy" and click on **Register**.

Registration fees

$125	AHN physicians and psychologists
$80	AHN CRNPs, PAs, nurses, and social workers
$200	Non-AHN physicians and psychologists
$125	Non-AHN CRNPs, PAs, nurses, and social workers
$80	Virtual attendees
$40	**Thursday only:** AHN CRNPs, PAs, nurses, and social workers
$40	**Friday only:** AHN CRNPs, PAs, nurses, and social workers

Cancellation policy

A refund minus a $10 processing fee will be applied for cancellations received before October 30, 2021. To qualify for a refund, cancellations must be communicated via email to **bernice.sulkowski@ahn.org**.

Zoom webinar link will follow in confirmation email after registration is complete. Please complete all required fields and click on **Register**. A follow-up email will be sent to you with a calendar invite. Please add to your calendar as a reminder.

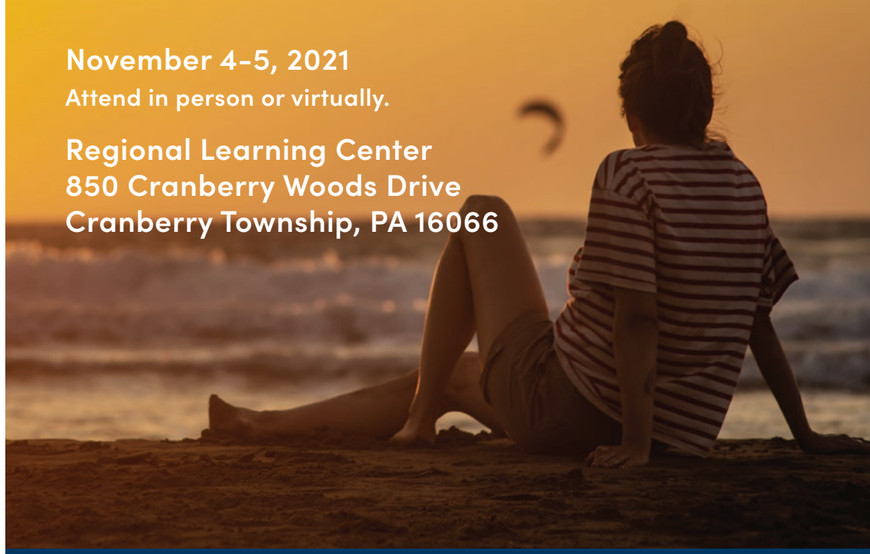
Allegheny General Hospital
Continuing Medical Education
320 East North Avenue
Suite 214, South Tower
Pittsburgh, PA 15212

AHN

10/21 Z MX1053822

CME opportunity

What's Next: Stepping Up Our Investment In Women's Health and Advocacy



November 4-5, 2021
Attend in person or virtually.

Regional Learning Center
850 Cranberry Woods Drive
Cranberry Township, PA 16066

AHN

Jointly Sponsored By:
Allegheny General Hospital
Women's Behavioral Health
Department of Psychiatry
Allegheny Health Network
Pittsburgh, PA

Course overview

The theme of the conference, "What's Next: Stepping Up Our Investment In Women's Health and Advocacy," was chosen to emphasize the need for continued investment in women's sexual and reproductive health, as well as their mental well-being. Discussion will focus on social justice, sexualized violence, empowering our youth to avoid abuse, and the role of gender in politics, culture, and medicine.

Intended audience

This conference is intended for psychiatrists, internists, pediatricians, family practitioners, obstetricians, gynecologists, psychologists, social workers, nurses, counselors, and other providers working with women of reproductive age.

Accreditation

This activity has been planned and implemented in accordance with the essential areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through joint providership of Allegheny General Hospital, Women's Behavioral Health, and the Department of Psychiatry, West Penn Hospital. Allegheny General Hospital is accredited by the ACCME to provide continuing medical education for physicians. Allegheny General Hospital designates this live activity for a maximum of 13 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CE for psychologists

Allegheny Health Network is approved by the American Psychological Association (APA) to offer continuing education for psychologists. Allegheny Health Network maintains responsibility for the program and its content.

CE for social workers

Allegheny Health Network is an approved provider for APA credits for psychologists. This conference is approved for 13 APA credits. Social workers may claim credits for attending educational courses and programs delivered by pre-approved providers, such as the American Psychological Association (refer to CE for Psychologists above).

For verification, please refer to Continuing Education Regulations § 47.36 #(6) (ix) found at **www.dos.state.pa.us/social.**

The National Commission on Certification of Physician Assistants (NCCPA)

states that the *AMA PRA Category 1 Credits*™ are acceptable for continuing medical education requirements for recertification.

American Academy of Nurse Practitioners (AANP) accepts

AMA PRA Category 1 Credits™ from organizations accredited by the ACCME.

American Nurses Credentialing Center (ANCC) accepts

AMA PRA Category 1 Credits™ from organizations accredited by the ACCME.

Non-physicians

Allegheny General Hospital certifies participation in this educational activity.

Agenda

Thursday, November 4, 2021

8 – 8:45 a.m.	Registration, Breakfast, and Visit Vendors
8:45 – 9 a.m.	Welcome Remarks/Overview
9 – 10:15 a.m.	Keynote Topic and Speaker: Rage Becomes Her **Soraya Chemaly**
10:15 – 10:30 a.m.	Break
10:30 – 11 a.m.	Pregnancy and Work: Keep Your Job, Protect Your Health **Susan Frietsche, Attorney, and Maggie Neely, Legal Fellow**
11 a.m. – 12 p.m.	Advocacy, Legislature, Policy, and the Impact on Maternal Mental Health **Senator Camera Bartolotta**
12 – 1 p.m.	Lunch/Visit Exhibits
1 – 2 p.m.	One Love Overview and New Content **Madeline Hopper**
2 – 3 p.m.	Holding Space for Black Trauma Survivors **Ngozi Tibbs, MPH, IBCLC, LCCE, CHC, PN1**
3 – 4:30 p.m.	PCIT-Toddlers **Emma Girard, MD, and Courtney Utz, LPC**
4:30 p.m.	Adjournment

Friday, November 5, 2021

8 – 8:45 a.m.	Registration, Breakfast, and Visit Vendors
8:45 – 9 a.m.	Welcome Remarks/Overview
9 – 10:30 a.m.	Keynote Speaker: Selfies, Snaps, Sexts, and Self-Esteem: The Tongue-Twisting World of Girls and Social Media **Lisa Hinkelman, PhD**
10:30 – 11:30 a.m.	Moving Beyond the Second Sex: Acknowledging the Impact of Gender Stereotype and Bias on Women in Medicine **Cristin McDermott, MD**
11:30 a.m. – 12:30 p.m.	Human Trafficking and Commercial Sexual Exploitation: Vulnerabilities and Barriers to Resources **Annalisa Gibbs**
12:30 – 1:30 p.m.	Lunch/Visit Exhibits
1:30 – 2:30 p.m.	Transcutaneous Auricular Vagus Nerve Stimulation (aVNS) for Major Depressive Disorder (MDD) with Peripartum Onset **Sarah Homitsky, MD**
2:30 – 3:30 p.m.	Anxiety Disorders in Women and Innovative Approaches **Alicia Kaplan, MD**
3:30 – 4:30 p.m.	Insights Into Adolescent Development for At-Risk Women: Poverty, Substance Abuse, and the Importance of Fostering Wellness Before Pregnancy **Benjamen Gangewere, DO**
4:30 p.m.	Adjournment

Course co-directors

Sarah Homitsky, MD
Medical Director,
Women's Behavioral Health
Pediatrician,
Greentree Medical Associates
Allegheny Health Network

Rebecca Weinberg, PsyD
Director of Clinical Operations,
Women's Behavioral Health
Allegheny Health Network

Keynote speakers

Soraya Chemaly
Journalist and Author of
Rage Becomes Her
Co-Founder of The Women's
Media Center Speech project

Lisa Hinkelman, PhD, LPC
Founder and CEO,
Ruling Our eXperiences, Inc. (ROX)

Invited faculty

Senator Camera Bartolotta
Pennsylvania State Senate

Alicia Kaplan, MD
Clinical Associate Professor
of Psychiatry,
Drexel University SOM
Allegheny Health Network

Susan Frietsche
Senior Staff Attorney
and Western PA Director,
Women's Law Project

Cristin C. McDermott, MD
Associate Training Director,
Triple Board Program
Assistant Professor,
Depts. Pediatrics & Psychiatry
Paul C. Gaffney Division of
Pediatric Hospital Medicine
Behavioral Health & Science
Division, Consultation
& Liaison Psychiatry
University of Pittsburgh/
University of Pittsburgh
Medical Center

Benjamen Gangewere, DO
Director,
Penn Highlands Healthcare
Psychiatry Residency Program

Maggie Neely
she/her/hers
Attorney, Legal Fellow,
Women's Law Project

Annalisa Gibbs
Founder and CEO,
Eden Farms

Ngozi D. Tibbs, MPH, IBCLC, LCCE, CHC, PN1
Lactation Consultant,
Childbirth Educator,
Health and Nutrition Coach

Emma Girard, PsyD
Assistant Clinical Professor,
UC Riverside School of Medicine
Co-Author PCIT with Toddlers
(PCIT-T)
Certified Global Trainer,
PCIT International, Inc.
PCIT Training Partner,
UC Davis PCIT Training Center
Trauma Focused-Cognitive
Behavioral Therapy (TF-CBT)
Nationally Certified Clinician

Courtney Utz,
LPC, M.Ed, Ed.S
Program Director,
Maternal Infant Health Services
Women's Behavioral Health
West Penn Hospital
Allegheny Health Network

Madeline Hopper
Manager,
Online Learning Systems
One Love Foundation