

Healthy Food Center

Eat better, feel better.



Do you struggle to include nutritious foods in your family's meals?

Allegheny Health Network (AHN) Healthy Food Center can help. Working with your doctor, we help you get the right foods for your dietary needs, at no cost, so you and your family can eat and live well.

How it works

After you get a referral for the Healthy Food Center, call one of our locations to make an appointment.

- Bring your printed referral to your first visit; plan to spend 40 minutes.
- You'll tell us about your dietary needs and shopping habits.
- Our registered dietitian will help you shop for food right at our center.
- You'll leave with nutritious food for your family, recipes, and new ideas for healthy eating.

Healthy food for a healthier you

If you don't have enough to eat and can't afford to eat well, you are at a greater risk for chronic diseases and obesity.



As part of the AHN Center for Inclusion Health, the Healthy Food Center offers other services to help you learn about and eat nutritious foods, so you stay healthy.

We can teach you about:

- Healthy eating for the whole family.
- Successful grocery shopping.
- Cooking on a budget.
- Preparing healthy recipes.
- Weight management.

Building healthier communities

The Healthy Food Center is able to serve the community thanks to a relationship with the Greater Pittsburgh Community Food Bank. Dedicated to eliminating hunger in our region, the Greater Pittsburgh Community Food Bank shares our commitment to providing healthy food choices to people in need — and building healthier communities. Learn more at pittsburghfoodbank.org.

Healthy Food Center Locations

West Penn Hospital

4921 Mend Way

Pittsburgh, PA 15224

(on West Penn Hospital Campus rear entrance
to the School of Nursing)

412-578-5922

Allegheny General Hospital

Allegheny Professional Building

490 East North Avenue

Suite 103, First Floor

Pittsburgh, PA 15212

412-359-4030

Jefferson Hospital (Medical Office Building)

575 Coal Valley Road

Suite 200, Second Floor

Jefferson Hills, 15025

412-469-7030

(Parking and entrance around the back of the Medical
Office Building)

InclusionHealth@ahn.org

Hours

**Monday, Wednesday,
and Friday**

9 a.m. – 4 p.m.

Tuesday

1 p.m. – 4 p.m.

Thursday

9 a.m. – 1 p.m.

Saturday and Sunday

Closed

Allegheny Health Network (AHN) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex in its health programs and services. In order to treat individuals in a nondiscriminatory manner, AHN provides free communication aids and language assistance services.

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. (412) 330-2400

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al (412) 330-2400

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 (412) 330-2400

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