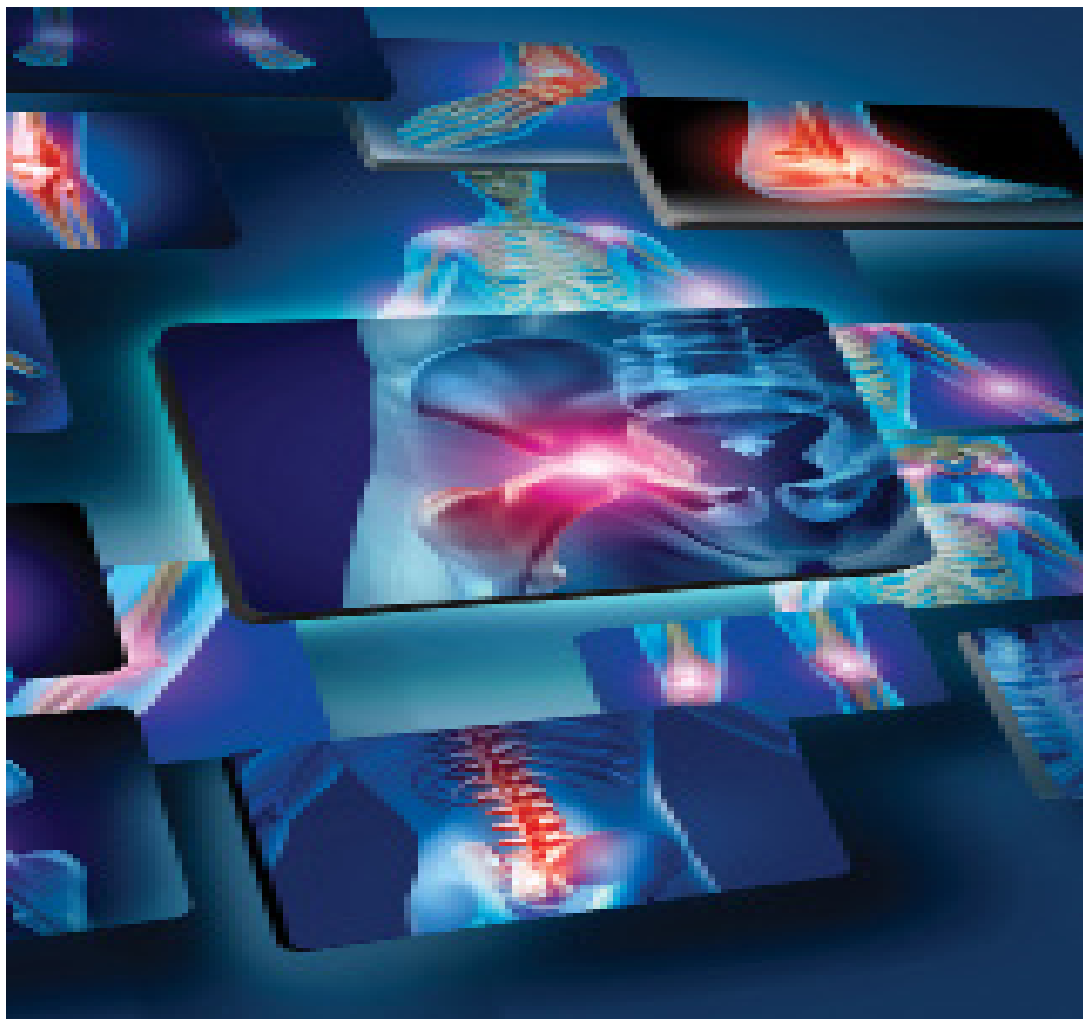


Eleventh Annual Nuts and Bolts of General Orthopaedics

Focus on Controversies in Orthopaedics A Series of Clinical Debates on the
Most Controversial Topics in Orthopaedics Today.

Thursday, October 17-Saturday, October 19, 2019

Ritz Carlton, Naples, Florida



Sponsored By

Department of Orthopaedic Surgery
Allegheny General Hospital
Allegheny Health Network
Pittsburgh, Pennsylvania



Allegheny
Health Network

PRE-CONFERENCE CADAVERIC HANDS-ON WORKSHOP OVERVIEW

This year we are pleased to offer a hands-on pre-conference workshop on Thursday, October 17, which is designed to assist the general orthopaedic surgeon in refining his/her skills with DePuy Attune total knee arthroplasty and Anterior Hip with Actis Stem and Kincise and Ultrasound Guided Injections at the Arthrex Lab.

The pre-conference physician workshops will receive 3.0 AMA PRA Category I credits™. There is an additional cost to attend the lab workshop and pre-registration is required. For times and registration information, please refer to registration page located at the end of this brochure.

CONFERENCE OVERVIEW & INTENDED AUDIENCE

Providing high quality patient care is paramount in any medical specialty and often involves an integrated team of medical professionals. The general orthopaedic surgeon and ancillary staff are challenged with treating injuries specific to specialty areas such as shoulders, knees and hips. Collaboration with specialists is not always an option, so the general orthopaedic team is charged with keeping abreast of cutting-edge topics and new technology to provide their patients with the highest quality of care.

We will have a "Fireside Chat" again this year Thursday evening. The conference will provide panel discussions on Sports, Joints, Trauma and Hands. Timely topics in Foot & Ankle and Spine will round out the schedule.

This conference is intended for orthopaedic surgeons, residents, fellows, Physician Assistants, CRNPs and Physical Therapists.

Accreditation

Conference Credit

This conference will provide 13.0 hours of education.

Allegheny General Hospital is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Allegheny General Hospital designates this live activity for a maximum of 13.0 AMA PRA Category 1 Credits™. (Thursday = 3.0, Friday = 5.0, Saturday = 5.0). Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other Credit:

American Nurses Credentialing Center (ANCC) accepts AMA PRA Category 1 Credits™ from organizations accredited by the ACCME.

American Academy of Nurse Practitioners (AANP) accepts AMA PRA Category 1 Credits™ from organizations accredited by the ACCME.

American Academy of Physician Assistants (AAPA) accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credits™ from organizations accredited by the ACCME. Physician assistants may receive a maximum of 13.0 hours of Category 1 credit for completing this program.

Physical Therapists Application will be submitted to the Florida State Board of Physical Therapy for approval of continuing education credits.

Non-physicians: Allegheny General Hospital has approved this activity for a maximum of 13.0 contact hours for non-physicians.

Faculty Disclosure

As a provider accredited by ACCME, Allegheny General Hospital (Continuing Medical Education Department) must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course director(s), planning committee, faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of this information will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.

Conference Chairman

Patrick J. DeMeo, MD

Professor of Orthopaedic Surgery
Drexel University College of Medicine
System Chair Department of Orthopaedic Surgery
Allegheny Health Network
Medical Director, Pittsburgh Pirates Baseball Organization

Conference Director

Nicholas G. Sotereanos, MD

Associate Professor of Orthopaedic Surgery
Drexel University College of Medicine
Executive Vice-Chair, Department of Orthopaedic Surgery
Division of Adult Reconstruction
Allegheny Health Network

Conference Co-Director

Timothy J. Sauber, II, MD

Assistant Professor of Orthopaedic Surgery
Drexel University College of Medicine
Fellowship Director, Adult Reconstruction
Department of Orthopaedic Surgery
Allegheny Health Network

Honored Guest Lecturers

Larry Crossett, MD

Assistant Professor, UPMC Department of
Orthopaedic Surgery
Chief, Adult Reconstructive Surgery
University of Pittsburgh Medical Center

Ellen Fitzpatrick, MD

Assistant Clinical Professor Department of
Orthopaedic Surgery
University of California Davis Health System
Sacramento, CA

Apostolos Dimitroulias, MD, PhD, FACS

Attending Orthopedic Surgeon
Jacobi Medical Center
Clinical Instructor, Albert Einstein
College of Medicine
Bronx, NY

Matthew Gardner, MD

Assistant Professor of Orthopaedic Surgery
Southern Illinois University School of Medicine
Springfield, IL

Derek Klaus, MD

Orthopaedic Surgeon
Summa Health
Akron, Ohio

Michael Messina, MD

Orthopaedic Surgeon Shoulder and Elbow
Specialist at Valley Forge Orthopaedics
Section Chief of Orthopaedic Surgery at
Phoenixville Hospital
Medical Director of Orthopaedic Surgery and
Total Joint Program at Phoenixville Hospital
Valley Forge Orthopaedics
Phoenixville, PA

Michael J. O'Malley MD

Assistant Professor
Department of Orthopaedic Surgery
University of Pittsburgh Medical Center
Pittsburgh, PA

Michael Palmer, MD FAAOS

Adjunct Faculty, Cincinnati Sports
Medicine and Orthopedic Center
Orthopedic Sports Medicine
Fellowship Program
The Christ Hospital Physicians
Joint & Spine Center
Cincinnati, OH

Mark Palermo, DO

Clinical Instructor
Carle Foundation Hospital
Urbana-Champaign, IL

Mitesh Shah, MD

Assistant Professor of Orthopaedic Surgery
Drexel University College of Medicine
Hahnemann University Hospital
Philadelphia, PA

Richelle Takemoto, MD

Bassett Medical Center
Division Head Orthopaedic Trauma
Clinical Instructor Columbia University
Cooperstown, NY

Florida Faculty

Melissa Lewis, OT/L, CHT

Select Physical Therapy
Ft. Myers, FL

William Vogelbach, PT

SWFT Market Manager
Select Physical Therapy
Ft. Myers, FL

Allegheny Health Network Faculty

Daniel T. Altman, MD

Professor of Orthopaedic Surgery
Drexel University College of Medicine
Orthopaedic Residency Program Director
Allegheny Health Network

Gregory T. Altman, MD

Associate Professor of Orthopaedic Surgery
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Fellowship Director, Orthopaedic Trauma
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Allegheny Health Network

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Allegheny Health Network

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Vice Chairman, Department of
Orthopaedic Surgery
Division of Hand and Upper Extremity
Allegheny Health Network

Todd Franco, DO, CAQ-SM

Department of Orthopaedic Surgery
Division of Sports Medicine
Allegheny Health Network

Sarah Hagerty, DO

Physical Medicine and Rehabilitation
Department of Orthopaedic Surgery
Allegheny Health Network

Michael Levine, MD

Clinical Associate Professor of
Orthopaedic Surgery
Temple University School of Medicine
Vice Chairman, Department of
Orthopaedic Surgery
Forbes Hospital
Allegheny Health Network

Brian Moore, MD

Clinic Instructor Drexel University
College of Medicine
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Allegheny Health Network

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Forbes Hospital
Allegheny Health Network
Team Physician, Pittsburgh Pirates

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Division of Hand & Upper Extremity
Department of Orthopaedic Surgery
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Ryan Sauber, MD

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Allegheny Health Network

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Drexel University College of Medicine
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Department of Orthopaedic Surgery
Allegheny Health Network

James J. Sferra, MD

Director, Division of Foot and Ankle
Fellowship Director, Orthopaedic Foot and Ankle Surgery
Department of Orthopaedic Surgery
Allegheny Health Network

Edward Westrick, MD

Assistant Professor of Orthopaedic Surgery
Drexel University College of Medicine
Division of Trauma
Department of Orthopaedic Surgery
Allegheny Health Network

PRE-CONFERENCE OPTIONAL HANDS-ON WORKSHOPS

Thursday, October 17, 2019

PRE-CONFERENCE PHYSICIAN WORKSHOPS sponsored by DePuy and Arthrex

There is an additional cost to attend the lab workshops and pre-registration is required. Space is limited, so please register early for the workshops. Open to orthopaedic surgeons only.

DEPUY CADAVERIC WORKSHOP

8:00 am-1:00 pm:

DePuy Attune Primary TKA, Attune Revision TKA, Anterior with Actis Stem and incise

DePuy Cadaveric Workshop Faculty:

Larry Crossett, MD; Michael O'Malley, MD, TJ Sauber, MD

AHN DIDACTIC LECTURE FACULTY: Approved for 2.0 AMA PRA Category I Credits™
Michael Levine, MD; Brian Moore, MD, Jeffrey Sewecke, DO; Nick Sotereanos, MD

ARTHREX WORKSHOPS

Approved for 1.0 AMA PRA Category I Credits™

8:00 am-12:00 pm

Arthrex Ultrasound Guided Injections

Arthrex Workshop Faculty:

Todd Franco, DO; Sarah Hagerty, DO

ACKNOWLEDGMENT

The conference directors and planning committee for the Nuts and Bolts of General Orthopaedics conference gratefully acknowledge gifts-in-kind from DePuy and Arthrex for the Hands-on Workshops.

Thursday, October 17, 2019 **3.0 Credits**

4:30 pm

Registration/Refreshment/Visit Exhibits

4:50 pm

Welcome Remarks and Introductions
Nicholas G. Sotereanos, MD

5:00 pm

Fireside Chat

8:00 pm

Adjournment

Friday, October 18, 2019= 5.0 credits

6:30 am

Registration, Continental Breakfast/ Visit Exhibits

7:00 am-9:00 am

Sports Panel Discussion

**Brian Mosier, MD; Michael Messina, MD;
Michael Palmer, MD; Gregory Purnell, MD;
William Vogelback, PT**

- *Approach to Rotator Cuff Tears – Repair, Reconstruct or Replace?*
- *First Time Shoulder Dislocation – Fix It or Rehab It?*
- *Weight Bearing and Patellofemoral Articular Cartilage Defects – ACL or Allograft?*
- *ACL Reconstruction – What Should I Be Doing in 2019?*
- *Common Sports and Spine Injuries – **Daniel Altman, MD***

Break

9:15 am-11:15 am

Hand and Upper Extremity Session

**Edward Birdsong, MD; R. Colin Brabender, MD;
Derek Klaus, MD; Melissa Lewis, OT/L, CHT
Bradley Palmer, MD and Steven Regal, MD**

- *What's New in Shoulder Arthroplasty?*
- *Upper Extremity Trauma Panel Discussion.*
- *Basal Joint Arthritis Panel Discussion.*
- *Open vs Endoscopic Carpal Tunnel Release*
- *WALANT Hand Surgery*
- *Distinguishing between Cervical and Shoulder Disorders-Is this Pain Caused by my Neck or Shoulder? – **Ryan Sauber, MD***

Break

11:30 am-12:30 pm

Foot and Ankle Session

James Sferra, MD

- *OCD Lesions of the Talus.*
- *Treatment of Hallux Rigidus.*
- *Question and Answer*

Discussion

12:30 p.m.

Adjournment

Saturday, October 19, 2019= 5.0 credits

6:30 am Registration, Breakfast and Visit Exhibits

7:00 am-10:00 am

Total Joint Discussion

**Michael Levine, MD; Timothy J. Sauber, MD; Brian Moore, MD
Jeffrey Sewecke, DO; Nicholas Sotereanos, MD;
William Vogelback, PT**

- *Direct Anterior vs Posterior Approach*
- *Fixed Bearing vs Dual Mobility Bearing*
- *Two vs One Stage Revision for Septic Joint*
- *Lumbar Sagittal Balance – How will this Affect my Total Hip Replacement-***Gary Schmidt, MD**

Break

- *Robotic vs Standard Arthroplasty*
- *Cemented vs Un-Cemented Knees*
- *Out-Patient vs In-Patient Total Arthroplasty*

Break

10:15 am-12:15 pm

Trauma Sessions

Daniel Altman, MD; Gregory Altman, MD; Edward Westrick, MD

Moderator: Gregory Altman, MD

Timing and Sequence of Fixation of Ankle Fractures: **Apostolos Dimitroulias, MD**

Moderator: Daniel Altman, MD

- *Fibular Fixation Strategies:* **Mitesh Shah, MD**
- *Geriatric Ankle Fractures:* **Richelle Takemoto, MD**
- *Tibial plateau fractures:* **Ellen Fitzpatrick, MD**
- *Syndesmotic Injuries:* **Matthew Gardner, MD**

Case Presentations: **Mark Palermo, DO**

Moderator: Edward Westrick, MD

- *Bone Transport:* **Matthew Gardner, MD**
- *Bone Defects:* **Edward Westrick, MD**
-
- *Question and Answer*
-

12:30 pm

Adjournment

THURSDAY PRE-CONFERENCE PHYSICIAN WORKSHOP

The Ultrasound workshop will receive 1.0 CME credits.

There is an additional cost to attend the lab workshop.

DEPUY

8:00 am-1:00pm: Attune Primary TKA, Attune Revision TKA, Anterior Hip with Actis Stem and Kincise.....\$200.00

ARTHREX

8:00 am-12:00 pm Ultrasound Guided Injections (Hip, Knee, Shoulder, Ankle)
\$200.00

CONFERENCE REGISTRATION: Thursday, Friday and Saturday

Physicians\$750.00

PAs, CRNPs, Nurses\$500.00

AGH Alumni..... \$450.00

Fellows*/Residents* \$300.00

* must include verification letter from Chief of Service

AHN Employees\$150.00

Physical Therapists.....\$150.00

WELCOME RECEPTION FRIDAY, OCTOBER 18, 2019

NO CHARGE FOR REGISTRANTS AND GUESTS.

Please indicate number attending including you: _____

Please indicate any dietary restrictions _____

Deadline: October 7, 2019

(Registrations will be taken after the deadline date on a space-available basis)

The pre-conference Hands-on Workshops are intended for practicing physicians and will be held on Thursday, October 17, 2019. Fellows and residents wishing to participate can place their names on a waiting list in the event space is available. Since space is limited, registrants will be taken on a first come first served basis.

To register online, please go to <https://cme.ahn.org/> Select Courses and scroll down to find the 11th Annual Nuts and Bolts conference.

Refund Policy

A refund of the registration fee, less \$100.00, will be made when a written S request or a telephone request (followed by a written confirmation) is received prior to October 7, 2019. After this date, refunds cannot be made. Fees will not be refunded for failure to attend. Substitutes are welcome.

ACCOMMODATIONS

A block of rooms has been reserved for registrants and guests at The Ritz Carlton of Naples.

Room Rates below plus tax

Coastal View Rooms \$305

Beach Front Suite \$305

Terrance Suite \$305

Gulf Front Room \$345

DEADLINE FOR RESERVATIONS: Wednesday, September 25, 2019

(Reservations made after the deadline will be accepted on a space available basis only.)

* Reserve your room early!

Reservations can be made by calling toll free at 1-877-590-8187 Please be sure to identify you are attending the Allegheny Health Network Nuts and Bolts conference.

To make your reservation online, please use the Hotel Link below:

<https://book.passkey.com/event/49872705/owner/13489/home>

RITZ CARLTON NAPLES

Experience The Ritz-Carlton, Naples and enjoy the paradise of a south Florida beach resort. With dazzling ocean views and miles of pristine beach, our luxury Naples resort offers guests an exceptional escape.

Located on three miles of pristine beachfront and caressed by the gentle waters of the Gulf of Mexico, The Ritz-Carlton, Naples is the heart and soul of the fondest family vacation. With experiences that include spa treatments inspired by the garden and sea, exquisite dining influenced by the Gulf of Mexico's bounty, and 36 holes of remarkable golf, guests of The Ritz-Carlton, Naples in Florida easily discover what makes this resort's allure so compelling.

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