

FOCUS



2019

Update on Primary Care

September 27, 2019

7:30 a.m. to 5:00 p.m.

Saint Vincent Hospital
McGarvey Learning Center
232 West 25 Street
Erie, PA



AHN



**Saint Vincent
Hospital**

Faculty

Philip St. Julien, DO

Division of Sports Medicine
Saint Vincent Hospital
Allegheny Health Network

Amrita Chakraborty, MD

Palliative Medicine and Supportive Services
Saint Vincent Hospital
Allegheny Health Network

Carleen Cho, MD

Vascular Surgery
Saint Vincent Hospital
Allegheny Health Network

Timothy Germain, MD

Plastic Surgery
Saint Vincent Hospital
Allegheny Health Network

Steven Levy, MD

Primary Care
Saint Vincent Hospital
Allegheny Health Network

Sydney Lipman, MD

Otolaryngology
Ear Nose & Throat Specialists of Northwestern
Pennsylvania

Susheel Narain Thekkiam Muralidharan, MD

Pediatrics
Saint Vincent Hospital
Allegheny Health Network

Timothy Pelkowski, MD

Associate Program Director,
Saint Vincent Family Medicine Residency
Allegheny Health Network

Sam Reynolds, DO

Medical Director, Quality CIN
Saint Vincent Hospital
Allegheny Health Network

CJ Rush, DO, MS

Psychiatrist
Saint Vincent Hospital
Allegheny Health Network

Disclosure of Significant Relationships with Relevant Commercial Companies

In accordance with the Accreditation Council for Continuing Medical Education (ACCME) and the policy of Allegheny General Hospital, presenters must disclose all relevant financial relationships, which in the con-text of their presentation(s), could be perceived as a real or apparent conflict of interest, (e.g., ownership of stock, honoraria, or consulting fees). Any identifiable conflicts will be resolved prior to the activity. Any such relationships will be disclosed to the learner prior to the presentation(s).



Update on Primary Care

Course Overview

Patients deserve the best care possible from their primary care physicians. This activity is designed to provide up-to-date, evidence-based education that addresses the primary care of the adult and pediatric patient.

Target Audience

Family Practice physicians, internists, nurses and allied health professionals working in primary care offices will benefit from attendance at this activity.

Conference Objectives

- Identify Indications of Cochlear Implants
- Review Common Patient Complaints
- Discuss benefits of Implant Procedure/Device
- Recognize how community programs can be beneficial
- Identify area where health care providers can be involved in the community
- Discuss local community health programs
- Recognize patients who require additional treatment/counseling due to mood disorders
- Identify adjunct medications available for treatment
- Review clinical characteristics suggestive of inherited thrombophilias
- Review an algorithm for appropriate thrombophilia testing
- Discuss the diagnostic criteria for antiphospholipid syndrome
- Discuss what is a POLST document
- Describe the purpose of the POLST
- Review who should complete the POLST document
- Identify common complaints that may represent peripheral vascular disease
- Discuss common diagnostic options for identifying disease
- Review treatment options for PVD
- Identify abnormal findings on newborn exam
- Determine when additional workup vs. monitoring required
- Discuss when referral to pediatric specialist is indicated
- Review how physician quality metrics may effect physician compensation
- Identify ways physicians can restore of the joy of practicing medicine
- Discuss the future of RVUs and medical compensation
- Discuss the relatively new concept of "emergency only hemodialysis"
- Describe the implication of this policy on the health care system
- Identify concerning skin lesions
- Discuss surgical treatment options for cancerous lesions
- Review surgical outcomes
- Identify changes in cholesterol guidelines
- Determine best practice for medication initiation in hyperlipidemia
- Recognize adverse medication reactions

Agenda

7:30am

Registration

7:55 - 8:00am

Opening Remarks

8:00 - 8:05am

Resident Case Presentation

8:05 - 8:45am

ENT/Cochlear Implants - Sydney Lipman, MD

8:45 - 9:25am

Blue Zone: Population Health, Corry Initiative

9:25 - 10:05am

Other Mood Disorders - CJ Rush, DO, MS

10:05 - 10:20am

Refreshment Break

10:20 - 10:25am

Resident Case Presentation

10:25 - 11:00am

Thrombophilia: To Test or Not To Test - Timothy Pelkowski, MD

11:00 - 11:40am

POLST - Amrita Chakraboty, MD

11:40am - 12:00pm

Peripheral Vascular Disease - Carleen Cho, MD

12:00 - 1:00pm

Lunch

1:00 - 1:05pm

Resident Case Presentation

1:05 - 1:45pm

Common Newborn Exam Findings -

Susheel Narain Thekkiam Muralidharan, MD

1:45 - 2:45pm

Physician/Community Health - Sam Reynolds, DO

2:45 - 3:30pm

Emergency only Hemodialysis - Steven Levy, MD

3:30 - 3:45pm

Refreshment Break

3:45 - 3:50pm

Resident Case Presentation

3:50 - 4:30pm

Abnormal Skin Findings and Surgical Correction Options -

Timothy Germain, MD

4:30 - 5:00pm

Updated 2019 Guidelines - Philip St. Julien, DO

5:00pm

Conference Adjournment



Erie attractions: Bicentennial Tower, Presque Isle Light House and the Niagara

Accreditation

This conference will provide a total of 7.5 hours of education

Physicians

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Allegheny General Hospital, and Saint Vincent Hospital. Allegheny General Hospital is accredited by the ACCME to provide continuing medical education for physicians.

Allegheny General Hospital designates this live activity for a maximum of **7.5 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other Credits

American Nurses Credentialing Center (ANCC) accepts *AMA PRA Category 1 Credits™* from organizations accredited by the ACCME.

American Academy of Nurse Practitioners (AANP) accepts *AMA PRA Category 1 Credits™* from organizations accredited by the ACCME.

American Academy of Physician Assistants (AAPA) accepts *AMA PRA Category 1 Credits™* from organizations accredited by the ACCME.

Non-Physicians Allegheny General Hospital certifies participation in this educational activity, which has been designated for a maximum of **7.5 AMA PRA Category 1 Credits™**

Family Physicians Credits: This Live activity, FOCUS 2019: An Update in Primary Care, with a beginning date of 09/27/2019, has been reviewed and is acceptable for up to 6.75 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Doctor of Osteopathic Medicine Credits: The Lake Erie College of Osteopathic Medicine (LECOM) designates this program for a maximum of **7.5** of AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

Fee

The registration fee includes the seminar, continental breakfast, refreshment breaks, lunch and parking.

Registration

Registration fees are as follows:

Physician	\$125
Nurses/Other	\$ 60
Resident physicians/Medical Students	\$ 20

ONLINE REGISTRATION can be accessed at **cme.ahn.org**:

AHN/Highmark Employee

- > Create account: use AHN email and password to login
- > Click on Courses
- > Scroll to FOCUS 2019
- > Click on Register, Select Fee, Add to Cart, and Checkout

Non-AHN/Highmark

- > Select "Register" at the top of the page
- > Create username, password, and complete all boxes that have an asterisk -- when finished, select "Create New Account"
- > Click on Courses
- > Scroll to FOCUS 2019
- > Click on Register, Select Fee, Add to Cart, and Checkout

Refund Policy

A refund of the registration fee, less a \$10 processing fee, will be made when a written request or a telephone request followed by a written confirmation is received prior to September 21, 2019. After this date, refunds will not be made. Fees will not be refunded for failure to attend.

Location

FOCUS 2019 will be held in the McGarvey Learning Center located at Saint Vincent Hospital located at 232 West 25 Street.

Parking

All attendees may park at the visitor parking garage located directly across from Saint Vincent Hospital at 232 West 25 Street and parking will be validated.

Additional Information

For additional questions concerning the conference, please contact the CME office by email at ashley.knoch@ahn.org or by phone at 412-330-4068.